

Machine Translation of the german version of "Sexual energy und Yoga" by Elisabeth Haich

PREFACE

THE SO-CALLED MODERN AGE DEPTH PSYCHOLOGY is with theirs to theoretical researches and by the practical exercise of her Psychotherapy completely by itself with the mythology and the religion come in touch. Legends and fairy tales become under deep-psychological To points of view understood seen and. Also them Mysticism and the alchemy of the Middle Ages become in the deep-psychological Research included. Also have themselves with the eastern ones Philosophy and religions often touch points proves. The respect between yoga and depth psychology is especially clear. Indeed, the deep-psychological researchers from the fact move of the manifold touches between depth psychology and yoga different ends. Depth psychology and yoga are equated each other more or less, experiences by yoga and meditation become as deep-psychological Symbolism understood, or the yoga becomes done by the depth psychology tries to explain.

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J. H. Schultz puts many common characteristics firmly between the upper stage of the autogenous training and the Raja yoga. He also holds for the work of the autogenous training the comparison with the technology of the Hatha yoga for especially instructive. Then they correspond passive couch practise and seat practise postures of the autogenous one Trainings two Asanas of the Hatha yoga, namely of the basic seat posture and the dead person's posture. To the Hatha yoga exercises, with Movements are connected, and to the yoga respiration the autogenous one has Training in the opinion of Schultz no respect. Schultz hopes by the autogenous training the real continuance of the yoga just to be able to conquer, how according to his view the real continuance mystic magnetism by the rational Hypnotherapie conquers became.

However, the autogenous training is no method, in reality the being Hatha-or Raja yoga academically ascertained and has evaluated, but it is not really understood yet, a half-understood yoga. The conquest of the real continuance of the Hatha yoga and Raja yoga can by the autogenous training take place only so that the autogenous training becomes the yoga. Besides, is to be followed, that it, indeed, different yoga ways, calls different yoga forms, but only one purpose with the yoga gives. Today also as a half-understood yoga the autogenous training is certainly one of the most beneficial methods of the psychotherapy. How then beneficially only a really understood yoga could for them Be depth psychology and the psychotherapy!

Last keeps up the highest states of consciousness, which Yoga exercises and meditation can be reached, for forms the hypnosis. The fact, that yoga and meditation carefully in the area of the deep-psychological research included become, hold

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we for absolutely right. Only this research may not in him Attempt pass, the phenomena of the yoga and the meditation with to the present state of our deep-psychological knowledge explain to want. This leads to fallacies. The researchers must go

rather at first once even some years of yoga exercises do and meditate and then try to describe what she experiences have.

Then after such researches the depth psychologists would become in be of the position, states of enlarged consciousness of states decreased To be able to make a distinction of consciousness. Also about this Beings of the phenomena which they assign today everything of the hypnosis, if they won then more clearness.

At the beginning of the deep-psychological era became the available being of the unconscious of many psychiatrists on grounds of theirs of theoretical knowledge rejected. Who at that time already by deep-psychological

Work on itself and to patient the power

Unconscious had found out practically, could about this refusal only smile. Now similarly it goes for us, if we the deep-psychological Treatises about yoga and meditation read.

Who practices yoga and meditation longer time, experiences clearly him Difference between the today's state of the depth psychology and to the yoga. The highest steps of the yoga exercises and her

A meditation are since no hypnotic states with reduced one or restricted consciousness, but it are states topmost consciousness with a big heightening of awareness.

Jung calls the deep-psychological analysis the today's one Form of the inauguration, the initiation. The internal-mental processes, 12

itself in the analysis pass the ball, become from him with the development compared which a person goes through before and by the inauguration.

Jung holds the big eastern philosophers for symbolic ones

Psychologists. The "diamond body" of the east, the " resurrection body

« of the Christians, Jung sees as strange psychological ones

Facts in. He also holds the whole medieval alchemy for

psychological symbolism. Jung speaks from and from the way to

Even, he speaks of Christ as an archetype.

Jung is right certainly if he demands, that the so-called metaphysical psychically must be learnable, because it, otherwise, not at all on

the people could work. Jung wants about the metaphysical

no statements do, but describe the form, in this

Metaphysical is learnable psychologically. This form is for him the symbol.

Therefore, it stays open with Jung, whether this, from which he speaks, the same one is like Even of the yoga. It stays open, whether

the " archetype of Christ « to " living Christ « corresponds.

Jung compares religious and philosophical mind property from him

The east and west under the point of view more psychologically

Besides, symbolism and ascertains big differences. He compares to

Example » sorry-weighted hero Christ « with the " golden flower

« of the east or puts to the " historical personal one

Christ « the word of the eastern wise moment Ming King towards:

» Without forming, without offense, without past, without

Future. «

However, these confrontations are skew, because Jung, besides, forms of expression

passed away of high knowledge steps with each other compares.

If is already compared, the comparisons must go in

The east and west at the same level of the knowledge carried out

become. With right comparison stands to the "golden flower" of the east

in

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The west the "rose cross" towards. The counterpart of the words
Then wow Ming Kings is the word of Christ: » Before then Abraham was,
if I am. «

We are of the view, that with such really hired comparisons
no difference between him exists, what the east and
The west want to express.

The essential difference between the view Jungs and
of our view lies to believe, that the border of the metaphysical,
is learnable psychologically, for the person,
Yoga practices and meditates, has moved substantially further than for one
People, to itself under deep-psychological points of view
brings near to the metaphysical.

Yoga and meditation or the exercises of the rose cruisers open
in the metaphysical an area of experience, which of the depth psychology
even today is closed.

The descriptions, the eastern way of her experiences in
Yoga and meditation give, no symbols are for psychological ones
Experience, but are these experiences themselves. The " diamond body
« of the east, the "resurrection body" of the Christian west,
if symbol is finely for a psychological fact, but this is
Fact. And the alchemy does not wear itself out in that
Description of deep-psychological events, but they
describes a process of development, in the person on body and
Soul proceeds and him really, and not symbolically, to
Realization of the mind in the resurrection body leads.
The depth psychology owes them to Jung endlessly a lot, while he
on the way to the eastern wisdom, to the yoga and to the meditation
has pointed. Only this way from the depth psychologists must go
also become really gone.

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Not to be misunderstood, we would like to stress, that
we do not set possibly the yoga of the today's depth psychology
want. It should only that one to the other in a right one
Relation are brought. Yoga is same in reality of her
Depth psychology higher. Not the yoga is in the depth psychology,
but the depth psychology is included in the yoga.
The yoga must go a signpost his for the future research of her
Depth psychology. Yoga contains since everything, what about subconscious,
Deliberate and Überbewußtes can be stated.

Indeed, none may with the investigation of these statements
to theoretical considerations are done, but the researchers
if experiences must collect by own exercises.

Regular, longer time carried out yoga exercises are
not possibly without discussion with itself for the purposes of
the today's depth psychology. The yoga followers who believe, they
could go the yoga way, without himself with her own
to have to put apart personal unconscious, are very much in
Mistake. The yoga exercises are good for the people, they become
thereby gesünder, more vividly and more efficiently. But once
comes with every person who practices yoga and meditates, the internal one
Development of a point, in without fail also them
Discussion begin with the personal unconscious
must go. If then this discussion does not occur, originates
also with the yoga-practicing neurosis.

On the other hand, everybody becomes, with perseverance and logic
after deep-psychological methods works on himself, one day

Experiences do which confessed about the area to us
Depth psychology go out and only in the yoga are described.
It is the sense of the yoga and the sense of the depth psychology,
To extend consciousness. With the deep-psychological treatment

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from neuroses unconscious, becomes, actually, to the living conditions
after should be already aware, high in the consciousness. With
of the healing of neuroses by psychotherapy this becomes
Consciousness of the person on the state normal for him brought.
Also while practicing the yoga unconscious is made deliberate.
By yoga exercises and by meditation the human one can
Consciousness, however, after the normal state to a higher one
Consciousness are extended.

Who has learned now in deep-psychological work, unconscious
to do consciously, thereby knows also already around the method, with
he extends the normal consciousness to a higher consciousness
can become. Who by psychotherapy of a neurosis cured
became, can develop his consciousness lighter higher than one
The average person to whom realization is quite foreign.
Experiences, while overcoming the grievous neurosis
must be done, can bring along the person, that
he the process of the gradual human consciousness development
learns to understand and then this development consciously promotes.
Here probably lies for the person the deeper sense of the psychological ones
Verknötung which we call neurosis. And here also lies of her
deeper sense of the work of the psychotherapist, the assistance with
gives to the consciousness development.

Elisabeth Haich shows in this book, what the sexual strength
is real and how this strength by yoga to the highest consciousness
it can be converted. Sexuality and the highest consciousness are
two different forms of expression him a creative one
divine strength, the logo. Sexual strength as a niederste form
Logos can in the person to the highest form of the logo, to
divine consciousness become.

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With the description of this change of the forces becomes whole
clearly that the yoga also encloses the mental processes, which we
today when call depth psychology. However, besides, it also becomes
apparently, how far the yoga about the today's depth psychology
stretches beyond.

Elisabeth Haich warns the people about it, consciousness steps
to want to leap over. She explains, how the power of the sexual ones
By virtue of crosses recognized and the sexuality crosses must be lived,
before it can be converted. The author of the book points
also, which false postures and disturbances with the person
originate if he wants to carry out a consciousness development, to
he is not ripe yet. Here the whole modern one meets us
Psychology of the unconscious.

Then steps of the consciousness development are described,
which does not know the depth psychology yet. Also the magic ones
The forces which the person attains by an enlarged consciousness,
are discussed, and the nature of these forces is indicated.
While reading the book kicks to us in the consciousness, that Freud this
real beings of the sexuality intuitively has properly felt. Be
whole life long he has struggled for the concept of the "libido" and
him over and over again anew formulates. He wanted the libido not only in
to narrow senses of the sexuality, but in a lot of other, enclosing one

Senses understood know.

Freud has also seen the fact, that sexuality in spiritual-creative
By virtue of it can be converted, and has this process
Sublimation called.

Sublimation and the process, which Elisabeth Haich as a change
of the sexual strength describes, however, are not the same one.
Sublimation is understood by Freud as a possibility, without displacement
to be able to finish sensibly with the sexuality.

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by yoga converted sexual strength against it should the person
lead to the highest consciousness.

However, Freud has in brilliant way in the "libido" the forces and
in the "sublimation" the possibilities recognized, for the human one
Consciousness development are essential and necessary.

Increasing realization is the sense of the human one
Of life, and the highest consciousness is the purpose of the human ones
Development. This development goes step by step from the unaware one
Propelling people to the deliberate God-man.

The today's depth psychology can help us, this developing way
to go far a piece, can only lead to the purpose us
Yoga and meditation.

Helmut Speer

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INTRODUCTION

This book was written about a person,
his thoughts with easy words may express and
therefore, maintains the old, not yet spent words,
without for concepts, in the oldest books of the humanity already
have been named, new, academically sounding words
to apply. Thus becomes in this book the primary sources all life,
can be explained by no scientist, with
old word "God" named. If we occur to ourselves new words
leave to prevent, that the people her old mistakes
in connection with the contents of this word furthermore
maintained, then the people become her wrong ones
Images on the contents of the new words transfer.

To fight against ignorance is vain. Those
but, under the so-called modern names one
right God's concept anticipate, also become him under the old one
Word "God" understand. Why we should the words
do change? We may be contented, if we in the deepest ones
Depth of our soul a modest, andachts²⁰
full notion of GOD can have. With according to mind one
One cannot reach knowledge GOD. Knowledge, can recognize
one compare only by - by the tree of the knowledge
We can do good and bad persons-, but GOD with nothing, with purely
nothing at all compare. Therefore we never can also do GOD
recognize, we can never know what GOD is, we can
Only be a God.

Scientists give way to this concept and word "God" with
embarrassing care from. One feels the fear, that it at the end
could not sound scientific enough, if they the easy one
Word "God" use. But only those have this
Fear which real, real scientists are not. Since
if, for example, Spinoza, Newton or Einstein by them

Science of mathematics have reached there, GOD as to find the last origin all being to understand and his To recognize existence as proven, then can also in this Book with good conscience the ancient biblical word "GOD" as Name are maintained for the origin all origin. This word does not become here in religious-sentimental Senses, but for the purposes of Spinozas, Newton and Einsteins uses. We are contented, if the reader the same deep one Devotion, reverence and humility before this word experiences, how they these biggest scholars of the older and new time felt. In these feelings the easy person meets him really big scientist, how to itself in the portrayal the Bible the easy shepherds with on the highest step of the knowledge to standing magicians have dripped. We have tries to express the things so, that they of the easy ones "Shepherds" up to the "magician" equally well are understood.

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A problem also signified the word "love" to me. Because they Hungarian language for the different dear revelations different expressions has, we have Hungary no understanding for it, how one GOD, the parents, a child, the native country, Lovers, the next one, but also a dog or a horse with the same word can "love". The Hungarian language has for all these different kinds of love different expressions, they show unambiguously how and whom we love. For this Understand of this book, however, it is very important, that we them to different feelings of the love understand properly. Thus must go I to avoid misunderstandings, the different ones Kinds of "love" with paraphrases make clear. Thereby if the text often became slower than I wanted it. But I if no other choice had.

Also, otherwise, the speech will be in this book of things, for the words suitable into no western language available are. If we think with which difficulties we fight must go if we want to describe only one dream properly. In the depth there are no dimensions, no time concept, often also no personal feeling. How one can do them The experiences which happen in the depth of the soul and which we when pure being states experience in us, describe, if none to suitable words exist for it?

It prepared to me big difficulties, about concepts none speaks, for in the German good and suitable upper settlement is to be found, still bigger difficulty but to make clear, concepts, for here in the west generally no words exist. This is why it is, for example impossibly, Sanskrit, Chinese, tibetanische or Hungarian ones

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To translate texts into western languages. One tries it thus with paraphrases. But in spite of all strain, being states with words to make comprehensible, these descriptions remain only exterior representations of the events. It if no being states, as long as become from it the reader himself these descriptions in itself, in his inside, not, ah, one Being state is able to experience.

What is said here, counts in the same way to both genders.

In the text I still have in general only from

Man spoken, because it would have been too laborious, every time

to repeat the same for the woman. In the German
if it is not possible, about the sexual problems of the person
to speak in neutral form. For example, one must go either
the name "partner or female "partner" uses, or
one must speak about "his" or "her" love. Around him
Not to make text unbearably slow, I have them
» Crown of the creation «, the man, electively, the problems of her
To discuss sexuality. So that no misunderstanding originates,
if I liked to stress, however, that everything, what in this book about them
Sexuality and about the development of the consciousness said
has become, just refers to the woman like on the man.
This book, like every book about yoga, has only one
deep-active value, if one that, what here written down
became into which practise transfers and tries out in itself.
One can to a starving and coveting person still in such a way
nice descriptions of the best and most nutritious ones
Food and most refreshing drinks gives; if he them still
reads so keenly, but just only reads, is never fed he. He becomes
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after the reading of the nicest books still hungry and
is thirsty and a searching for food and drink
remain. - We must practice yoga and not only about that
read! - That counts to the contents of this book in special one
Mass, nevertheless, it intends the deepest secrets of the higher ones
To reveal step of the yoga. This secret of the higher ones
Step of the yoga is the Anheizung and the use of the latent ones
Nerve center and cerebral centers, the seat of the mental centers,
in the yoga philosophy "Tschakras" are called, and them
Application in addition solely absolutely to necessary ones
Of heating material - the sexual strength. Aforesaid secret, however, in
to transfer the practise and his truth in itself
to try out to get to know and extensive use from it
to move, we leave to the searching, that the last
Springs of the life longs to find. The starving and
Coveting one must eat just itself and drink!
As a last and maybe most important I would like to note,
that this book only such person a right signpost
can be, they the precipitous way to the kingdom of heaven from one
unextinguishable thirst for GOD want to enter. People,
smash therefore this way, because they to the fight of the worldly one
and the internal life own no courage, can
no use from my instructions pull. But also for
those, which a life in the world - them, actually, about everything
wish - for any reason cannot reach,
thus for people, the worldly life not yet behind
themselves have and only because of fear or helplessness search GOD,
can do this book at best a strange reading, maybe
signify even an experiment. Only for the real Gott24
to searching ones it does not have the highest meaning, because as long as we
Sinners could be, we cannot become adults.
non-lived out childhood pulls back us!
I carry an Asian original language as a mother tongue in myself,
this is why many words lacking into German were, as said, to
circumscribe. These difficulties helped to bridge
Angel's patience my dear friends and female friends, which I
says for it also at this point tender thanks. It is to me one
real concern, these thanks in special litre of beer on man

To expand Dr. Helmut Speer, that the book by a preface
moreover, a row of valuable tips enriched and to me
gave.

Elisabeth Haich

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WHAT IS A SEXUALITY?

In GOD two poles rest in a perfect unity,
in an absolute balance and rest state into each other.
In this state there is no tension, but also none
Creation. The creation begins with the fact, that the negative pole
from the unity hinausgeschleudert becomes, two poles
thereby of each other distinguish and each other as a strength and opposition
face. The unity still hears between him
both Poland, they may go away of each other still so far,
on, they belong never together in all eternity; they
can never separate of each other completely, the unity
exists between the both further than one extensively strong ones,
magic tension, two poles incessantly, without
Respite, to each other moves back, around the Urzustand
To reach Ineinanderruhens again.

The whole creation is built up on this tension.
Without them no creation, no life is possibly, because this
Tension itself is the life. Every living being carries them
but it could do both Poles in itself, as his own life,

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at all do not live. The person has the seat of the positive pole in
to his skull, the negative pole in the coccyx, and the tension
between the both is the life.

The life must be continued in new living beings,
and so that a new living being originates, is absolutely necessary,
that two opposite poles together one
new life tension form, on that the new living being
it is built up. Even if every living being, also the person,
the tension of the life between both Poles in his
Spine carries, it reveals in his body still only one
Pole, the supplement from the outside here expecting, around the life in
to be able to transmit to a new living being. In his
he has physical consciousness as a person no notion, that
he in his mind, in his true being both poles in
carries. He identifies with his body, after that
today's order of the nature only one pole manifests, and
if a supplement looks from the outside, from another person
here which reveals the opposite pole in his body.

The perfect Einswerden two Poles is in the body
impossibly, because the matter in isolation, distinguishes and offers resistance.
However, two poles still strive for it, in and by
to become the body one, and they search a way out, around
to reach the Ineinanderruhen, nevertheless, and the Urzustand
to copy at least. Two poles reveal themselves in
Body by two genders, by means of the gender organs,
a physical Einswerden sexually, on
short time, accomplish. Because the Ineinanderruhen two Poles
the Urzustand of God, the being, the life is, originates from
to the Wiedereinswerden two Poles - from

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Meeting of both genders - in a suitable one in addition
Cell a new tension, a new life, a new one

Living beings. This carries the divine tension of the life again in itself, but in his body it reveals again only a pole - a gender-, by which the life on that Earth by means of the always recurring union of her Genders it is transmitted. This is a sexuality.

The strength which reveals itself by the sexuality and this Connection between mind and matter is and the important one Ability owns, to a mind in the body hineinzuhelfen, one to generate new life in the matter, call the people » the sexual strength «.

The person, however, although with his consciousness from him heavenly Urzustand, in both poles into each other rest, fallen out, feels, even if quite unconsciously, Possibility of this Urzustandes and longs from the revelation half in the entirety back, which he in his

To mind, in his own life carries which it was always himself and is and will be always. He does not anticipate this, that he Urzustand, in his own his consciously a whole to will reach » still in his physical, earthly life can, and still less he anticipates, that the only means, to him helps in addition, his own sexual strength is. The sexual one By virtue of a secret helps with the carrying for the person in itself, to generating new living beings has nothing to do. How they sexual strength to him from the spiritual state in the body hineingeholfen has, she can to the person also completely consciously in his divine Urzustand in which it is a Ganges, zurückhelfen.

However, this secret signifies at the same time also, that of her
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Person by the qualities of the sexual strength - if he this life-giving and life-generating strength is not economical, but for his own body keeps - on the one hand his Bodies with new life fill, the life energy in him higher increase, him in fresh youth receive or can regenerate, on the other hand by the increased life energy his higher ones Nerve center and cerebral centers, up to now in a latent one State were, wake, light a fire and can activate. This Nervous networks and cerebral centers in the body serve for it, to purely spiritual foci, they the person in his spiritual one Being carries - she calls the Indian yoga philosophy them "Tschakras" - to carry as an opposition and to manifest them. And if by the effect of the not spent ones, but for itself, for own body withheld life-donating sexual strength these foci or Tschakras become able to manifest itself, then the person attains the rule about the forces of the nature, in his own like also by his consciously developed, suggestive-hypnotic By virtue of in every living being. He attains the divine Allbewußtsein, if becomes a whole, an enlightened, a magic person, a white magician.

To the secret, how a person this step of the Allbewußtseins with the help of the controlled sexual strength reach and how he can attain the rule about the natural forces, if this book liked to be a signpost.

But to none everybody! Since: There are two things people on earth. The living persons who are already "people". And they The dead people who are only only "men" and "women".

The living persons like the dead people carry a body on themselves

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- they live in a body-, and there the human body according to the today's order of the nature only one half of the whole, reveals only one pole, the living persons carry like they Dead people in the body even half of the whole, a pole, a gender. Although the living persons also a body have and maybe a healthy gender life based on love they lead, are still aware of that, that the sexuality and all problems which originate from the sexuality, come only from the body, only to the body zugehören, but not to her true being, her mind, theirs

I. The mind - this protects I-, also this, called, has no gender, looks consequently one in his mind, in his to true beings realized person, a more awoken, one Living person, in all no more the half, but the whole, the absolute, no more the transient, the physical, but the everlasting, the divine. His problems come not from the sexuality of the body, but at most from the contrast between earthly-physical and to the spiritual-divine. His purpose is to become conscious in spirit and over the body and about all forces, to him in his are available to true beings, the absolute rule to attain. These people stand in her Bewußtsein about that Sexuality, about the gender and are already a "person", even if they maybe still physically her sexuality realize. Their purpose is to reach, what the highest map Tarockspiels so appropriately illustrates: big, the big one I which reveals no more gender, because it the both Genders in himself has made deliberate and consequently one Whole is, the small person, lets on his palm

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physical being is and still belongs to a gender, how a small puppet as revelation tools dance, because her role wishes it in the earthly-material world so. The "dead people", in the mind still unconsciously and only one purely physical Existence leading which themselves do not live yet, only to her Body lives, are for the time being still separate gender beings and even think in the borders of the gender. They are still the small puppets, the small persons, on the palm of the big one I herumtanzen and her roles play. They are only half of the whole, they are only "men" and "Women". For them only sex exists, but nothing at all. Also of her other big desire, the selfpreservation desire, exists for them only as a servant of the sensuousness and the sex: they eat, drink and nibble, only for the pleasure and only around possibly to be healthy, around strength so much sexual from the body like to squeeze out possibly and to be able to be economical. Itself one Existence create, money earn, career do, contact with other people produce, everything what they think, speak, say, write and act, has only one single motive : the sexual desire. Their highest ambition and pride is on the topmost step of the sexual power and To stand conquest ability. Because they never in spirit consciously were, remains to them, as soon as by the excessive exploitation the physical abilities decrease, naturally nothing but her own infinite emptiness, and them fall with him

Setting of the body in always increasing darkness and Senilität. Their mind is in the birth in the body hineingestorben, her consciousness lives and also dies with him Lives and death of the body. Christ calls this » the dead people, her dead people begra31

ben ... «, and Paulus calls them » the natural people, the language of the mind do not understand and as a folly look ... «. For this this book was not written, because they it anyway do not understand, but look as a folly would become.

However, there are "people" who have already noted, that not only such people on the earth live, with the age senile and become also weak, but that at all times

People were, with the age - often with very much old age - not only not senile, but every single day more and more spiritually, always more knowing, were wiser and wiser, were mightier and more potent and preserved even the beauty of her body, as for example Goethe. There are people who have already noted, that two things human beings on the earth live, we call them, as we want, living persons and dead people, awoken and sleeping, Deliberate and unconscious, the background of this difference would like to anticipate and follow these examples. For them if this book was written. For those, already would like to understand or understood, why Paulus to us said has: » What you are afraid before the death, you gate: we if everything changes us, but we fall asleep not everything! « That is we lose in the death not everything the consciousness. For everything, the way from the Sklaventum of the body in the freedom Of mind look, this book was written.

We would like the crystallized and mellow results of her ancient yoga philosophy and in several decades to done own observations and accumulated experiences transmit. These experiences did not become from books taken, not by most different ausgeklügelt32 to the ten scientific theses which change all ten years, influences, but they became, from every forced one Influence freely, found on own way, find out and experiences.

At this point it is necessary, a little bit especially to stress. How there are not two same people, there is also not two same ways. The destinies of the people are very much, very much passed away, and thus the ways are up also, to those we everything weiterwandern to reach to the final goal, very much passed away. It is extremely rare, that two people, belong to the opposite gender, meet, in a perfect, harmonious internal togetherness the supplement of the other represent and form with each other a really making happy unity. But even more seldom it happens, that two people, this miraculous togetherness have found, them one the long life up to which deaths can maintain. If People as a destiny the unusual present of God assign became, in such an internal togetherness to be allowed to live, then they like this rare unity with all Gratitude enjoy. If they get this book in the hands, if they can be persuaded that it does not determine for them is. However, they should not forget, that it also many

Gives to people, maybe a similar togetherness
found, but by different events in
of short time have lost again and have remained alone.
And also that there still is very much, many, such
Togetherness never, in her whole life never found
have, but her life from beginning till the end only

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must lead, as if GOD wanted to show to them, that they them
Solution of her life not in a common characteristic, but on
other way must search and found. This, and also
such person, from a deep internal urge GOD
look and appear want, this book can do a help and
Be a signpost to the redemption.

We do not have the intention, person, on the yoga
Away want to make progress, from the healthy human ones
Setting towards the earthly life and the earthly ones
To deflect love and to lead away. Just vice versa: it is
our intention to lead there everybody to her, because the starting point
of our way may and can be only the health.

However, yoga is gesündeste and, therefore, the shortest way of her
human development up to the highest purpose, to GOD.

This way, from the first awakening, from the deepest, dawning ones,
still half-animal consciousness step up to perfect ones
Self-knowledge and to the divine self-confidence,
to the true being state in GOD, we call yoga.

And because the driving force to walk on this way to the person
and on him on and on to rise higher and higher
helps, forces him even to it, after her manifestation in
Their lowest step, in the body, where they crossing, connection
between mind and matter explains which is sexual strength, in such a way
if yoga and the sexual strength are not of each other apart
conceivable!

To enter the yoga way does not signify, that we with temperate one
Lives should start. At the beginning of the yoga
Of way we must learn first in every regard, how one
healthy, with the nature and not against the nature, lives. In addition
if belongs the healthy

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Food and drinking and of course also a healthy erotic one
Lives. Yoga teaches us, how one in spirit, in the soul, consequently
also in the body first becomes healthy and how one lives healthy.

How a person could give up the sexual life, if he
generally yet a healthy sexual life does not know, what
does signify?

The other steps, on which one more and more from him
Body grows out and becomes more spiritual, would become every person
by the natural development of the consciousness anyhow
reach, because this development lies in us, how of a flower
or plant is inherent that it catches first root, then foliage
agrees, flowers brings, around the climax in the end to
reach: to bring out the fruit of himself, because this purpose
already when it was one more seed, in her slumbered.
Person also already carries in himself as a seed the ability,
the highest purpose - to reach GOD - and a God-man to
become. However, according to the laws of the nature lasts this way
the natural development very much long, maybe millennium;
he is very laborious and grievous and needs a lot of embodiment.

Nevertheless, the person carries a confidential possibility in himself, in his own sexual strength, with which he this development and can reach development in much shorter time.

How one can do flowers with artificial means, that they blossom much earlier when they would blossom in the nature outdoors, thus the person can do his internal way of the Bewußtwerdens with different yoga methods, they our internal development accelerate, much earlier bring to the maturity. Developing steps if one cannot leap over, but one can do that Time like an accordion crush. How the flower

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to this process increased warmth inevitably has, so need also the people for your quickened development by the confidential fire kindled increased warmth, higher heated life energy. The heating material in addition - the confidential one Fire the rose cruiser - is, as already said, the sexual one By virtue of. Between the natural ones and with the help of the sexual ones However, by virtue of quickened development very much a big one exists Difference. He consists in it not only, that one the purpose, Allbewußtsein, reaches much faster, but also in the fact, that the person, if he in the time, in which he this possibility gets to know and in the practise transfers, still in the possession his full sexual power is, not only the spiritual development in much shorter time can stride through, but also at the same time in the sexual strength covertly lying ones life-making a donation energy, converted in divine-creative strength, in his possession take and under his yoke demand can. Hence, the name of this system: Yoga "yoke". This Forces give them often to the person as a concomitant to described magic abilities, which we from the life of big saints and yogi know - in the yoga philosophy "Siddhis" called-, as for example Hellsichtigkeit, Regeneration of own body, miracle healings, Austreibung from demons, arousal of dead people, Levitation, telepathic and prophetic abilities et cetera. In one single life reach this highest purpose only those, already from earlier lives a nervous system have brought which owns the necessary opposition the last, most difficult cycle of the way, the high frequency

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the higher and higher increasing tension healthy, without illness to endure of the nerves. We may not forget, that the opposition of our nervous system, if it still in such a way is elastic and unexpected tension differences without illness can bridge and endure, however, a border has.

If we think, that between a gorilla and a primitive one Prehistoric men a lot of lower difference is than between to the primitive prehistoric man and a God-man.

How one cannot expect, that himself a gorilla in one to the only lives develops to a person, because his physical one Constitution this difference do not bridge could, we can still expect less and force, that from a primitive or also from an average person, has just "awoken", in one single life a completely deliberate, cerebral God-man becomes.

The elasticity of his nerves would not be sufficient in addition. If one could say to a gorilla, however, how he his

to undeveloped cerebral centers with constant practicing develop consciously could, and then he would really practice and they Letters, figures and other, him absolutely unknown things tried to learn and to practiced, then he would become significant reach faster the degree of the person, even if not in to his present gorilla's life. If we probably understand: Gorilla could not do his head form, consequently his brain in such a way far develop and change that he becomes a person, but he could do the highest degree of his possibilities as a gorilla reach, and in the next life he would already become one much entwickelteren body and a suitable nervous system bring, which he with continuous deliberate practicing again up to him

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to his nervous system the suitable highest degree entwickeln could. Thus he maybe could within two to three Lives at least one person become, even if still in such a way more primitively; thus a lot, much faster, as if he on the easy one Away of the nature this development, maybe about several Millennium away, crosses. The gorilla - and of her primitive person also - understand this deliberate development not, so they develop according to the laws of the nature. In that Eternity is a time enough!

The person, however, from his easy, still in very much to narrow borders to deliberate average beings grown out and already so far has awoken, that he to itself on his low ones Developing step no more feels fine, just because he his a lot to bigger possibilities already feels in himself, is unlocked for instruction. One is able to come with him about talk how and to which methods he develop faster and much higher can, as if he waits on the natural way simply, until the opposition of his nerves to itself by the everyday ones Fights of the life automatically higher develops. Thus he becomes bit by bit by his more and more resistant nerves higher states of consciousness experience and endure healthy can. We speak to the people who already understand, that a quickened development by deliberate ones for spiritual and physical exercises is possible, and this not only understand, but to themselves also, by the always waxing one the internal wish done which take trouble to practice and itself to develop consciously. Admittedly, we may not forget, if we are still resolved so firmly to make progress absolutely: we can come only so far, how they

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extreme possibility of development of our body, ours Of nervous system it reaches. We may not expect, that we in of the shortest time reach the step of a God-man. We must be contented, if we the highest possibility of our body, our being realize in this life can. It is also worth thus of the trouble to practice, because this » highest possibility « has none humanely predictable ones Border. What a person to stand and to endure it is able, one mostly does not anticipate at all. Only in him to gruesome check of a war or with physical disasters if unexpected abilities and possibilities reveal themselves and the inconceivable opposition strength of the person. These abilities and the elasticity of the body hang naturally

from the power unknown to us of the available ones
to mental forces from. Consequently we never may ourselves about ours
to extreme possibilities - also on the yoga way - and
about the fact which degree we reach or do not reach
can, images do, because we can do this anyhow
not vorauswissen. If we do not look at all after which
Degree on the big Jacob's ladder we in this life view
have to reach. If we leave the GOD! We are supposed to come too
to absolute belief and trust practice in GOD, in no time
to lose, but to make progress so quickly as possible.
We take up the achieved degree of development
all cases at the moment of our death with, and in the next
We begin life with this highest degree as the deepest one
Degree of our new embodiment state. Nothing goes from
to our strains lost!
We do not speak here about sexual-pathological illnesses.
Those which are assessed so become her Zu39
stood understand if they take up the contents of this book properly
and also find the way to the redemption. Here speak
we only about the steps, them a person of the sexual-pathological
State up to health and from the health to
to the highest, divine-spiritual degree experience bit by bit and
how and where from he can find in addition the strength and take.
We would like the connections between the yoga way
- to the way of the expansion of the consciousness - and to him extremely
important, normal and healthy, but quickened progress
in the control of the sexual strength point and
the key for the true, healthy change and
Vergeistigung of the life-making a donation sexual strength in them
Hands of many yoga-practicing lay, with this question to
to us, come to our yoga school, and also such,
Yoga successfully at home would like to practice.
A dear, older friend, to itself, however, still in the possession his
to youthful forces considered, told to me: He went along once
to a dear, still walk much older friend. During
Of walk the older friend, that his male ones told to him
Forces him, indeed, would have already left, he, however, the life
however, still in full trains enjoys, because the spiritual joys
are extensively big. He reads marvelous books, often goes to this
Theater and in the opera-house, does nice trips, plays gulf
et cetera. The friend listened to him for a while, then said
he to him: » My dear friend, stops with the portrayal
of the beauty of your life, because you become to me, nevertheless, none
Desire to the impotence wake! «
Now, this book wants by no means » desire to the impotence «
wake - certainly not!-, but the opposite: It wants to him

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To yoga-practicing show the way, to the spring of her
topmost power leads. And if one on this way this
Final goal, the final goal of the whole Menschentums achieved, then
if one attains with it also the rule of the mind about everything
Forces, in big, divine Even of the person and
of all living beings always exist potentially. This rule
of the mind if it is reached once one loses
no more, not even with the Altwerden of the body, because
the divine-creative forces do not come from him
Bodies, but they just create the body. And who they in

itself recognized and experiences and as a key to use qualified has, it rules consciously also over the body. The spring of the topmost power is a GOD. This book wants to show the shortest way, to GOD leads!

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SOMETHING RECOGNIZE OR SOMETHING BE
IF THE SAME IS

The human development has taken a direction, in addition leads that we ourselves work less and less, the more, however, outside standing energy, as for example light, Warmth, electricity, magnetism, radioactivity or nuclear energy, for us allow to work. We find this natural. We work with this energy every single day and can do ourselves without them introduce the life today barely more. If we, however once would like to know, what this energy in reality, in to her true being are, and the books of the biggest scientists then we come up to the today's time durchstudieren, to the result, that we the different energy, how generally all things, only from the outside here observe and get to know can. Only the behavior more heated up, more electrified, of magnetized, radioactivated or ionized things can we describe. But that, what this energy and all things in Reality, in her true being are, we cannot and never know, never penetrate up to her true being, and indeed, because we ourselves this

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Energy and all things of the world is not. That is that we with all these things not in a being state identically are.

Every thing could know only solely itself and say what it is in his being, whether this a form of energy or a living being like cat or dog is, because only alone the forms of energy or the cat and the dog would know and could say, what a form of energy, a cat or one Dog is because they just are themselves what they are, but even when they could speak and, what in allerwichtigsten is if they were aware in themselves!

However, this is impossible. Since everything what was created and becomes, is naturally that what it is - the different ones Forms of energy, the elements, the plants, the animals and in the end, the still unaware people are that, what they are, still they do not know about themselves what they are, because they are not aware in themselves.

Solely the person is able, perfect ones To attain self-knowledge, perfect self-confidence, and only he, the awoken person, in his true being completely has not become conscious and to him the smallest one Part of his being unaware has remained, knows about itself, what he is. And if a person this completely self-confident State has reached, he will be able, from one to know the only energy in the whole creation, - but also in this case not from the outside here, but from the inside out, in a being state experiences-, what this energy in theirs to true beings is. And this is his own life energy in to all her manifestations from which lowest, materialized Form, called

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the sexual strength, up to her highest form, up to divine-creative
By virtue of, because the true being of this energy
at the same time his own true being is: it itself is he! In
the first person: I AM IT!

This knowledge is to be attained the final goal of his way!
Since the person has his career also as the unaware
Living beings started, and on the deepest step of his Menschentums
if he even has an outwardly directed consciousness,
how the animals. And as long as his self-confidence not
awakes and to long maybe Äonen of durable development
with itself, in his entirety, in a being state
one has become, the person can also not know-
and if he also does not know-, what in his true being, what he
in reality is. And in this unaware state he knows
just as little, like he of the electricity, the magnetism,
Radioactivity, the nuclear energy or from other forms of energy
know what they are what he himself is and what the energy
in her most internal being is which gave him his own life
and enables him to give the life to other living beings, thus
what is the sexual strength.

Apostle Paulus presses the truth, that every thing only
can know what it is, and nothing else, because it only with itself
even in a being state can be, clearly in his in
the Korinther the directed first letter from: » However, it has Us
GOD reveals by his mind; since the mind investigates everything
Things, also the depths of the divinity. Since which person
know what is in the person, without mind of the person,
in him is? Thus also nobody knows what is in GOD, without
Mind of GOD. However, we do not have receive the mind of her
World, but

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the mind from GOD that we can know, what ourselves about GOD
is given; which we also talk, not with words, which
human wisdom can teach, but with words, of her
holy mind teaches, and direct ecclesiastical things ecclesiastically.
however, natural person hears nothing of the mind of GOD; it
if is to him a folly, and he cannot recognize it; since it must go
be directed ecclesiastically. However, the ecclesiastical one directs everything,
and

is directed by nobody. « (I. Chose. 2,10-15.)

With today's expressions we would say it maybe so:

» If we were not a person, we could not know, what
in a person is. If we not the mind of God in us
we are deceptive, would never also be able to know, that it generally
a God gives and what God is. However, we have the mind
Of God conceive and have become conscious in him; thus know
we also about divine things answer. The still unaware-
as Paulus calls him: however,> natural <-person still knows
not what is behind his consciousness, he looks at them
to spiritual truth as a folly. The realized one
However, person knows, that he as a person the mind of God in himself
has, and thus he stands about all earthly-worldly things. «
The person, on the first, deepest step of his Menschentums,
if nothing else is still than one animal plus mind. He
be mistaken "I" for his consciousness. He believes, that
if he says "I", he has named his whole one I. Besides, has

he only this small, personal part of his I with him
Word "I" named who has already become conscious in him.
This is still very small. The unaware part of itself
if he does not know, consequently he also does not recognize him and has none
Notion, that an unaware part of his I generally

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it exists. His unconscious plays the role more strange for him
Beings; thus the concepts are like "devil" and "angel"
originated. He knows on this deep step not, that this
to fictive beings in reality also forces from his own
Unconscious, thus he himself is. He does not know generally yet,
that behind his primitive consciousness unlimitedly
bigger part of his I in an absolutely unaware state,
for him provisionally still unapproachable, it exists. How he could then
know what he is in his whole true being? How could
he know that in him GOD himself lives, that he in reality
a divine being is, if he neither GOD nor itself,
his true being, knows and does not know, that just GOD himself
his true being is?!

People, in theirs whole Even - in God - completely
have become deliberate, thus Allbewußtsein have attained, were
and are very rare on the earth. Still it is for us everything this
the only purpose of our life, our embodiment, this
to attain perfect consciousness and with in that
the deepest depth of our soul living creator in one
to become monistischen being state one when I AM!
How the animal, unaware person can, however, consciously
will reach and this purpose if he knows about that nothing?
How he can from the state, in yours he on the lowest ones
Step of the big Jacob's ladder of the consciousness the first time as
Person was born, step climb around step higher, themselves to
to the divine self-confidence, up to perfect fulfilment
and raise resurrection if he does not know at all, that
this purpose exists and that he owns the ability, it to
do reach? What helps him what forces him, his outwardly

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directed animal consciousness for the first time suddenly after
to direct inside, "convert" to and themselves from the first one
Awakening, from the first dawning self-confidence to
to the Allbewußtsein, up to the divine, beaming light being,
he is in his true being to raise and the redemption,
to attain the freeing, the resurrection?

The strength which pushes him in addition and helps to rise is
his own sexual strength!

In every living being lives this huge energy. They
helps first the person by his parents in addition, in
To become a matter, in a body hineingeboren, when
he to itself in the body to a full, adult being
has developed, she gives him the ability, other Wesenheiten
In a body hineinzuhelfen. The unaware person has
but still no notion, that the same energy to him not only they
Ability gives to generate children, but that they also them
the only strength which desire is which helps him in addition, even him
forces, his consciousness of step to step up to the divine one
To lift self-confidence, as long as he still an unaware one
Being is. The sexual strength presses, the consciousness presses
of the person upwards and does him higher and higher and

higher. Naturally he knows, before he the highest step
Of self-confidence and Selbstwerdens has not reached, also
not, that he as a person only this and no other energy in
to her true being can get to know. However, she can he and
if he makes deliberate auch in himself, because be this energy
true being, he himself is.

The sexual strength helps itself to the person, about them
to raise sexual strength! If that is not endlessly points
furnished?

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If we come so far, that we this truth ourselves
get to know, then we understand, why the insiders them
sexual strength with the scorpion symbolized. The scorpion
commits suicide itself, and thus the sexual strength itself, because commits
suicide

she forces the unaware person and the deliberate one
People helps to convert the sexual strength into higher forces
and to become conscious in this strength - this strength
to be even! Then, however, it is no more sexual strength; they
has committed suicide as itself.

If we try to penetrate into the secret of the sexual strength,
to recognize them in ourselves and they under ours
To force rule, in our yoke. How? On this question
if we answer in the following chapters.

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THE CREATIVE URSCHLANGE

The Johannesevangelium starts these words: » In
Beginning was the word, and the word was with GOD, and GOD
if was the word. The same was in the beginning with GOD. All things
are done by the same, and without the same nothing is
done, what is done. In him was the life, and the life
if was the light of the people. And the light appear in that
Darkness, and the darkness has not understood it. « How
the whole creation is miraculous with these pair of to words
explains!

We would only properly understand these words, however, and appreciate
can if we read the Bible in the Greek original text
could. Since, unfortunately, the German translation not always is
properly. It are absent into German the words, to the words
of Greek original text correspond. To the Greek one
There is word of "logo" suitable word in the German ones
Language not, so Luther "logos" has translated as a "word",
the sense of the word "Logos" does not return at all. Still
"verb", because the birth of the first ones would have been better

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In GOD two poles rest in a perfect unity and
Harmony, in an absolute balance into each other. The Indian one
Religions philosophie puts this truth in the figure of the God Shiva
which combines both genders in itself. (Picture with
friendly approval of the Rietbergmuseums Zurich.)

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The Chinese representation of the Urzustandes two Poles of the creation
- called yin and yang - the positive and negative ones, giving and
taking one, the strength and the opposition. They rest in the Urzustand, in God,
in a perfect balance, in an absolute harmony
into each other. The physical-sexual union is an imitation
and reflection of this divine unity.

Movement, the first Sich rain of the creation still better expresses. "Logos" signifies into Greek language the creative principle, the strength of GOD, the tools Of the GOD which explains the will of GOD and the creation in Movement places, as for example the hand of a person, at the same time he himself and also his executive tools is which does something. As "logos" in his still latent Urzustand was, when still nothing, not even the very first revelation Of the GOD who were created vowels, the letters, » if the word «, from letter compound also could is, do not exist yet. This is a substantially later one Stage of the creation. In addition, one more difficulty exists, to understand this text properly. Every person understands according to his lower or higher consciousness step under to many words something else. The word "God" has for every person another meaning. It is true and in to read up Greek original text, that GOD the person "on his image has created and creates up to the today's one Day, as the glove on the hand is pulled; it is as true that the person answers this and after GOD to his own, human image creates. Moreover if we use today other words, around different things to express, as a Luthers at the moment. If we after him Greek original text the sense of these sentences with contemporary ones To words try to express, then it becomes approximate thus say: » At the beginning logo, the will was to the action, the strength, it sets in motion the creation and explains, still with GOD in a latent state, as the power of GOD. GOD was and is this strength itself. In the being is GOD and his creative principle, his schöpferische strength, one and the same. All things became from GOD created by logos. GOD is were, the life, and everything what exists can exist only, because the creative one Principle, the creative aspect of GOD - logos - they creates, animates and receives. GOD, everlasting were, the life, also built the person - after the original text - on himself even, on his own image. Thus is true, the most internal beings of the person, GOD. But the person, in his unaware state, is still in the darkness and if the light of GOD does not perceive in itself. He is unaware and if no notion, that GOD, thus his very own being, in has to his unconscious lives. «

The life is the creative strength - logos - and everything what was created was created by logos. Everything, from the highest mind up to matter, became and becomes created, animates and receive by logos. But on that to topmost, at the seventh level, is the mind of GOD, thus GOD even in a completely well-balanced rest state. From here GOD, as his own creative principle - creates because logos GOD himself is - the whole scale of the creation. From to the infinite space, from every point of the universe, from everywhere here life flows out. First originate and look pure spiritual energy of the highest frequency, then slows down itself bit by bit the frequency, the waves becomes longer, and the revelation forms become thicker and thicker and more material, up to the deepest step, up to so-called "dead" matter,

also is not dead, because we know matter nothing else, that
when a form of energy is. In the atom of the matter, immediately how in him
To solar system and world systems, also there circles the creative strength
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Of GOD, there circles the life. It lives in every shoot of the Jacob's ladder,
those of the sky, from the empire of GOD, up to material ones
World, up to earth reaches down.

We people carry all forms of energy of the creation in ourselves.
We are the microcosm in the macrocosm. Our mind, ours
true, is GOD, as Paulus has already ascertained. Then
the creative strength rises, like in the universe, also in us logos,
ours own, more deeply, creates our world of thought,
creates the emotional, mental layers and, in the end, him
necessary opposition in addition, the bearer of all higher energy,
our material body. As well as logos outside
People at all levels of the creation to itself as different ones
Forms of energy reveals and creates, we carry people
the whole Jacob's ladder of the logo revelations, the whole one
Creation, as verschie their aspects of ours own
in us. And how logos in the macrocosm on every step of her
Creation creates, so shines and the person also reveals in
to his microcosm, on every step of his being, by
to the different frequency of the creative strength to corresponding ones
Organs all manifestations of the same divine-creative
Energy, that is ours own, from.

If we our spine with the brain and with his
Continuation, to the spinal cord, illustrate, we get the form
a queue. This queue is at the same time the picture of the revelation form
of the logo in the macrocosm and in the person in
Microcosm. It is also the picture of his opposition, his
Of bearer in the person: of the spinal cord. This from the finest ones,
ethereal matter created mark queue is the bearer of her
divine-creative strength, is the bearer

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of our own life. The divine-creative strength shines
through seven spiritual centers from, with bit by bit increasing ones
Frequency, by suitable organs, which they
creative strength as an opposition carry.

In Altägypten the insiders on her headdress carried
a white frost formed of gold, a queue to me
explained to held up head. To be "privy", signified,
that a person on all seven steps of the selfrevelation,
of the self-confidence, thus in the whole logos
Queue, had become conscious. The golden queue symbolized
his perfect self-confidence, behind nobody
Unconscious more remained, thus a person, that the Allbewußtsein
had attained.

The upright standing Äskulapschlange, from a level one
Mug the life water drinks, is also the representation
the creative vitality queue in the spine
People. It is the absolute entirety, thus health, consequently
also the healing power against all illnesses - that is degeneration.
In India we find the same "queue", "Kundalini"
called. As long as the person is unaware and his higher ones
Nerve centers still in a latent state are,
if she rests rolled up in the lowest energy center,
his seat in the lowest vertebra, in the coccyx, has, thus

in the seat of the negative pole of the life tension! If of her Person bit by bit becomes conscious and thereby his energy centers are activated, the Kundalinischlange curls up slowly from and rises higher and higher, takes the nerve centers, one after the other, in her possession, animates them and rises further up,

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up to the topmost center, to itself in the uppermost part Of head, in the parting, considers. There she unites with him positive pole, his seat here, in the seventh energy center has. Then she stands as straight as the Åskulapschlange. The Indian yoga philosophy does very much a big one Difference between the life stream and the opposition, that is to the physical organs and nerve centers, him Life stream carry. The creative strength - the life stream - forms seven energy centers in the being of the person, and every energy center - in the yoga philosophy "Tschakra" called - works like a transformer, that the divine-creative By virtue of, according to the next revelation center, more deeply transforms. Thus becomes the creative strength, from the uppermost center outgoing, 6 times transformed, consequently there are seven energy centers, seven Tschakras. Because we people this energy of the earthly, material ones Level from have got to know, we calculate the energy foci, at the same time the revelation steps are, from below beginning upwards. The yoga philosophy names these seven energy centers with Sanskritworten as follows: The first, lowest Tschakra is called: Muhlada ("Muhla" if signifies "mark"); seat of the negative pole, in a latent one State, in the coccyx rests. The second Tschakra: Schwadischtana; seat in above them Gender organs located nervous network. The third Tschakra: Manipura; seat in the solar plexus. The fourth Tschakra: Anahata; seat in the nerve center of the heart.

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The fifth Tschakra: Vischuddha; seat in the nerve center of her Sign gland. The sixth Tschakra: Adschna; seat in the forehead middle, between to two eyebrows. The seventh Tschakra: Sahasrara; seat in the uppermost part Of the skull which is at the same time the seat of the positive pole. With that The person this attains activation of this cerebral center divine Allbewußtsein. In the Bible signifies day, light: Consciousness. Night, darkness: Unconsciousness. Therefore, GOD, like Moses, this creates big insiders, in the Bible says, on every step Of consciousness - every "day" - with to the steps to corresponding ones Oscillations, only on. the seventh consciousness step - in the seventh "day" - he creates not, but rests in himself. In to this state there is no tension, on that a creation could be built up, because both poles, positive and the negative, in a perfect balance, in one absolute unity rest into each other united. The person can this only in ecstatic state as a pure state of consciousness experience, but would signify the death of his body. With some western scientific authors can we read, that the Indian yogi in ecstatic Samadhi-

State is unconscious. This is a big mistake! On the contrary: he is in the state of the perfect consciousness, thus in the Allbewußtsein. Only from the outside he looks unconscious, because he no physical consciousness has. Who even in Samadhi-State was, knows, that the yogi in this state completely consciously, is completely awake.

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We see from the fact that there is only a truth and that of her Core of every religion this only truth is. Franziskus from Assisi, the big Therese and other big saints have this God's consciousness also in an ecstatic state experienced, how the Indian yogis experienced it as a "Samadhi" and in Asia still experience.

We people experience these different steps of the logos Revelations, this different frequency, as different ones States of consciousness. Accordingly we give them different ones Names.

On the first, deepest step in the lowest center as Bridge between mind and matter active form of energy of her we experience creative strength in our consciousness as Preservation of the species desire, as a sexual-physical urge and wish, and in the fulfilment as a purely physical satisfaction. We if they call the sexual strength.

On the second step we experience them as the revelation Of selfpreservation desire, as a metabolism; in our consciousness as hunger, as a thirst and in the fulfilment as a full being.

On the third step the creative strength radiates itself as Willpower from, and we experience them in our consciousness as Willing urge.

On the fourth step the creative strength rules by this Heart center, the feelings, the emotions. In our consciousness if we experience them as sensations, as feelings; we experience them whole scale between hatred and personal love, Reflections are.

On the fifth step the creative strength reveals itself as our time concept and space concept. Their tools are the sign gland, 58

to us switches on in the limited world, in the time, us with her connects and our time rhythm gives. From this center if it takes down, like quickly or slowly our heart rhythm, Rhythm of our thoughts and our movements is, whether we regard ourselves a period long or briefly, whether we always in a hurry hasten or everything in slow tempo do.

Therefore, this center works decisively on them Speed of our whole life rhythm, thus on them temporal duration of our life.

On the sixth step the logo energy reveals itself as Intuition. She flings the lightning in our consciousness, the spiritual light which brings us new ideas, new knowledge. As a state of consciousness we experience them as about everything shining one spiritual light, spiritual consideration and, what with it is identical, as all comprehensive, universal love. We feel the unity with the whole universe, we understand the language the nature and the symbolic salary of every line, every form.

On the seventh, topmost step, we experience by in the uppermost part of the skull recumbent center the divine-creative By virtue of as a purely spiritual being state, in

to our consciousness as the highest self-knowledge, as the highest "Self-awareness" appears which we are in ourselves » as I, which I am « experience. There are no unaware feelings, none unaware thought, no outwardly directed knowledge more, I am no more happy and peaceful - because "I" am everything this, all feelings, all thoughts, the radiating one Light of the consciousness - » I am « the luck, » I am « they Blessedness and the peace! I am a shining one, everything comprehensive, all piercing self-confidence.

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With the excavations in Mexico one has symbolic representations Of GOD found, they this truth, these different ones Revelation forms of GOD on the different one Creation levels, appropriately and clearly demonstrate. Below one is Queue or sometimes a dragon, the sexual strength: Kundalini. The figure of a person, which they stands on it body-supplying, emotional, mental and intuitive one Revelations symbolizes, and completely on top, about the person, if is a beaming face, the face of GOD, Symbol of the purely spiritual-divine self-confidence: GOD! How one would have the truth of the different revelation forms of the one and same divinity better explain can?

The person only is able, on all steps of the creation to become deliberate and all revelation levels in a divine one To summarize Allbewußtsein, because only the person in his body to the different forms of the creative ones Energy suitable organs has. These organs are able, as suitable opposition the different oscillations and frequency of the different revelation forms of her to carry universal, creative energy. Just as they are suited, these oscillations and frequency from him To take up universe, they are also able, the same creative ones To emit energy as a sender. These organs are the most important nerve center and cerebral centers, which the oscillations of the different creative forms of energy him hand over to suitable glands narrowly linked with them, in those the transformation takes place. With the person on of the deepest step of his Menschentums these rest most Nerve center and cerebral centers still in laten60 ten, slumbering state. His consciousness degree is suitable deeply and primitively. The way of his development is, these centers one after the other in the possession of his to itself to take of rising consciousness and to activate them, to all nerve center and cerebral centers in activity have been put and the person the whole scale of the creation, up to Creator, in himself deliberate has made.

The heating material, with the person his latent ones Nerve center and cerebral centers like a radiolamp light a fire and can activate, the sexual strength, which he is in his own Body carries. As long as the person to itself still on a deep one Consciousness step considers, he is not man about the sexual one By virtue of, but this about him. He still is completely her slave, is to her still completely delivered. Thus he also does not anticipate, that this By virtue of a secret carries in himself, that his own sexual one By virtue of him the door to the power of the mind can open, that he with Help of this strength in his divine Even - in God - consciously

become and with it the immortality and rule about them
The matter about which whole nature can attain. With it he has him
confidential key to the stone of the ways found, he is one
white magician become.

The alchemists in the Middle Ages, the rose cruisers, these big ones
Insiders, point in her strange writings, in
to those they do not want to pronounce the naked truth, always
again as a result, that the material, from which one the stone of her
Ways can produce, very light is to be found and it everybody
Person in his possession has. They wanted her knowledge before him
low-standing person, also at that time already with all
Nonsense done and the secret of the sexual strength from
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of loud ignorance abuses to morbid perversities
would have, protect. However, at the same time they wanted the key to
to this secret transmit only such person,
already have the depth not to abuse it. They wanted
thinking people on the right way lead, where they this
Secret should search, in hope that find some
would become. From her writings it arises unmistakably,
that the material to the stone of the ways in the person
lies. Already this harmless tip has dreadful cruelty
causes. We know a lot processes from the Middle Ages,
to those one can see castle owners, the stone of her, that
Ways wanted to produce and the writings of the rose cruisers
thus had understood, that he from the person made
would have to become, the human blood for the confidential one
Material held. Thus they killed her serfs with more inconceivable
Cruelty in masses, around from the bodies them
to receive necessary substance. These half-knowing castle owners,
the " natural person « of the apostle Paulus immediately,
that is the unaware, unknowing, "dead" person,
did not roof that the thing was much easier, than they
anticipated. They should have thought only, that the spring, by
it is transmitted the life on the earth, the sexual one
By virtue of is. The spring of the life - the famous Lebenselixir of her
Rose cruiser - we carry in ourselves! From this spring flows
a stream, the life, » the fire is, still like water
flows «. How they could better have explained, what
The energy which flows like electricity, how water, still nobody
Water, but fire is, in our nervous ways flows out;
thus » an igneous water, the watery fire «

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is, » a stream from fire which flows like water «, how it in him
Rose cruiser-writings calls literally. The unknowing person
if this » own spring «, his sexual life energy uses
mostly without wanting to generate children, only, around from it erotic ones
To pull pleasures. He does not anticipate him, that he, if he
The life stream which flows from his » own spring « is not economical,
but for his own body keeps and the life spring
for itself used, with it his higher energy centers
- the Tschakras - light a fire, activate and on this
Wise can attain power about them. If he became the life stream,
the life, by his will for his own
Bodies use, he could do to his own body the new
Lives give, him with it regenerate and even the immortality
of the cells - the transmutability, how the rose cruisers

this process call - attain. He could do the sexual strength, converted in creative-spiritual strength, by the higher ones, to spiritual centers use in his own service creatively and at the same time in the service of the big work-Vergeistigung of the earth - help. It is natural in addition, the fact that a person comes to the possession of this secret, essentially, that he an elated, highly moral setting and philosophy of life has! And to find extremely rare there this are, have the "alchemists", the rose cruisers and others Insider, only in symbols spoken or totally was quiet.

Today it has come in contrast to that time so far, the fact that must be spoken about that, around the moral setting to wake up of the people. And not from sentimentally to religious, but for generally human reasons, because the mental constitution of the person of GOD thus ge63 create is, that he, if he against the internal moral laws, to every person are inherent, lives, without fail in Misfortune, desperation and mental darkness gets. The people if some truth which discovers from big psychiatrists has have become, misunderstood and misinterprets. Still in addition by mistakes widespread by half-knowing charlatans confused, they abuse her sexual strength, while they them more and more vermaterialisieren and nearly exclusively to to erotic pleasures use. This setting carries one such big danger in itself, that we the attention of her looking person, especially, however, by wrong ones View about "displacement" and » freeing from mental ones and physical inhibitions "and" lack of restraint « try want to to wake enticed youth. We do this, even if is to be calculated on firmness with the fact, that many from the secret of the sexual strength again morbid ones Perversities will create. It must become once to tell the truth, the fact that it is possible, the sexual strength also for a lot of higher ones To use purposes as only in addition to try, from own infinite emptiness coming boredom with to expel to erotic experiences. The sexual strength is that divine-creative strength, one can do them heavenly like like hell use. But if it is used like hell, if she strikes back and overthrows him who has abused them naturally and unavoidably in the hell.

Maybe will have young among many misguided Be a person as well as adults those who prick up the ears and, at first maybe from loud curiosity, at least on a certain time venture an experiment. They become during

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of these experiments such radical experiences collect, the fact that they step finally on the way of the truth and these Away are never again left. And it becomes indeed also many give and she already gives, from a frank longing after God will practice. And if only few people thereby on the right way are led, this book has his purpose fulfils.

So that we can properly explain, however, the experiments and generally understand in what they exist, we must go at first still some things get to know and think through. Since this Book would also like the way right, probably to explained ones

Practise show. Christ prophesies in the Bible that once one Time will come, in the secrets of the truth from Roof are announced. Miscellaneous striking signs show us that this time has come. The truth about them finally, sexual strength must be uncovered once. What they People from it do, hangs from her moral maturity from. In the end, from nuclear energy one also can do more useful things come along as weapons, with which the humanity plans to exterminate! Also it is possible, the sexual strength, there they the divine-creative strength - logos-, the being People is to use like hell or heavenly. If the person the spiritual, magic strength and with it them Power once in the hands has agreed, it depends on him, whether he becomes a black one or a white magician!

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WRONG AND RIGHT VIEW

ABOUT THE SEXUAL STRENGTH

In the Johannesoffenbarung (5, verse 6) we read, like logos, as a lamb with seven horns and seven eyes shown, the task on itself takes, itself in the matter hineinzukleiden (to animate them, to vergeistigen, the matter to God to go back: « ... and among the church elders answered Lamb, how strangle would be [the mind feels in the matter, in the body like strangle]; and has seven horns and seven The eyes which are seven minds of God, sent in everything To land. « And: » See, this is a God's lamb, which of the world Sin carries! « (Joh. i, 29.) carry » the sin of this world « signifies for the mind, the qualities of the matter on himself to take. The qualities of the matter are for the body, of the matter is, no sin. However, the same qualities are for the mind sin. The qualities, the laws of her Matter, are opposed exactly to those of the mind. Paulus says in his letter to the Galater (5-th cape. Verse 17 and 18): » Then the meat itches against the mind and the mind against the meat. The same are widereinander that you do not act, what you want. Govern you

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but the mind, so you are not under the law « [Of meat, the matter]. - The laws of the matter are Contraction, cooling, stiffening, Verhärtung, compression. The laws of the mind are fires, warmth, heat, Expansion, radiation. For the mind is sin, if he reveals the qualities of the matter. And also it is Sin, if the matter the qualities of the mind reveals. The lamb of GOD is a mind, and if it in them Matter dresses, it must submit to the laws of the matter and the qualities of the matter, for the lamb Sin signify, on himself carry. Only so the matter can do logos vergeistigen and they go back to GOD. The creative principle - logos-, the lamb of GOD, says from itself at another place of the Bible: » I am of her Away and the truth and the life, nobody comes to Father then by me. « (Joh. 14, 6.) So the life - which is I even am, according to own words of the logo - even the way, by we reach to the father. In addition the life has itself first in the matter dressed, from her one suitable cover, a body formed and in this body organs hineingebaut,

they are suitable to generate other and other bodies.
By this the divine stream of the life flows without interruption
further, always new and new covers constituent,
become more and more able, the oscillations of the mind than
To carry opposition and to reveal. And while they
material, living, but still unaware cover, the person,
her shadow life lives, it becomes from her unconscious from
The lives which is the sexual strength in his materialized form,
worked on, obsessed, around in her the consciousness to erwek67
God's representation in Altmexiko:

Below a queue-
sexual strength - on it them
Figure of a person, them
body-supplying, emotional one,
mental and intuitive one
Revelations symbolizes,
and completely on top the disembodied one,
pure-spiritual and radiating ones
Self-confidence: GOD.

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The first, smallest tarot map shows the still "dead" people, in spirit
are still unaware and lead only one purely physical existence. They are for the
time being
still separate gender beings - "man" and "woman" - and also think
only in the borders of the genders. These are the small puppets,
to small "persons", on the palm big, sexless I
herumtanzen as it wishes her role on earth.

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ken. In own, still unaware part of his material one
Of being floats his own higher Even - the logo is-
primitive person without respite as a sexual strength in addition in,
in itself to become conscious in the material body and this,
what in his deepest being he himself is - to get to know GOD-,
that is to attain self-knowledge. As long as of her
Person is unaware, he experiences GOD in himself as the sexual one
The urge if he has become conscious, as his own, as
his own true being when I am! - GOD is to the person
the absolute self-confidence state.
The life, everlasting were, GOD, helps itself in this way
even, in the matter to become more and more deliberate in the body
until the biggest miracle is accomplished: in one and to the same
divine self-confidence are the contrasts, the spiritual ones
and material laws summarized which is a matter
cerebral, and in this cerebral body that is in
the matter in the birth hineingestorbene creative ones
Principle - logos, the sacrificial lamb - finally, to Äonen more durable
Development, rose and again it, GOD, become.
The lamb and the bride, logos and the consciousness
of the physical being, one have become. The heavenly-mystic
Wedding is accomplished!
Misunderstanding the holy writings and wrong religious ones
Education have brought along the western person, that
he the continuation absolutely necessary for this purpose
of the life, the witness of newer and newer generations and him
with it linked physical pleasure and the feeling of happiness,
when devil's work looks and the concept of the "original sin" at itself
allowed to stamp, that he the created ones in addition,

absolutely to necessary physical organs up to the today's one
 Day as sinful-indecent things considers. How wonderfully purely
 and heavenly the view is more antique against it and more living
 of Asian people, they the male gender organ,
 Lingam, holy hold and as the external material form
 To divine ones adore, nevertheless, it serves for it, the topmost: this
 Lives, everlasting were, GOD, by the matter, by
 To reveal body and to continue. Immoderate naivety
 belongs to it, in the adoration of the Lingam by the Orientals
 to suppose an adoration of the physical-male organ!
 If one believes in the west still, that the antique people and
 the Orientals who have reached the topmost culture, in such a way
 were silly and are to adore a certain body part?
 The Orientals prayed and never recite the matter, never
 Body in, but by the material form manifesting ones
 Divinity! Their whole religious philosophy, her absolute one
 Contempt of the physical, show clearly this elated one
 Mentality. Also it is an absolutely wrong view
 of the western people, in the elated representations
 Of procreative act, which the marvelous sun-god's temples in
 Konarak, Bubaneschwar and other temples in India adorn,
 to see pornographic end in itself. The enlightened Indians,
 these breathtaking, splendid pieces of art created
 have, did not look at the procreative act as one
 indecent action, but as the imitation of the Urzustands
 Of God, as the image of the life, in that two poles
 into each other rest and a new life, a new embodiment
 it is allowed. They looked at the procreative act as them
 Divinity, to itself by the matter in two halves,

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in two genders, divided and, by the genders
 again in a unity united, manifests, around the life on
 to continue of the earth in the matter, with it the big purpose
 is reached and is allowed, the matter to vergeistigen, in
 of the matter to attain divine self-confidence, the resurrection
 to experience of the human consciousness in GOD!
 It is incomprehensible, how the white race arrived
 is, the procreative act, to us and our children the life
 gives to look as an indecent action, about which one
 may not speak. If something was about which one
 would have to be ashamed, why it do then the people, in such a way
 think, still? And why God, after this has then
 Denkungsart, the world so created, that this despicable one
 Action absolutely is necessary, around living beings testify
 to can?
 What the gigantic difference is between the view
 of the Orientals, they the Lingam as the embodiment of the divine ones
 Forces of the life look and in him at the divine
 adore to get children, and the western view,
 after one to the classical, perfect representations
 of the Greek and Roman gods the gender organ
 broken off and the damaged places with one
 Wine sheet or fig leaf has covered. (It is just in such a way, as if
 one the attention would have even stronger hinlenken want.)
 The people who so act betray, that they themselves sexually
 are pathological. Instead of the sexual procreative act as one

related fulfilment of the urge for unity - after love - and
as life-making a donation, God copying, feeling of happiness giving ones
To look at action, they do from it one
to animal ones

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The end in itself which is good only in addition, cool and morbid lust
to experience, to act nothing at all with love and true luck
has. If these people did not think so, they would have
no reason for it, the gender organs as indecent things to
hide. They do by her low-standing mentality
from the gender organs indecent things. These people
pull the divine in her own impurity down. Guilt
however, in it is not the divine, life-donating strength and
sexual action, but the setting that,
from it really do a little bit about which they must be ashamed.
No miracle that the time had to come, in this
Pendulum from the prudishness in the other direction kicked.
Result of the fact is, that it today many pathological people
gives, the weight excessive on the one hand to the sexuality
attach, while they for every mental disturbance a sexual one
Reason try to prove, on the other hand they minimize them
sexual strength with the fact, that they where it a possibility
in addition gives, unrestrained sexual traffic provoke. As
whether the sexual union was a cigarette, which one
smokes and throws away with which the affair would be forgotten!
These people do not know one, that the sexual strength
Revelation of the being of the person is and he nobody
sexual traffic can exercise, without itself - whether
consciously or unconsciously - mithineinzugeben. The partner or
the partner is no object which one uses and
one also throws away, but a living being,
human soul owns, even the prostitutes are it!-
These lost people try the longing for luck
and after mental balance with purely physical one,
to give satisfaction to sexual traffic.

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People long for love, but not for purely physical
Satisfaction.

It is a dangerous mistake, love in sexuality, without spiritual ones
or to search mental relations, and love by
To want to substitute for sexuality. Naturally believe to
Example women, from theirs lifeless, dull and
to incurious "dead" men never the smallest statement of her
Love get to feel that the love is, if the man
in the short time of the excitement is interested in the woman and
under the effect of the sexual strength tracks of tenderness
reveals, and, therefore, want with the man whenever as possible
sexual traffic provoke. This does not happen, because they
wished even, primarily, sexual traffic, but because
they long for " a little love «. If it succeeds then with
to the husband not, so they try, if an opportunity
proves - and she is found always!-, from another
To get man love and to realize the sexuality.
Mostly, without they really from sexuellkörperlichen
Unbefriedigtheit would act. The body wishes
the satisfaction sexual much more seldom than one believes! The men
long for the fact that the woman looks up at them, they as

the highest revelation of God when man admires. If he this recognition at home does not find, he meets indeed one the other woman who gives admiration to him, and then it sees in such a way from, as if he had searched a sexual connection. The man like the woman look with the lover or with the lover "Love", and the mistake consists in it, that they them of these to "others" believe to get, because they this during one confidential meeting always only in expectation

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of a sexual traffic, hit thus in an excited state. And the sexuality ahmt the love after. She forces one, to be affectionate, to embrace the other, him in itself to press and to themselves mutually with the revelations of her To daze sexuality, as if one gave true love. What follows after such experiences? Mutual disappointments, bitter aftertaste, mutual accusations or desolate loneliness still stay behind and with women mostly the desperate feeling of the used being and the pollution. None of both has given true love, but expects only from the other, thus also has of no love agree! One can never do love with empty, purely physical For sexuality substitute! And the humanity longs, thirsts after Love! These many poor, young people, barely him Have grown out of children's shoes and maybe also in theirs Childhood of her parents barely love have got, because they "civilized" life-style no more on love is furnished, run for sexual adventures, look sexual excesses, because they search love! Many fallen ill emotionally One can do the people whether young or arise only with love cure and not with the fact, that one to them the sexual traffic minimized, they of her relevant inhibitions wants to release and they inhibition and persuades, an unrestrained, to lead indiscriminate sexual life. How many by these have young and also older people search council for such more irresponsibly of mental treatment, around her lost one to attain physical and mental cleanness again. And if one to them only a little love and understanding brings, they go back cured in the life, around useful members of the human society to

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become. And still none we have dripped, from of the cleanness which was recommended him, "displacement" or "Trauma" would have agreed. Under "cleanness" becomes natural not only a temperate, but also a healthy, on love based dear life understood.

If we try to bring the pendulum in the middle, and if we try, after by "displacement" and "trauma" stamped rash on the side of the excessive ones, indiscriminate sexual "lack of restraint" and wrong images from sexual "freedom", to a normal view to come from the sexuality.

We should follow the example of big insiders, which at the sexual strength look not as a devil's work, but this Secret of this strength know and know, that only and only she helps us people to reach the final goal - GOD. Here the infinite wisdom appears again in that Equipment of the whole creation. How to us only ours

Ignorance the knowledge brings *, it is solely they
sexual strength, to us the redemption of herself, from
sexual strength brings! The sexual strength releases us from him
from herself caused, to always recurring ones
to sexual wishes and explains us from the mortality,
to the death, to the redemption, to the resurrection, to the LIFE.
The medieval alchemists, the rose cruisers, have
this process of development very wittily shown: the wise one
Person produces the stone of the ways in such a way, that he his
Life tree in a washing trough full with life water
it puts,

* See: Elisabeth Haich, yoga in the today's struggle of existence.

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under him the dragon, the sexual strength, with his fire
incessantly heats to bring him for blossoming.
If we do not despise the sexuality and we look at them
not as the diabolical strength, they the person to the animal
does, but we do from her also no diabolical strength,
the person does the animal.
If we look at the sexual strength as the key, to us
the door between mind and material world, from above after
below, but also from below upwards can open. Look
we them as a divine driving force, to us to the creation
of other generations enables, the life from above down
to continue in the body, on the other hand, however, also as the same
mighty strength, the person from below upwards from
to his animal being transforms into a spiritual person and
the death helps to defeat. We must be grateful, that the sexual one
By virtue of us on both ways, with right use, in such a way
a lot of luck gives. On the way of from above down short and
transient, on the way of the upwards everlasting from below
Luck.

If we use your fire, around our life tree in them
To let grow height and to bring for blossoming. Think
we: The primitive person stands still on the lowest step
of the consciousness. In his animal selfishness he lives in himself
completely in isolation and walled, his heart is still dead,
and he still has no notion what calls love. The sexual one
By virtue of, this elementary fire, is able solely be
to glow through dead heart for the first time. And if he
during the short time of the excitement even a foreboding
of the love experiences and expresses, nevertheless, this is already the first
one

Light of the divine love. By

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he gets to know the sexuality the first time the luck of the Gebens.
And although his first dawning love still nothing
other is than one animal desire, a passionate one
Desire, is still his excited state, even if still
quite unconsciously and for short time, already an urge after
unity, after love! If he also this urge for love
for the time being only in the body experiences and, hence, also the
satisfaction
only in the body can look, nevertheless, it is already the first Widerspiegelung
the spiritual unity in big, which he unconsciously
looks and for long search, for long, maybe
Äonen durable development will find, because it in his

Regulation lies to find them. The sexual strength causes to us the internal restlessness which never allows to stop to us and us always wide-catches and forces, after many detours him to find internal path. At an unexpected moment becomes our self-confidence, in the midst of the animal desires, and in the "night", born in the darkness of the unconsciousness, how the divine child in a stable in the midst of animals in that "Night", in the darkness has been born. And the person starts and decides on the big way, from the first becoming conscious in Even up to the heavenly one To walk Allbewußtsein, to the purpose. To such an extent as he on to this long way becomes conscious in himself bit by bit, unfolded itself in him the ability, about the creative energy in to rule of each of her manifestations and they after to use to his will. If he once the highest one The step which has reached spring of the creative strength becomes he be able, the lower forms of energy of the divine-creative To convert by virtue of into her higher forms and
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with the higher, spiritual forms of energy the lower forms to control and to steer and all this energy to manifest by the suitable nerve centers. If we get to know this divine strength, and we try to climb higher by her help on the Jacob's ladder and to help at the same time with it her herself - the sexual strength-, to itself in her higher oscillations to convert into spiritual strength. Where our consciousness is, there the creative one works By virtue of.
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THE LEADERS JAKOB

The people who begin the yoga way with the intention, to deny sexual strength and suddenly a temperate one Lives want to lead, betray, that they not only the divine one Descent of this strength, but also the strength even generally do not know! And how the person about something wants rule and it without victim, without renunciation give up, if he this has got to know A little bit first not thoroughly and with it it has become ready?

As long as a person in the sexuality still uncost out ones Possibilities of the delight anticipates, he can and he should the sexual one Lives do not surrender. Then he would live in the belief, the fact that he has missed something and has lost; and if it also one still so big mistake is, becomes him this wrong image over and over again irresistibly to sexual experiences thrill. To GOD that can reach only, that the sexuality with all her possibilities in this or an earlier one Lives completely up to bending got to know and has enjoyed to the full. But if he does not know the sexuality,
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if he is not able to reach also GOD. The sexual strength if is the bearer of the life, thus also a revelation, if also the lowest, material revelation of GOD! If we to GOD reach we flow, must the Hinaufklettern on of the Jacob's ladder begin by the lowest rung (1. Mose 28, 12). One cannot jump over steps, and how could somebody something give up and go on, on the next step rise, before he this something, this step thoroughly got to know

does have?

If I the sexual strength, without them got to know to have, in me wants to exterminate, becomes this strength with all to my own forces direct against me, because this strength, even if unconsciously, I myself am! Just, therefore, she is as strongly how I myself am strong! I can do them on nobody Case destroy, because this would signify, that I myself destroys. One cannot destroy the sexual strength, only one can convert them! One can only be they.

I must go by the experiences hindurchgehen, I have to come too the sexual strength thoroughly, with all her chicaneries, with to all her traps which it puts to the person become known, until I this form of the creative energy completely sees through. These can already be, that somebody these experiences in an earlier life has acquired and with them in this Life hineingeboren became. He does not need the experiences to acquire once again. However, everybody must this certainty in feel themselves. We can observe, that also people from a higher spiritual developing step her human one Career - as a sexual object - in the age of puberty with one lower step start, then, however, die⁸¹ the same development, to which the primitive prehistoric man maybe Annual millions needs, in very much short time stride through, to them from an adolescent an adult become are. The einzelligen living beings need annual millions, around itself by all steps of the reptiles, birds and mammals to to the today's person hochzuentwickeln, the human one However, embryo goes through all phases of this development, from Conception up to birth, in the packed period from to nine months. Thus a person of a higher step can do everything Developing steps of the sexual revelation, from the most primitive one Unloading urge of the adolescent up to the highest ones, to spiritual solidarities based on love of an adult of high standing in the short time of the youth run through. Of course there are also many exceptions, because them Variations of the development and the differences of the achieved ones Steps are infinitely numerous.

If somebody the experiences with the sexual strength behind himself has whether in the previous or in the current life, he becomes escape from her enslavement, they under his rule can demand and use as a creative strength. If somebody against it the sexual strength without knowing them and without being able to convert them, does not realize and temperately lives, this Urkraft is edged out in the unconscious and suppresses, and then she reveals herself on wrong way. With of unbelievable cleverness she causes in the person often them to the heaviest physical and mental disturbances, illnesses and discomfort. One mostly does not anticipate that edged out and suppressed sexual forces at work are. Especially it is dangerous, if married couples, sometimes only one

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Half, decide, suddenly a temperate life to lead. Above all it is suspicious that they want this generally. It is advisable, to itself only very sincerely and thoroughly to confer with, why one has suddenly got desire, a temperate one To lead life. Often does not turn out, that in such a way very much the strong wish for GOD, but more the unfulfilled

Longing for love and understanding, a general non-life skill and consequently also dissatisfied sexual ones
Wishes or disagreeable disappointments lie behind.
Many are not frank with themselves enough, they want the true reason do not recognize, they edge out this in the unconscious, and then say, that they to attain GOD, "everything" want to give up. What these people understand under The "God" that they want to give up for it "everything"? If it is Sexuality for them "everything"? Yes. Because it to itself mostly to me around this acts! If they want to give up "everything", they must go logically also in a cave live. This, however if they do not want again, only in her imagination. Or maybe in a cave with central heating and bath?
Attention As long as somebody in the abstinence a "renunciation", an "Allesaufopfern" or "Allesaufgeben" sees, should go he just renounce not this "all one", he should not everything want to surrender, but should get to know first this "all one" and try, .mit to the husband one on more true Love based elated devotion to experience and a healthy one, to lead adequate, clean sexual life. He may himself besides, by no means suggest, that a healthy sexual one Live something pulling down, something dirtying is! If he does this, it is evident, that it to itself around
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a morbid setting acts. Also a temperate one may Lives from unaware revenge in the dear partner, or in itself not be even! Revenge because of a disappointment, because of of a dissatisfied being or because of a failure.
Sexual life is in itself, with right setting, on nobody Case pulling down or dirtying. In the Bible stands: » If no barrier, that, if to her raises to you them crosses, you feel as a sinner. « Not the sexuality pulls down and dirties the person, but of her The person who does from itself an animal and, instead of one recover, on true love and togetherness been based of sexual life, from it consciously animal and morbid, even perverted end in itself does. He dirties itself and pulls down himself and the sexuality.
Who has stepped on the yoga way and on the internal way wants to make progress, becomes from the sexuality no animal ones End in itself do and also becomes in the marriage, in the physical ones unity, no animal unloading, but they Revelation of a higher, spiritual connection look. Him if a physical devotion does not pull down and dirties, because the motive of his physical devotion just a deeper, mental wish for unity, after love is. Why should he start then yoga immediately abstinence? If he is not able yet to convert the sexual strength, then can do the result of a forced temperate one Life-style heavy nervousness, disharmony, belligerence, be even the disruption of the whole marriage, because the sexual strength the way to the higher centers could not find yet.
Married couples should consider, that they not from chance in one
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Before, and consider just in this marriage. Their karma has them in this connection brought, and thus also becomes her progress just by this marriage accelerates. Their karma becomes

point, when the maturity and with it the time has come, one to lead temperate life and hand in hand, in topmost one Love and mutual understanding, weiterzuschreiten. Thus the marriage becomes no unbearable load, but mutual ones be big, making happy help. If the marriage should, however, nevertheless, one heavy load, an enslavement and an obstacle in Be a progress, it becomes, if the karmische time is tramped and the karmische guilt is paid, how one spent dress fall down from the person. Escape from an incriminating situation never is a solution. Problems must be solved, but they run with us! If we to us of such agonizing connections internally relaxed have, the destiny also moves in the outside world and quite unexpectedly the door opens to the freedom. A marriage is in itself no obstacle on the yoga way. Many big saints in The west like in India reached the highest purpose in a marriage. One of the biggest masters in India, Rama Krischna, lived with his wife Sarada Devi up to the death together, and both if completely became big yogis. Also one could countless blesses Men and women enumerate, also here in the west in one Before the highest degree of the holiness, the divine Allbewußtsein attained, as for example the holy Monika, Mother of the holy Augustinus, and many other saints and also privy rose cruisers. The physical wish falls down, if the person ripe has become. He has the magic work of the sexuality ken85 nengelernt, he sees through them. This strength in her lowest ones Form, as a sexual strength, interests him only as a connection, as a catalyst between mind and body, as supporting one Desire in the progress. Then, however, he says no more, that he to reach to GOD would have to give up "everything". Nothing if the person needs "to surrender", he must renounce nothing » «! As soon as the person is able, the sexual strength in theirs to convert higher form, he keeps them, on top of that in one to higher and much more valuable form, he loses nothing, but if everything wins. Since the luck, that the person in the sexuality experiences or, better said, hopes to experience, remains to him one for always on a lot of higher step. Because he his strength not is economical, but keeps, she further remains in him and for him! We if they do not lose, we experience them no more as a short-durable, very quickly transient sexual luck, but only in the higher form of a mental and spiritual blessedness, remains everlasting to us which we cannot lose, because: I am it. Action tvam asi! These are you! if says the Vedanta philosophy. We experience the creative strength no more in the body as sexual strength, as a sexual wish and urge, which, as soon as contented, disappears, but experience them immediately as them creative strength, as a creative joy on one higher and higher consciousness level, than higher and higher to itself rising, remaining, everlasting existence state. Then I have no more the luck, me am no more happy, but me am the luck itself! How the luck can do his feeling of happiness lose if it itself is the luck? It is a pure one Consciousness question: If I still in the logo - in the life even- have not become conscious, I experience the existence as them sexual one

By virtue of, as the sexual urge which works in my body and for a third person life-makes a donation. If I on a higher one Consciousness step stands, I experience logos - the life - in to me as love, to itself in my soul as a feeling of high standing reveals, and if I in the logo - in the life even - consciously have become, I experience it in the mind, in itself, as a self-confidence state, as myself: I AM IT!

If I have even become, however, logos - the life-, gives at the same time an indescribable feeling of happiness, never more passes, can never again pass! One has found, what one with infinite longing since the first awakening, since has looked for the first becoming conscious! One experiences the perfect one Fulfilment, redemption and resurrection! Firm ones Self-assurance and light clear self-confidence is I; this no fear, no fear and insecurity knows!

According to the consciousness step the manifestation changes, the naming, the experience, the internal state changes, but the being of this strength remains, what it in reality always ours was, the divine-creative strength - logos-, own life, our own is; this something in me, I if I have become conscious in him, as myself, as I AM experiences. How the death can still have power about me, if I am the life myself? How could the life die?

If we have become able, the nerve center and cerebral centers, which carry the higher oscillations than opposition, from her latent, slumbering state in activity to move - than ever higher the state of consciousness, the higher the frequency and oscillations which work in the body-, then we are also able, the creative strength just as one likes

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to steer on the Jacob's ladder higher or lower and they after to use to our Gutdünken. The higher the revelation, the higher frequency, the higher tension, the bigger ones Blessedness. The high voltage lifts our consciousness in always increasing states, closer and closer to GOD. GOD if we can only as a being state, » as I am whom I am « experience, like Moses, the big insider, with GOD from Face to face has spoken said, the name Of GOD is: » I am whom I am... » The people understand only not what he meant with it.

If we consider, that our models, in the west the big ones Saint, in the east the big masters, the "Rischis", never would have been so brainless to throw away the sexual joys, to sacrifice and to renounce them, if they real and remaining joys would be. They have the purpose, the God's consciousness and with it a luck higher a thousand times and heavenly fulfilment attains! The question is only, whether we transient, very quickly transient, or forever the remaining Luck search. Since the sexual joys are unconditional in the time engaged. We know beforehand, that we this luck and these joys sooner or later, but anyway will lose whether it likes us or not. The greater this Luck, the greater the loss if the time has run off.

If I do not spend against it this strength by the body, but - because this strength I myself am - becomes conscious in her, if I the state, in which I the sexual strength again even can be, reaches, then I do not lose this luck

more, because I am it myself! And which is everlasting "I" and passes with the setting of the body not, it has itself only as sexual strength in the body projects and geoffen88 bart and to itself again secluded. If I, however, with mine Consciousness no more with the projection, no more with that Revelation, but with the projecting, with the obvious - it is my own true being - becomes identical, then I carry the life consciously in myself. I am it! And which I it is everlasting. Thus the joys I are also everlasting! A person, the life - logos - with his consciousness cannot experience, because his nerves these topmost ones Frequency yet could not endure, to itself in that Transition period of the gradual development considers, should go quietly a healthy, on spiritual unity based sexual life lead. By sexual unity two people can each other a lot of love and luck give, although this luck also very much it is transient. This pulls down them not only not, but helps to build up a tender relation and true, elated ones To experience states with each other. And the nature uses theirs She beguiles longing for love and fulfilment from, with theirs Magic work and promises to them the highest luck by Sexuality to create other generations. If two People the sexual unity because of true love, from one internal spiritual connection have searched and have realized, then still remains to them after the sexual fulfilment to the consolation always the togetherness and the love. How long? This if is another question. Since if they to the sexual wishes gave way and they realized and at the moment of her physical satisfaction believed, that "now" the promised one Luck comes, they fell out just and down, and on top of that they gave for this misleading her own Forces from. However, the people mostly search one the sexual

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Relation not from internal unity, but only from sensuous ones To reasons and for the wish for physical pleasure. It if nothing but remains to them afterwards then a big emptiness and Boredom, how one with many young or older pairs can observe. However, the nature needs progeny, to continue the life, and the person in his loneliness and desolation searches understanding and love in that Sexuality. He falls over and over again in the trap of the nature, as long as it does not become conscious by him, that he in reality not this has looked and that this cannot give him the sexuality, what he longs for. Then only he becomes with bigger and bigger Attention, maybe hand in hand with his lifelong companion, turn to the spiritual way.

All that has become conscious by the enlightened. They have the false joys of the sexuality sees through, and they know, that the person the topmost joy, delight and blessedness without respite, as a durable self-confidence state in himself carry that he can be it, if he them sexual strength not is economical, but she still uses, around in a latent state quiescent nerve center and cerebral centers to light a fire, to wake them with it and in activity to move. She enables the person, in his true being to become conscious in GOD, to attain the divine Allbewußtsein.

How the drops of water swim in the sea, they are
the sea, so the person can stay in GOD, IN GOD consciously
be be a GOD. How said, nevertheless, Christ: » Does not stand
written in your law:> I have said: You are gods <?
« (Joh. 10, 34 and Ps. 82, 6.)

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The JUDASVERRAT

How we demonstrated in the preceding chapter, it has only
then a sense to lead a temperate life if one
from this life-style has no damage, but use
can move. Only who the valve to his higher nerve centers
openly has and sexual strength, therefore, already in them
to higher centers can rise, is only able, without
to bad results of a displacement, healthy and made happy
to live temperately and the extraordinary results and
to win to substantial values of this life-style. He edges out
just not, but uses his strength in one
the higher, spiritual form which gives incomparably more luck,
as if he realized them as a sexual strength physically.
Such a person of high standing also can do a highly passionate one
physical love reveal. He is - and only he-
capable, the higher frequency not only by already activated
to realize to spiritual centers as spiritual high frequencies,
but also through the lower centers in a high voltage
as a sexual strength by the body passionately

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to be economical. The sexual tension of a cock is not to
compare to the high voltage of a full blood stallion!
But even the sophisticated person runs the risk, in
to go to ruin an excessive life. The danger of the acquired one
Of knowledge and skill consists in it always, that one them
consciously to become abilities in two things way - properly
or wrong - can use. The person, knowingly or
it has become half-knowing, the possibility carries in itself,
wander. Instead of the sexual strength in her higher form, in spiritual-creative
To convert by virtue of, he can do them black-magically
use, that is he changes the spiritual forces in sexual ones
By virtue of around, he steers them from above down and identifies them
with the body. This is why it is important, that the higher centers
gradual are heated up and are activated, because only
if the moral strength of the person develops in parallel,
is called in the balance with his creative-spiritual
To forces, and protects him thereby against all aberrations!
There are yoga ways which rescue this danger in themselves. In addition
belong, for example, so-called Kundalini-and of her
Tantra yoga. By this become the higher nerves and
Cerebral centers with drastic methods woken up, without
Consideration on gradual, legitimately constructed ones, if
also a little slower, but the more sure spiritual, mental ones
and physical development of the person. This is why one is
real guru - a privy spiritual teacher - with his
To disciples always very carefully. Only one charlatan plays
unscrupulously with these higher, rousing, all penetrating one
to creative-magic forces.

We call a person a " white magician «, one

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"God-men", if he on the yoga way by one

steady development at the highest divine level has become deliberate, and, on the highest rung of the Jacob's ladder concerned, about the whole revelation scale of her creative strength orders, but this only legally, divine-morally, thus completely impersonally and unselfishly as Tools of God use. He also radiates his high forces in the body, because he lives in a body, but with his If the spring are aware, God does not leave. His consciousness is one with GOD, and never identifies with the body. He if that, what remains consciously he in his true being in reality GOD himself is, the life, logos.

The black magician against it, on one with magic actions artificially highly grown consciousness step standing, but still completely personal-egoistic, and morally undeveloped, acts exactly vice versa like the white magician: he uses the divine forces around his personal-egoistic To satisfy purposes and his desire avarice. He identifies his consciousness not with GOD, but with the body, and steers the divine forces from above down, from the spiritual, in the sexual-physical centers. As soon as, however a person spiritual-creative strength, which he by his higher already activated nerve center and cerebral centers also spiritual-creatively should use, from above down steers and for personal, physical-egoistic purposes abuses, he acts black-magically.

The basic-recumbent difference between "white" and » to black magician « consists in the fact that black magician is, who the divine forces uses, and white magicians, who to itself

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in the service of the divine forces it puts; these use him as tools. The white magician is completely impersonal become, so he also can no more as a person act. His person exists no more! But be there, Consciousness with GOD is identical, the divine will acts in him and by him.

The black magician with his personal-egoistic Lifestyle positions itself in the service of the physical addictions and pleasures. So that wastes, he betrays and kills the divine one By virtue of - logos-, his divine. Also he could with his to high forces miracles work, by his betrayal, however, in to these forces, in his own true, - GOD - kills and if he destroys in the end himself. The black magicians end always with a dreadful death! This betrayal if the Bible describes in the history of the Judas. To understand properly the history of the Judas, must go we know first, that the Bible fully with tips to them to cosmic connections, thus on astrological truth is. Already in the old testament we find astrological tips, as for example in the vision of Esekiel in one of her to allerwichtigsten places of the Bible. Esekiel sees the universe how a gigantic, square, stretched out Leintuch and to him he sees four corners of the cloth four "animals": the lion, Bull, the angel and the eagle. This are four faces Of God, four corner points of the universe, four most important ones Signs of the zodiac of the Zodiakus: Lion, bull, Aquarius (Angel) and Adler*. The latter is called in his lower ones Form scorpion.

* See: Elisabeth Haich, inauguration.

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We find the same four signs of the zodiac in the symbolic ones
Representation of four evangelists: Markus-Markus' ^ln, Lukas bull,
Matteu-Matthäus' ^ln and Johannes - eagle, latter in his
lower form Judas scorpion. Also apostle Paulus speaks
about the effects of the world body radiations in his 1.
Letter to the Korinther (15, 41): » Another clearness has that
The moon, another clearness has the sun, another clearness
if the stars wear, because a star excels the other
Clearness. «

The rays, the frequency of the sign of the zodiac scorpion
correspond with the frequency of the creative strength,
in her higher octave, in her spiritual form, than highly flying
Eagle, by apostle Johannes, that his head on
to Mr. Christ has, will represent. In her lower physical ones
Form as the sexual strength, as the self-committing suicide ones
Scorpion it is symbolized by Judas. Christ - logos-
prophesied about Judas: » He my bread isset, that kicks me with
To feet. « And: » One among you will betray me. He is it,
I dip bite and give. « The sexual strength,
the life in itself carries, Judas, » the purse on itself
has «, it is nourished by the creative principle - Christ-,
» to him he dips bite and gives «, and Judas betrays him
with a kiss: » Of Jesus spoke to him: Judas, you betray
People son with a kiss? "-" Kiss « is an erotic one
Action, thus sexuality. The black-magic person,
already about his creative forces - about the " purse
« - orders and itself still with the body identified,
steers thus his spiritual forces from above down and, in
sexual strength converted as a physical luxury, as
End in itself

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is economical, gives his Christ - his creative-magic
Logo forces - from, he betrays him, he delivers him of the material ones
Level from. Judas sold Christ about thirty silver talers (this
if there are thirty degrees of the sign of the zodiac a scorpion, with
to the sexual organs common oscillation has and that is exactly why
the sexual organs and the sexual strength symbolizes),
and at the moment, in that the divine, from him
betrayed and spent, on the cross dies (cross: Symbol of her
material world), Judas must die naturally also,
but by suicide. How it stands in the Bible: at the moment
of the death of Christ on the cross hangs itself and dies also
Judas. With the creative he also committed suicide, because
the divine-creative and the sexual strength both logos
even, consequently with each other are identical. If the creative one
By virtue of a person by excessive life,
by excessively spent sexuality betray and as means
to the pleasure is abused, the sexuality also dies.
Person loses his power, loses his central, suggestive ones
By virtue of, it becomes a soft character incapable to opposition;
he is split by the varied influence of the outside world,
destroys and his biggest enemy, the fear, as
Prey delivered.
Judas killed the creative principle - Christ - and himself
even and kills it also today in every person, his

to higher qualities abuses and uses his mind in addition,
the thoughts incessantly in the sexual organs
to steer, that his senses and sexual glands with stimulating ones
Food and drinks and also with mental aids,
with pornographic reading, films and stage plays
whips up and his sexual forces excessively and

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anormal realizes. This goes of course with alcoholism and
to other addictions hand in hand. The experience shows, that people
with such a life-style, and also those,
with excessive masturbation her creative forces
excessively waste, sooner or later - unfortunately, rather earlier
as later - in willing weakness, in mental destruction,
Darkness and fear go to ruin. (The temporary masturbation
in the developmental age this damaging result does not have
absolutely. Here becomes only about morbidly excessive masturbation
spoken.)

The easy person of average consciousness level
if is no Judasmensch and can also be it not. He has
from the possibility of a strength change generally none
Notion. He can do his forces neither from below upwards nor
from above down steer and convert. If such
Person to his sexual wishes gives way and a normal one,
healthy sexual life leads, he sins against his in
Unconscious living creative principle not, because one
healthy sexual life just no sin is! He pulls none
be identified to divine forces in the body down, he
higher which he is not aware at all, not
with the body, consequently he can do himself to his higher even
do not bring near, still abuse less it. He only surrenders
normal way physical sexuelle forces and not creatively
spiritual forces from.

The nerve center and cerebral centers of the people are in such a way
procure, that they the logo forces in a steady one
Development bit by bit on every step of the Bewußtwerdens
reveal. However, the earthly life causes, that this
Centers not

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always steadily, from below started higher and higher up to
to the uppermost centers, awake and become active, but that
with some people - unfortunately, nowadays as a result of them
Civilization with many - some of the higher centers earlier
from her latent state step and become active as them
to the lower ones which should be activated first. This irregularity
causes all kinds of mental and also physical illnesses
and Abnormitäten, to quite serious and heavy ones
Ichspaltungen can lead and, unfortunately, also lead!
Consequences of two world wars, the different technical ones
Discoveries, to use the humanity still
long not is ripe enough, and the big tear, thereby between
of the nature and the person has originated, have to
Result, that in our times, how any time of the destruction
and the setting of big cultures, alarmingly with many
People an irregular activation of the latent nerve centers
has already entered and in still rising magnitude
threatens to enter, with the white race as well as with him
to Asian and African people. Who has open eyes

sees what happens on the earth. Emotionally ill people,
suffer from inferiority complex and power mania,
stopped in the age of puberty, thus in reality never
Adults became, still on a very low one
Step of the Bewußtwerdens find and still already
hypnotic highly magic forces dispose, take among him
People positions one in which they activated with theirs,
crucial, highly popular energy the human masses
carry away, and donate thus in political like in the economic one
Lives with her own and also with others
To people aller98

the biggest damage, to similarly irregularly developed,
more primitively, but about magic-piercing energy
disposing other person them from the saddle lifts, from theirs
Position hinausdrückt and the general public if possibly
adds still bigger damage. No miracle, that on the whole ones
Earth once there, another time there, completely chaotic ones
States rule, that the people each other like great-furious
without real reason massacre and a quiet one,
natural-happy life on the earth - to the God to us them
Possibility richly has given - nearly completely impossibly
do. Today there rule in general fear, restlessness, inability
and misfortune in the world. The person has himself
by the Judasmenschen, which the highly spiritual creative ones
Forces in the service of her lowest desires put,
already nearly completely lost.

These are the dangers of the tree of the knowledge of the good
and bad persons! A person, become knowing, without to itself his
to moral forces have developed in parallel in addition, him
Circle of itself not yet on the general public vast,
thus his selfishness not yet in universal love
has converted, the danger carries in itself, his higher forces
vice versa by his knowledge, from above down guided,
unnaturally - black-magically - and for the whole humanity
to use extremely injuriously. Only "knowing" people,
her nerve center and cerebral centers not in the balance
have developed, could the higher spiritual revelations
of the self-, like literature, theaters, film, art, music, in
Service of the lowest forces, in the service of the unprincipled ones
Demagogy as well as in the service of the sensuousness, eroticism,
Lust, ob99

szönen sexuality and the pornography put. The animals are
not to sin capable, by sexuality. If they by them
healthy strength of the nature are excited, they live them completely
of course from, generate progeny and enjoy
also the joys of the healthy sexuality. With it is the whole one
Affair for them does. Of the still underdeveloped ones on the one hand,
however, on the other hand quite half-knowing person shows initiative
to his mind all kinds of methods from, like his senses,
even if these do not wish it at all, by artificial ones
Means are whipped up and are brought even more in excitement
can, only around the pleasure and the perverted lust
for the sake of. The healthy organs are weakened by these means
and degenerates, because they the addicted people
her healthy forces out with other pleasures serve
must go. Naturally are useful the low-standing underworld people
the weakness of the people from and build on it

the dirtiest shops and enterprises, how to
Example narcotic caves and similarly tiefstehende revelations
the underworld. The person, they her life energy,
indifferently whether from misfortune or hedonism (they her spring
also in the misfortune has), excessively in her sexual organs
steer, so that this bit by bit from constant irritability always
new satisfaction wish, forces remain less and less for
the functions of higher organs which serve the spirituality.
Result of it is weak willpower, constant ones
Frightened feelings, mental and physical weakness and
Widerstandslosigkeit, Inaktivität and life inability. So
if the person loses his higher spiritual abilities, becomes
bit by bit senile and extinguished.

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THE MAGIC FORCES

SUGGESTION, HYPNOSIS AND MEDIALITY

In this became and become still quite often expressions
how "magic", "suggestive-magic" or » hypnotically
magic abilities and forces « used, one
closer explanation need. Since this and similar ones
Expressions became in the past and also become in that
Present of many people in so different sense
uses, that her contours indistinctly and blurred
became. Therefore, it is necessary, about the meaning this
To say words something to avoid misunderstandings.
What suggestive or hypnotic forces signify, we have
already everything gets to know and can observe. We know, that it
People gives, them to her will on others - even on animals-
can transfer. We know, that this transference from
an easy influencing of Überredung to itself to suggestion
and, in the end, increase up to consciously explained hypnosis
can, by the "other" to the foreign will subjectly
becomes. He becomes in the hand of the strength-transferring person one
unaware tools, to him completely

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delivered, his will like I and brainless puppet
explains.

Who is able to transfer his will on other people,
if is the magic-suggestive or magic-hypnotic
Person. That against it, the will of this "magician",
of the Hypnotiseurs, explains, is the medium.
If we observe such power transmissions only from the outside here,
if we can perceive only the effects, after
outside appear. And even if we this with
to the biggest thirst for knowledge observe, we can nothing else
ascertain as the existence of such phenomena. How they, however
become possible and what for suggestion, for hypnosis and mediality in
Reality are, only that can get to know and know,
such power transmissions either as more magic-hypnotic
Strength-transferred - as a Hypnotiseur - or as a Kraftübernehmer
- as a medium - in itself completely consciously
has got to know and has observed. We stress the deliberate one
Experience, because most people who own these forces
and with them work, maybe world-famous Hypnotiseure-
or media - became, but still had no notion and
have what her own forces are. They can do them
Phenomena and laws of these forces, the other people

in possession get and on them work, only from the outside describe, because they these forces not consciously, but unconsciously in her possession have and use. They see and observe only the effects, but the strength and theirs Functions do not know them.

In itself to get to know these forces consciously and they to observe, is not light. It is in addition absolutely one

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innate ability inevitably. Still less easily it is, these experiences and experiences, if it has already succeeded, to experience consciously them, to touch in words and to those, none to immediate, own deliberate experiences could collect, to explain. It is equally difficult, how to a blind person to explain, that one certain oscillations, which one, indeed, with nevertheless, to the mind understands as "oscillations", with him cannot perceive, with the eyes quite simply immediately "sees". Even more difficultly it would be to be explained, that one with to this "seeing" does not see the "oscillations" - that one generally perceives no "oscillations"-, but that one sees "light" without being aware, that this light in Reality a number of measureable oscillations is.

Thus it is with every mental experience. One can do it only by own, immediate experiences and being states in themselves perceive, experience and consciously do. The mind if only something can understand, however, never perceive, see, hear, taste, feel and therefore immediately experience. Is still it only with his help possibly, the internal, mental ones To transmit experiences, because the mind is alone: capable, To create words, to understand words and the unexperienced understandably to do. Only the mind is able, between

To hit unknown and knowledge a bridge. It becomes here on grounds of immediate experiences an according to mind one Explanation about that given, what under suggestion, hypnosis and Mediality is to be understood.

We know, that the person from the universe and from his Surroundings various rays receive and take up.

He radiates also also from himself different ones

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Energy from, because it is an independent center, "I". He has seven main energy centers - the "Tschakras"-, by which he takes up the energy shining from the universe, transforms and in sevenfold form of energy in his body how in his surroundings and the outside world hineinstrahlt and transmits. Because these energy centers to itself with the person in general not yet in activated, but in more or to less latent state consider, they function according to the developing step of the person various, and therefore, it is natural, that quality and quantity of her Whole radiation of different people also passed away very much are. This hangs from the individual developing step of the person from.

We know from the scientific wave theory, that they Waves of the various radiations on each other restorative, but also weakening, look even destructive can, according to the relation, between the kind and Length of the waves exists. If different waves each other in the way hit, that they partially with each other

swing, then they look restorative on each other, work against it the waves weakening or even destructive on each other, if they swing mutually, because thereby in the continuity a gap originates. She calls these destroyed places Science "interferences".

The radiations of the people look natural according to the same laws, because everything is analogous. Hermes Trismegistos said: » How on top, thus below. « You work on theirs Surroundings and on her outside world, indifferently, whether to itself in it Plants, animals or people consider. It is a fact, that

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in the present of affectionate people everything is animated, in of her surroundings the plants more freshly and more excessively prosper, that children and animals in her care healthy and strongly and also all adults in her nearness gesünder, more freshly, stronger, become happier. Against it there are others, in present all plants perish, in surroundings children and animals become sickly and become weak and they, from theirs People avoided, more and more lonely and become more isolated. We can observe the supporting effect well with born ones to good doctors, orderlies, masseurs, gardeners, but also with the people who have no such occupation. Maybe it is a father of a family or a mother, one in the family old become nurse, sometimes an "uncle", friend or one The occupational colleague who are liked in general, because they strikingly stimulating, wholesome radiation have. They move every living being in and are everywhere beloved center in the human society and her unities.

What is the secret of these people?

The secret is, that the higher the frequency and the shorter the waves are which a person emits, they to himself all the more to certain frequency, oscillations and rays bring near, academically are not still noticeable and which we immediately experience and simply "love" call. The frequency of the love are the aller kürzesten waves, the topmost ones Frequency; they are so penetrating, that they any other form of energy come through, penetrate and even convert.

Nobody and nothing can resist this frequency, nothing can isolate itself against it. They are the highest, divine ones A frequency, because love is GOD!

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The people also emit lower oscillations, since every state, every feeling, every thought, every distinct one Word and every action has lower or higher ones Radiation and effect, and accordingly work this Revelations engagingly or repellent, restorative, weakening or destructive, giving or taking.

There are people, these radiations as clearly and immediately can perceive, how all living beings beams of light with the eyes see. However, about that one can only according to mind explanations give, by analogies and Similes, how one, for example, telepathy by the analogy with radio or with television can make clear.

The person shines, combined like all living beings, thus Energy from and is so surrounded by them, as a lamp from to her own radiations - light, warmth et cetera.

This compound radiation is with every person

individually passed away, and the more a person in his protect itself has become conscious, the stronger he helps his radiation on his surroundings, on plants, animals and people. How a lamp emits light and itself in one bigger light considers, the stronger her light is, thus the person is in his own radiation, and as far as how this reaches, his spiritual vision and also reaches his will. How the big lamp by smaller hindurchstrahlt, but the small lamps by bigger not hindurchstrahlen can, thus durchstrahlt the more self-confident Person the even more unaware - he sees them-, without they him durchstrahlen and could see. The history of her Humanity shows numerous examples, in

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their geni her people with her spiritual eyes have analyzed and them clearly have recognized, these have again they neither seen, nor recognized, them have even often one such titan ill-treats, thrown on the pyre or in other way killed.

The big person sees his people, they see him, however, not. As well as the radiation of the bigger person the smaller one penetrates, his oscillations the waves to others meet and in this thereby strengthening, maybe also assuagements, even interferences cause, in to the same litre of beer becomes him other likeable, unpleasant or repellent find. This is also the case, if People of the same developing step meet and on each other work. It can happen, that in spite of same one Developing step one in a direction developed is as the other, against it in another direction subnormal, in that has already reached a higher step. Therefore it can Be a total sum of her development the same one, still if they can according to her arrangement on each other restorative, weakening or - by interferences - repellent work. In the being of the person mathematical ones work Laws, like in the whole creation, because also the person is created according to the mathematical laws. This is why find we people to us mutually sympathetically or unpleasant, if not repellent.

If a person of higher developing step on one low-standing people works, then it can happen, that the oscillations of the stronger those Weaker meet so, that they in him certain frequency

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intensely these oscillations strengthen by which in the weaker become dominating. In other words: His in him to quite available qualities, maybe unconsciously and weakly if not were in a latent state, become by the similar radiation of the stronger person suddenly vividly, consciously and strongly. Then we say, that of her Stronger one him has "suggested". With suggestions loses to her If his own willpower did not suggest, however, he remains he even, because his oscillations also remain what they were, they if his own radiations remain. Only certain components of his oscillations became by resonating To stronger ones stresses, reinforced and consciously done. His Willpower was not weakened, but from him

to others still wakes. From an obsession none is
Speech. Obsession, that is hypnotized state, comes
only, when the stronger person with his
Frequency penetrates into the weaker and by them
Oscillations, with both on the same denominator
can be brought, to themselves in his most internal being hineinbohrt
and takes him in such mass in possession, that his
Willpower shrivels and he to itself of the foreign ones
Power, to the will of the other, more and more proves. This can
so far go, that the stronger, thus in this case to
Hypnotiseur become, by the common oscillations
the weaker, the medium, so strongly in possession takes, that he
also his remaining, with him not common oscillations
by force changed, they, so to speak, on his own picture
transforms. The medium is thereby forced, after all,
so to take up many foreign oscillations, that
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his own consciousness edges out and in a latent state
it is moved. This state can do different degrees
reach: that of the easy suggestion, by verbal Überredung,
up to complete hypnosis, up to complete appropriation.
Suggestion is a state, in the suggested still
his self-determination right maintains and with full one
Are aware the wills of the suggesting takes over.
From suggestion becomes a light hypnosis, if they
Effect of the suggesting the will of the suggested
bit by bit so far weakens and edges out, that be these
Self-determination right unconsciously surrenders and the wills
now completely to the Hypnotiseur become to itself blindly
acquires and his languid tools becomes.
In the state of the complete hypnosis have hineingebohrten
to foreign oscillations of the Hypnotiseurs the medium completely
filled, it in possession taken and thereby to him
delivered in unconscious state. It becomes in his power
pliable tools, because he have the consciousness of his
Of medium edges out in the deepest depth of the unconscious, so that
it explains his will automatically. That this state
Of medium as positively, for example, for healings, how
injuriously and criminally can be used, is
allbekannt.

Now here a very important question appears! We have
seen, that the stronger, that is the more deliberate (then them
Strength of a person depends always on it, to what extent he consciously
has become), suggest to the weaker his will,
force him even completely under the yoke of his will,
that is can hypnotize. How, however, it comes, that often
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a very deliberate, very strong person on his people
exercises only one low or generally no influence
and the fact that by contrast enough people are to be found,
, not at all very consciously and on no high developing step
standing, nevertheless, on many other strongly, suggestive
and also hypnotically work? There are enough examples,
that big genii on her people no suggestive one,
have still exercised less a hypnotic strength - and exercise
-, against it mediocre average people often attained
about big human masses hypnotic power and

if these also used, or they became famous Hypnotiseure, the healings countless with her hypnotic effect accomplished. Other again weak characters influenced in criminal regard.

On this question mathematics gives an answer.

We do not want here thoroughly about figure theory or Numerology speak. At least, if we the internal laws of the human being better want to understand, it is most simply to take the figures for help, because of her Person - like the whole creation - after mathematical ones To laws is created.

We know, that it in the row of the natural figures endlessly many gives which are divisible, namely not only by Number One and by itself, but also still by other figures. However, we also know, that it endlessly many Figures gives - even about millions going big figures-, only by the number One and by itself, but by none other number are undivisible divisible, thus. These figures calls the figure theory "prime numbers".

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As already mentioned, the people, like every energy center shine, different oscillations and frequency from.

These have certain the people characterizing ones Frequency. Because the people endlessly many variations of the different characters reveal, are the frequencies of the people likewise passed away so numerously and, that they also of the category of the divisible - divisible-how of the undivisible - indivisible-, thus of the prime numbers, can belong. If we follow the law, that they Waves of the different oscillations only on each other can work, if between them certain connections, Resemblances or even identities exist, we also become understand, that a stronger person only on another - to weaker - can work, if the frequency Stronger by the frequency of the weaker divisible is.

Now we can understand, that a person, to one lower developing step hears than another, even more suggestive and even hypnotic strength can have as others, because his frequency belongs to the figures, by many other figures it is divisible. If we take, for example, them Number Sixty. It is no big number in the infinite row of the figures, still she is divisible by twelve figures - by One, Two, Three, Four, Five, Six, Ten, Twelve, Fifteen, Twenty, Thirty and by itself. A person, we could characterize with the number Sixty, can on twelve different human types suggestive or hypnotically work. If we take the number 257, however, as an example, if we discover, that this number, although they more than four times it is big

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how the number Sixty, in itself, nevertheless, only the number One and themselves

even, but no other number contains completely, by which them it would be divisible. It is an indivisible prime number. A person, this or a prime number much bigger maybe still characterized, become on nobody suggestive or hypnotic ones

By virtue of can exercise, even if he on still in such a way high step stands. He remains between his people isolates and powerless, because his forces with other forces do not correspond and are blocked therefore. We find enough other examples, in which in the contrast to a sophisticated person another from a lot lower developing step, thus easy, more primitively Person, a big suggestive and hypnotic strength emits, because the sophisticated maybe the number 65537 characterizes and the primitive, we take as an example, the number 12. Although 65537 a relatively high number is, it is still an indivisible prime number - has closed no access to other figures. Against it the number 12, if they still has in such a way is small, to six figures of access, because they with six figures (Half of her own number!) it is divisible. Consequently this has Person compared with six human types a suggestive power - of course compared with such, on a still deeper one Consciousness step stand as him. The average people stand just in general on no high consciousness step. Thus we also understand, why it is possible, that not seldom genii of high standing among the people lonely, leave, without contact and without every suggestive power stand there, against it limited, undeveloped people - unfortunately, very often one 112

primitive foreteller - an incomprehensible power exercise. Naturally a person of a high step, can we could characterize, for example, with the number 30240, on big human masses exercise an entitled power, often without he wanted it. It becomes everywhere sympathies and Followers are found, because very much few people his crucial suggestive and hypnotic strength and Power can take away. Completely big human masses become with him resonate whether they want or not, because the number 30240 is just divisible with ninety figures. This person becomes Access to ninety human types have, thus a huge one hypnotic strength own. Also it also clear, that some people him from full heart will hate! Besides if this number still is less than half from before as an example taken number 65537!

If we look at unusual people, how to We can do example Moses, Buddha, Konfuzius and Jesus, to us introduce, what for high frequency these » white magicians « had and have emitted, with what high frequency we these and all the other big teachers and masters would have to characterize, if we this frequency would know! These completely tallness worked not only in that Time and in the space - when and where they lived-, but theirs Effect works in the atmosphere of the whole earth for time and space up to the today and in all eternity. I do not give examples about black magician intentionally. And now the question appears: What is the difference, in Regard on the figures, between sophisticated ones of high standing The people whom we call » white magicians «, and 113

their reflection, also sophisticated of high standing, but black magic the exercising person who were there always and up to the today are there?

Every person who suppresses the self-determination right more different or even takes away, around these people as puppets to use to the fact, that they to his egoistic purposes serve, is already a black magician. With human means can and should fight every in the world, but not with to magic forces, still less with the huge magic ones By virtue of and power, which we by the change of the sexual ones By virtue of win. An of high standing one may this strength and power Person use only in the interest of the big whole, because he must know, that we everything, also he, only one tiny cell in big whole are. If a person steadily develops, if his energy centers still resting in the latent state in the right order, one after the other, are activated, then he has, until he his highest energy centers in use can take, already his internal, spiritual ones Eyes openly, so that he has already recognized this truth and sees clearly and no wish for it has, his magic-hypnotic By virtue of egoistic, from power mania, to his to use to personal purposes. Not because he » so unselfishly « is or wants to be, but because he to itself with the big whole completely feels one and from pure selfishness the welfare At whole looks and the welfare of the whole with all his one magic power and strength serves. Since there is only just one Love: the egoistic love. The difference is only, whom and what I in the circle of my egoistic love includes. I can do a person, maybe an animal, one Family, one

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human society or union, a nation, whole earth or the universe in the circle of my egoistic ones Love hineinnehmen. Then the people call the same » egoistic love « » unselfish love «, because I the circle my own love vastly and the whole universe hineingenommen has. However, the love has not changed at all, only develops. At the beginning I love each other, then I love to End the whole universe like me, better expressed, than me because I have developed and with it also has itself my love develops, and I recognize, that the whole universe I am! - Action tvam asi!-

The " white magician « never becomes the consciousness one to others want to edge out, his own wills in him to others assert and enslave him, but reverse, he will still help, the consciousness of the remaining ones To develop people, that to itself this then also from free one For the sake of in the service of the divine intentions and plans put. The white magician remains in his own center, shines but from there, from itself, stimulating forces of the love, thus the life even from. He also releases the other and without influence in his center remain, so that be these Consciousness and his whole self-determination right not only keeps, but with the help of the white magician still higher develops.

The black magician against it uses his creative ones Forces from loud power mania in addition, other people in to pull his spell circle and to use them as slaves. By suggestion or by hypnosis he tears the center of the other in itself and leaves this as one around him to circling ones

Satellites to his personal, egoistic purposes die
nen, without consideration, whether the other in it emotionally or physically
as a basis goes.

The white magician remains in his own center and
if the divine-magic shines from there on the whole outside world
By virtue of the love. The black magician reaches in in the inside
of the other, bores in into his soul, penetrates him
with his will, destroys him and does from him one
unaware, him serving machine.

The white magician remains, if he still so high frequency
emits, with his consciousness in the number One, in the number
Of the GOD who himself is indivisible, by, however, all figures
are divisible till the infinity. He works by them
Number One on every living being with the most irresistible ones
Radiation and strength of the love. The white magician remains like
said with his consciousness in the number One and shines from
there in the infinite. Therefore he is completely impersonal,
The black magician steps with his consciousness from the number
It reaches one, from the unity in the Vielheit, very much
high number of the knowledge and the power, identifies with that
high number of his own, personal frequency and becomes
thereby a completely big personality, only her own
to personal interests sees and promotes. That in the end everything
Horribly which a black magician causes, on his own
Head falls back and he takes a dreadful end, is natural.

The number One is the number of GOD. Without number One there is
no other number. The number One is the beginning, how it without
GOD no beginning, no creation gives. The number One is
indivisibly how GOD is indivisible. All the other figures are
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by the number One divisible, because the number One in every number completely
is included and is filled from her, even the biggest one
Prime number must arise without resistance and from the number
One allow to penetrate, how GOD the most isolated person
with his irresistible strength of the love penetrates,
glows through and the isolating bark with his fire
destroys.

GOD is in the whole creation, from smallest up to him
the biggest creature, completely contained, because GOD the father of her
whole creation is. Also the number One is the father all
Pay!

The number of GOD is the number One. However, there is one for
human, limited mind inconceivable number, this
Reflection of the number One in the infinity is. How the number
One the exit of the whole creation is, this is
inconceivable number the fulfilment, the end of the creation. How
every number by the divine number One is divisible, this is
Number of the fulfilment and infinity by every number divisible.
No scientist can work out this number, because she is
the number of the infinity, and still exists they as this
all comprehensive endlessly big reflection of the number One. So
how no number can exist without number One, also can
no number exist, without in this inconceivable number of her
Infinity completely to be contained.

GOD is the love, and the frequency of the love is in such a way
high that they can be expressed only with this number;
it contains all the other figures in herself and consequently is the number

the infinity. How the eternity which knows itself no time, however, only by the time which belongs to the limited creation, allows to bring to the expression, we can only by the Erl17 The last, highest tarot map, big which knows no gender, because it combines both poles in his consciousness, leaves on his Palm the small "person" who is a physical being and to belongs to a gender, how a small puppet as revelation tools dance, according to her role in the earthly-material world.
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Mestrovic: of the forever crucified Ottavice.
The unaware person does not know, that in his unaware GOD lives which is true in reality his, higher Itself.
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kenntnis of the restricted limited figures the endlessly big one Number of the frequency of GOD - the love - anticipate. The eternity even is free of time, the time is still in that Eternity. Thus we find endlessly to many limited figures in the infinity, in the eternity, they no finiteness and Disunity knows: in GOD.

While the number One is the number of GOD, the immutability, Unteilbarkeit and eternity of GOD expresses, forms they, nevertheless, every number till the infinity. How GOD everywhere attends, everything creates and animates, without he of his Creation would be touched, the number One forms all figures and if existence, without they from is economical to them by them and her built up figures would be touched. And how the number One, it creates all figures, starting point is, is her reflection the number of the infinity and the fulfilment, they all figures in abstains, the end of all creation and finiteness. There if there is only Nothing from which all has come and where it are absorbed again and will disappear.
Ours I is a GOD, the number One in us. But in the fulfilment if this number one reaches up to for people to inconceivable ones Number of the infinity. The way of the person leads from the number One, by the birth of the consciousness, up to the number the infinity, where we whole all in a consciousness summarize.

How the first Urton of the creation by his own overtones all remaining tones has created and we only these the only big Urton with the whole universe to penetrating ones By virtue of hear, if we the overtones at the same time
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allow to sound, we become by the stimulation of all oscillations the number One, just one, the whole universe fulfilling ones divine Themselves become. And once become all people, all living beings, the whole creation by everything crucial strength of the Urzahl One filled, durchwärmt, animates and wakes and to a new, everlasting life called in GOD.

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SEVEN STEPS OF THE JACOB'S LADDER

As long as the person is still an unaware living being, if his logo forces look in him unaware, automatic, According to the laws of the nature, how with the animals. His sexual one By virtue of works in him still as a purely animal-physical urge, him floats to it, by stored genital strength unpleasantly to get rid of growing tension in his nerves.

His state of consciousness is appropriate also nothing else than an animal unloading urge. From love has he still no notion, because he is in the unconscious to slumbering ones Urge for love spiritually do not experience yet and reveal can. His higher centers are still in the latent one State, his heart is dead. From this false death wakes him his sexual urge. In his physical excitement, put on by his sexual strength, he goes instinctively on the search after a partner. The nature outwits him. Since the whole one sexual excitement of the living being is for no other purpose to testify there, as around progeny, the big stream to continue of life, around the big purpose, the Ver122 to reach geistigung of the earth. The primitive person has from to all that no notion. He follows his sexual wishes after satisfaction. The life equipment of the person and however, the general human customs mostly permit to him not that he can enjoy life, as soon as the desire him to Unloading irritates. Whether he likes it or not: he is forced, with the satisfaction of his desire shorter or longer time to wait. Even in the primitive black and bushman trunks if the ripe become boys with theirs must go recover sexual loading up to the big party wait. Only then they are initiated into the secrets of the sexuality. Whether in other earth parts or in the west with the white races: it is a fact, that the person with his desire at first must wait, until he finds, in the end, a possibility, his to give satisfaction to sexual wishes, while an animal, from Gender desire strike, looks for a suitable partner and gets this mostly immediately. The position asks from People a shorter or longer time of the waiting. During this waiting period the tension increases in him and because she finds no immediate freeing on normal way, if this strength by the nervous canals searches another way, to discharge. The dissatisfied tension increases automatically, and thus becomes the person with higher and higher ones Oscillations, to higher and higher frequency charged. If but the frequency of a strength increases, the strength is also no more the same which it was before. First even if still so small change of the sexual energy is already happen!

The new tension increased by the Aufspeicherung
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works with her higher frequency now not only on his to sexual, but also on his higher organs, are able to carry the raised frequency and to reveal. The desire works waking also on his mind, he breaks to themselves the head after an idea, around a solution to find. The physical wish wakes up his consciousness, and in such a way if the first - even if only dawning - is a realization carried out. Sooner or later he also finds the opportunity, to realize his sexual wish, he does not need him to edge out, and, nevertheless, the first step is for the change the gender strength done. Of course does not go so simply and quickly as it seems after this representation, also it is Effect passed away with every individual, however, this Result is the same. As was already said, the person, as far as he develops

his higher nerve centers not yet in activated state has, consequently his sexual forces not yet in creative ones Energy can convert and still temperately lives, in himself morbidly nervous, often very dangerous states, which they today's psychiatry "displacement" calls. If he, however, in to the same developing state his sexual desire only on shorter time hides and then unhindered realizes, caused he no displacement. He has in his still to unaware ones State on the way of the change of the sexual ones. Done by virtue of the first steps without wanting this. What has him in addition constrainedly? The dissatisfied sexual strength. The sexual one By virtue of helps in us to convert the sexual strength. She has her tension higher heated, just by the being absent one Satisfaction, and has the consciousness with a spiritual An124 strengung already around a low one highly and vast. And thus the person rises step by step every time, when he his to sexual wishes can fulfil not immediately, on the leader Bewußtwerdens a Sprößlein higher, until he reaches the degree, on he suddenly not only his physical wish, but also his Selbstes becomes conscious in himself. However, driving force does not stop working in him and does him with her always recurring increased tension further, helps him and forces him, bit by bit accordingly to experience higher states of consciousness. Bit by bit he becomes they Step reach, on which he in his excitement no more one purely animal unloading urge, but the first light of a human togetherness experiences and reveals, even if in a still primitive physical devotion. May this still nothing else than passionate acquisitiveness and Be a bondage: a new human respect originates still between him and his partner, which he during of physical traffic closer got to know. The first tenderness, the first precursors of the love appear. So if his dead heart becomes with the time bit by bit durchwärmt and wakes. He grows from the purely sexual urge for one Unloading on the higher, on the second revelation step- on those of the being in love. And because he also starts, from unimportant mass person to an individual to become, he is also no more indiscriminate with every partner contently, but goes on the search after better to him to suitable, his developing taste to corresponding ones Partner. Maybe there pass several lives, until he from the primitive, unaware prehistoric man, as which he 125 began with his development, this step achievedly. There is enough time in the eternity... The primitive person, still in the prison of the slow ones, to natural and Äonen durable development incarcerated, catches maybe only in the next life on the third ones Consciousness step in. Now he does not live his sexual urge more at random from. He becomes more fastidious and also tries, to like his partner. His connection with to other gender belonging person becomes a mixture from sexual wish and solidarity, combined with acquisitiveness, they primitive and very egoistic ones, but already a low form of the love is. Be originally purely sexual urge has changed into being in love,

him binds to a certain person. This
Being in love still becomes by the fire his of the waiting
increased sexual strength heated. His sexual wish
against it is increased by the fact, that he this only by him
selected person hopes to agree. Those already higher
to done sexual forces also work increased on them
to higher centers, if they in her unloading on obstacles
bump. They often enable mediocre people for unusual ones
Achievements. We could do numerous examples from
of the history of the humanity enumerate which prove, to
to what keen and subtle achievements lovers
by her dissatisfied sexual wishes are able, if
they the inaccessible dear partner in spite of all obstacles
want to gain. The dissatisfied sexual strength looks strong
stimulative on the higher centers, above all on him
Mind. The fired mind promises the lover
the highest luck

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by the satisfaction of her sexual wishes. By this
Countereffect the being in love is increased and they become
get to found a family already because of love. If he be has
The sexual strength her way finds purpose achievedly and married,
as a sexual strength and can satisfy itself unhindered.
However, mostly become then from keen dear heroes
and heroines contented and dull spit citizens, to
Fate chances they demand to renewed strength change.
The man - in the trap of the nature - starts, more in his
To think work, around his family a better life to
protect, even if not yet completely from pure joy in
Creating. He tries to perform more. Thereby he is forced,
to steer more strength in the higher canals and he lives one
bigger part of his creative forces by these canals
from. Thus he becomes, the average person, by his sexual one
By virtue of, by his being in love, in addition constrained, his driving force
to steer partial on the mental level and in forces of thought
to convert. He learns bit by bit the joy in that
creative work know, and with it he experiences at the same time
first time a kind of assurance. His self-confidence
grows and extends. With the time and habituation
if his acquisitiveness and compared with desire his changes
Lifelong companion, now also the mother of his children
has become, in a mental-human connection, in one
affectionate, informal togetherness, in already
higher, more unselfish form of the love.
Thus he steers unnoticed and unconsciously his sexual forces
more and more in higher centers, and bit by bit he reaches them
the next, the fourth step of the Bewußtwerdens. He starts,
always

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to take up higher frequency and to emit. These irritate
and open even other higher nerve centers; he starts,
to think even more, and no more only about it, how he his
Desires even better give satisfaction, how he for themselves even more
could create sensuous sexülle joys and pleasures. He
begins to be interested also in higher things. He looks
more contents in his life, he become bit by bit even more individual,
he knows him also in the physical love only one, that

emotionally to him satisfy suitable understanding partner
can. He looks and expects from the dear partner similar ones
Denkungsart, similar taste. With his increased ones
However, to claims in the love he finds more and more seldom them
he can do right partner and with it also more and more seldom full ones
sexual satisfaction find. The higher the taste, the
heavier to satisfy him. His dissatisfied and
to stored sexual forces force his consciousness
to rise more quickly, still higher and also higher frequency
to perceive. With it he activates the nächsthöhere nerve center.
His interest is directed on the knowledge! Thus reaches
he the fourth step and grows into them. He catches in to study,
to learn, he would like to solve the secrets of the world.
His spiritual horizon breitet to itself from. His creative ones
Now forces reveal themselves no more only by him
Body as a sexual strength, but as feeling forces and mental forces
and as a reinforced willpower. He does "career",
if a leading position maybe takes, he rises from him
Mass people out. By the fact, that he a higher life tension
in himself carries and on higher frequency consciously
he became, steers also in his sexual organs higher Schwin128
gungen, accordingly is also physical sexuelle his
Power a lot become stronger! The higher the consciousness stands,
the person can do the higher and stronger energy also in
his deeper nerve centers and organs steer, and accordingly
he has higher joys in the sexual unity! In addition
if he needs, however, a partner as of high standing. He looks in
to his dear life equal, understanding ones,
valuable woman, with which he deep mental and spiritual ones
Connection can have. He already has the experience and knows,
that really luck-giving joy and perfect satisfaction
in the body as well as in the soul only with a worthy one,
for equivalent partner it is possible. She must the ability
own, to him till the immediately highly increased frequency to
follow and this also with her whole being, from one
passionate and nevertheless elated love glowed through, to
answer! He already knows the immense difference between
Quantity and quality and also lives afterwards, because he no more
differently can live!
Deep-sadly it is, when a person of a higher one
Developing step in the love completely high tensions realize
and could give which cannot follow partner him, however.
How frightfully only such a person feels!
In the seashore one finds with low tide countless mussels,
, thrown from the waves in the land, dried out by the sun,
lie around. As a child I tried those
To fold up mussel halves that they became one again.
There were many easy ones which were quite smooth and also one
smooth, level edge had. Even if two halves not from
of the same mussel were, nevertheless, they mostly well fitted,
and I could close them again. Quite rare
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if were the mussels which were not level but on
Backs and on the edge corrugated. They were much nicer and
more differentiated. I could fold up this only properly,
if both halves of the one and same mussel were,
thus only if they belonged together. With a foreign one

Mussel half they did not harmonize...

Thus we are people also. The primitive person would find many partners with whom he could live in peace. The man if the existence creates, works for the family; the woman provides for the man and for the children, then carry the loads of the life in peace with each other. The custom, the common ones She connects children and the family, but without deep spiritual ones Togetherness, because they just not yet spiritually, still are not individual. The more spiritually, the more differentiated and more individually

a person becomes, it is the more importantly for him, that of her Husband in every regard to his developing step fits.

The more distinctive the character of a person is, the less if he cannot live together with a dear partner, to fits him, and no peace can do it between the both rule. The higher a person stands, it is the more importantly for him, that the spiritual step of the partner, intelligence, Denkungsart, taste, up to every detail in the love, her whole nature completely to him fits. Only with her he can also a luck-giving, adequate sexual meeting both parts have, in that in the mind, in the soul and in the body a perfect unity experience.

Thus the person slowly grows into the fifth step.

On this consciousness step he is so far, that he his to creative forces also as sexual like as mental ones, mental and

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spiritual energy and also as always increasing steel ones Willpower can reveal. He radiates his forces according to to his state of consciousness in the direction of his present one Of interest partially quite purely spiritually, partly emotionally and also physically from. He has his nerve center and cerebral centers, which own the abilities, higher, purely spiritual ones To carry energy and high tensions, activated. The opposition of his nerves, his body is increased so far, that he the high spiritual frequency without damage endures and also when sexual strength can reveal by his body. In of his love he is passionate, he reveals them from one internal, spiritual togetherness. His already from Birth strengthen, to resistant sexual organs are also accordingly capable, high passionate tensions to reveal. He has become creative; all valves on five Levels, from the spirituality up to the physical ones Revelations, are open. Only two cerebral centers, which the topmost, divine frequency in the future once will carry and manifest, are still in latent one State.

If a person emits all his forces steadily, then he also has all his revelation organs automatically steadily developed, consequently a highly spiritual person lives in a very nicely formed, healthy, strong body. This It is a step, on which the person first time without damage, without morbid nervousness and other difficulties, his sexual revelation - if he wants - can surrender, because he his To manifest forces already at the higher levels unhindered it is able. Where he also his interest, that is his Consciousness steers, reveals itself his high schöpfel31

rische strength by suitable nerve center or cerebral centers and by the suitable organs. He can do his creative one By virtue of as a sexual strength reveal and as love experience, Children generate or, if he his interests in the world of her Ideas steers, highly spiritual, creative-suggestive thoughts manifest and they as a fertile seed scatter. He is intuitively and become suggestive, his hypnotic-magic Abilities unfold and manifest themselves. If we think in the big genii which owned not only sexually a big power and experienced big passionate love, but also them whole humanity with her high ones attained by inspiration and creative ideas penetrated. They testified with that New worlds created humanity spiritual children, and steered the talent of the earth in new roads, how they also a woman with physical forces make happy and with her children testify could. We know from the history, that big genii during the creating often many months without dear revelations lived. They gave all her forces in the spiritual ones Revelation from; after, however, they have with more unchanged Power again passionate love and devotion revealed. These people, at the fifth level of the Bewußtwerdens, experience in itself already the creative strength as a being state. They if they experience in themselves as the joy in the creating, as an existence, and

look in every regard magic-creative. It is uninterested, whether such a person his forces as a scientist, Politician or statesman, ruler, philosopher or as Artist, composer, painter, sculptor or author manifests. The penetrating power of his work points his Size. It is uninterested, on which place of the earth and in

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of which time these creative people lived and worked or even today live and work. They jut out and work Time and space! Their work shines above the whole earth to of every time as a divine light, and this light spreads his bright light about the world of the finiteness and transitoriness. An Aristoteles, Pythagoras, Plato or Plotin is also and raumlos like Spinoza, Leibniz, Kant, Shakespeare, Goethe, Michelangelo, Leonardo there Vinci, Tizian, Rembrandt, Rubens or Beethoven, Mozart, Bach or Galilei, Edison, Marconi, Paracelsus or Hahnemann and other titans, on the earth stayed. They looked in the creation and if people brought down and revealed, what have us they experienced at the higher levels. » There is no higher one To bring near luck, as himself to the divinity and they the person to bring down «, wrote Beethoven in a letter to this Married couple Weigeler. How big his spiritual love, that he was it when the highest luck felt, the luck the person to bring down!

Many of these genii knew the physical love and them if they also realized. However, it is not necessary and possible, to enumerate here, how many titanische people the earthly one Love have converted into heavenly love. I remind for example, to Plato - after him we call the ideal love "Platonically" - and to Dante, in his Divina Commedia in Beatrice a picture of pure, heavenly love has created.

Also the fact that they were deep-religious - without bigotry - and themselves after

GOD longed, we see with many. And we know many
Examples, that these titans on for a long time without every sexual one
Strength revelation live and without displacement harmoniously
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and could stay healthy. One has asked Beethoven once,
why he does not marry: » How I could do my music
write if I spent my forces in the married life
«, was his answer.

The person can just serve not two men. He must go
decide, whether he the creative forces in the higher ones
or lower centers wants to steer. Really big people
have never led an excessive life. The embodiment
however, of the apron hunter became and never become
big people. We find this truth very clearly in
of the biblical history of Samson symbolizes: Samson
was in the possession of an incomparably big and invincible one
magic strength, like a thick hair mane from his
to higher cerebral centers, thus from his skull emitted.
This strength, to him also his legendary physical power
lent, disappeared, to cut-off hair immediately, when he his
to magic-creative forces in the sexual traffic with Delila
in the lowest centers steered and wasted. Thereby he became
also "blinded", his spiritual vision and his lost
spiritual freedom: he came to the "prison", became in himself
enclosed and isolated. Because he in the "prison" then to
found the way back itself and kept his forces for himself, could
he they convert again into creative-magic. The higher ones
Centers were activated by new one and radiated them
to magic forces again from. His strength-giving "hair"
grew again, became long, he became renewed to supernatural ones
Achievements capable and been capable of the king's palace
- the identification of the consciousness with the material - to
destroy. Thus he was released from his sufferings.

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Thus the consciousness of the person lifts bit by bit on them
the sixth step of the Jacob's ladder. They stand on this step
Prophets, the saints, the big teachers in the west and they
big master and Rischis in East. They have the creative one
By virtue of at every level got to know, and they they have
perfect rule about them reaches. They know, that it for
that which uses the life energy as a creative strength
and consequently the joys and the luck of the mind
can know and experienced, an absolutely sad loss
would indicate to spend this divine strength in the body.
From them the sexual-physical wish is like a ripe one
Cover of a fruit fallen down. They have ebensolche
healthy and strong sexual organs like all the others, because it to her
Mind is who is based the body, and the strength of the mind
in a perfect body reveals. But because the body
obeys the mind, the gender organs work for him
own body, supply him with the necessary hormones,
to receive him healthy and hard and always once more
Vitality in him hineinzulenken. The sexual power is in
to her body in a rest state. The forces, this
Organs to the fathering of new generations would irritate, are in

higher nerve center and cerebral centers become guided and than
spiritual forces divine-creatively lived out. These people
give up the human-creative activity, they write
neither literary works, nor compose them for them
General public music, them do not strive for fame or
to worldly success, but they radiate her creative energy
only as a divine-spiritual intelligence, as universal, divine ones
Love from. This is the highest, most irresistible, everything durch135
The wise person produces the stone of the ways in such a way, that he his
Life tree in a washing trough full with life water plants, under
the dragon - the sexual strength - with his fire without unterbreak
heats to bring the life tree of the ways for blossoming.
(Rose cruiser-representation.)

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The holy Georg has attained the Allbewußtsein and defeats the dragon
- the sexual strength-, however, he does not kill him, because he needs the fire,
the strength of the dragon to reach to GOD. (Brother Kolozsvari,
Hradschin Prague.)

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urgent strength - the strength of GOD. The only activity of her
Prophets on the earth consists in it, the people, still in
of the darkness or half dusk live and suffer and they
already with all forces fight to come out of her sufferings,
to show the way to the redemption and resurrection.
These people are the servants of GOD. They mostly come
already with an appeal on the earth. But these were and
if many are also which have reached only here this step
and will reach. There was and gives many such big ones
People among us, in the past times and in the present.
With us in the west one calls them saints, mystics, prophets,
in the east big masters, Rischis. It is difficult them to
find, because they are externally exactly such people like everything
to others, and they are recognized only by those and are understood,
only one step stand lower than they. The remaining ones recite them
maybe in because they feel her size, but can understand
they them not. Some hate them even, because they her size and
Unapproachableness compared with all temptations feel and themselves
thereby beside them inferiorly and destroyed seem.
And GOD from full one still finds these people, who
Hearts searches, because: » we recognize the tree by the fruits

... «

On the seventh step the person has his consciousness so far
develops, that he all these forms of energy of the creative-divine
By virtue of from the highest frequency control
and in every form can use, without he with his
Consciousness on the lower levels would climb down. He
if the life experiences in itself consciously, that is he is in his
Are aware the life itself. In a perfect one

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Self-knowledge, in a divine self-confidence state,
in an absolute existence state, in not the least one
Part of his being unaware has remained, he is aware with GOD
identically, consciously one become. He understands and can
even say what Moses said, because also he with GOD from
Face to face spoke that the name of GOD is: » I
am which I am. «

GOD is everlasting were. And if I am in reality-

the form of the being in the first person said-, so I am in mine
Are aware his itself, GOD, become.

This is the topmost step of the consciousness, in which
the dualistische Du state towards the creator stops
and human Even with GOD in monistischen
Allbewußtsein one becomes. The people, they this step
we reached, call God-men.

This is why the God-man, that says the people in the west
best of all know, but understand least of all, from
itself: » I and the FATHER, we are one. «
The God-men live in a state of the Allbewußtseins,
of the God's consciousness, and all her revelations
come from this God's consciousness, from GOD himself. From
Time at time a God-man comes to us earthly people,
to show, that to reach this state of consciousness
to every person it is possible. He shows us the way to GOD, to
to our heavenly father, in our unconscious on
to us waits, one shows us the way of the lost son,
Of day from the state, in which he only the guardian his
to animal desires is, awakes and says: » I want to start
and to my heavenly father go... « And

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he decides and comes along on the long way of the Bewußtwerdens
and if the big wandering begins back in this
Paradise, in the heavenly home desolate once of the loving one
Of the father who meets him - to us - with open arms,
him - to us - in his arms takes, to his fatherly breast
presses and with him - with us - in the luck-blessed state
Of God's consciousness one becomes.

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THE HOLY GEORG

Who practices yoga, around on the big Jacob's ladder of the Bewußtwerdens
to can faster hinaufklettern, the sexual one must go
By virtue of, solely to him from the deepest step up to
topmost hinaufzuhelfen is capable, in himself get to know thoroughly,
in himself make completely deliberate and they under this
Yoke of his mind force, that is the sexual strength in
spiritual-creative energy convert.

How was already demonstrated, is the sexual strength, this earthshattering one
Energy, the creative principle - logos-, and,
whether we are already aware his or not, this is this strength
true beings of the person, his own, his more own
Creator, in the first person expressed: » I am it! « Therefore
if one cannot destroy the sexual strength, because this
would mean that the person destroys himself, one
if the sexual strength can only convert, be only. And if one
Person with the help of this strength perfect self-confidence
has attained and with it man about itself has become, so is
he at the same time also man about the sexual - the most magic one

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of all magic forces - become, because it is this strength himself.
The completely realized person calls the sexual one
By virtue of me. Such a person can with the sexual strength,
he has converted into divine-creative strength, miracle
cause and round himself new worlds create. He is man
about the whole nature with all her forces and with all her ones
Creatures, he has become a white magician, a God-man.

The well-known representation of the holy Georg shows this Truth very clearly: The big saint, the Allbewußte, defeats the dragon - the sexual strength-, however, he kills him Dragons not, he holds him only with his spear tied up. Since he needs him, he needs the fire, the strength of the dragon absolutely to reach to God to be a God. He may his own driving force do not kill, he forces them only under his Yoke. Since if he killed the dragon, he would become even kill, and then he could do his higher nerves and Cerebral centers no more with the fire of the dragon to Glow bring and the sexual strength as divine-creative By virtue of emit. If we reach our purpose - GOD-want, need we the sexual strength bitterly, around them, in our yoke constrainedly and in creative strength converted, as a driving force to the Vergeistigung, to the redemption and resurrection to use!

The people who have entered the yoga way mostly have already several steps behind themselves and carry, even if unconsciously, from the preceding lives the experience in itself, that the sexual forces may not be abused. They want can be caught by the Blendwerk of the nature no more, but escape from him. But also them muss142 ten once her experiences with the sexual strength do, there this is also the creative strength revelation of GOD, only at the lowest level, the level of the matter, revealed when condensed in matter, thus materialized spiritual strength. If a person this strength according to the laws of the nature healthy it realizes, is no sin. Sin - if this concept generally rightly it exists - it becomes first, when the sexuality in addition it is abused, the higher, spiritual energy to pull down, while they without internal togetherness as an end in itself excessively and unnaturally by with Perversities and artificial means to whipped up glands are spent. The person thereby loses his willing sound suggestive strength and weakens his gender organs very much. Everything, what after the normal wishes of the nature when hedonism, as an end in itself, with anormal overbid It is done to organs, places in the general one the life energy, the spiritual abilities and the character of the person down. To realize the sexuality against it healthy and normally, in addition he has a right. We know from the history of her Humanity up to the today many sophisticated ones The people who disposed of high spiritual forces and still the love in her physical manifestation hard and passionately realized without pulling down her spiritual forces and to lose. They just have her creative ones Energy according to the divine physical laws properly and normally uses. They have physical love and devotion from one healthy being in love experiences, they have the physical ones Forces physically spent. They have spiritual, divine-creative Energy

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not in physical forces converted and in the opposite ones Direction uses, they not to perversities, to empty, purely sensuous lecherousness pulled down. They never were languid Lüstlinge delivered the sexuality, but remained man about itself and about the sexual strength. Nevertheless

is sure, that these passionately loving genii,
if they were still so big, no prophets, no white ones
Magicians, no saints and no God-men could become,
as long as they had not given up her dear life. They
were in spite of her human size still with theirs
A gender identically, they were still gender beings. If
they also during the creative work on the height
of the divine mind - who has no gender! - raised and
during this time were identical with her genius, after
Work her consciousness sank again on deeper, human ones
The level where they became from new gender being. They
were not level yet a "whole", they were first on him
Ways to become a whole.

A saint, a God-man has all these experiences in
to earlier lives done and the nature can do him no more in
her trap lure. He passes no more creative strength
the gender organs from, but keeps them for his own
Body without identifying with the matter, with the body.
He is aware and remains it in the spring of the divine ones
Power; it himself is this spring as his own "I"
and falls from this state of consciousness no more on the sexual one,
material level down. Thus he steers in his
Body the highly spiritual, highly popular energy, this
completely convert, so that the matter of the body one
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Saint or God-men of that of an average person
it is totally different. The spiritual forces kill all
Bacteria and viruses, are therefore the insiders against everybody
Illness immune. These forces receive the body in one
youthful state, because the cells of the body by them
High frequencies and high voltage of the mind sequentially
are regenerated. The hormones of the sexual glands are
not only in addition there, to the human body the ability to
give to generate progeny, rather they play one
unexpectedly big role in the construction and in the preservation
of youthful forces for own body. The sexual strength
if the vitality itself is, the key between mind and
Matter. She can do life not only to a new living being
during a sexual union give, but also him
own body incessantly with new life energy
charge if one keeps them for himself and the secret theirs
Change knows. A saint, an insider despises
the body not, but estimates him high as a miraculous one
Revelation tools, to the person the only suitable one
Driving force gives, the big Jacob's ladder hinaufzuklimmen. But
because the insider in his own divine consciously
is - which has no gender-, needs he neither one
physically still emotionally complementary half. He is in everybody
Regard in his consciousness a whole become. Thus can
he his life energy by his will for his own
Bodies keep and still use, although his body
always completely normally and healthy a side of the whole,
a gender, a pole reveals.

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As was often enough stressed, the sexual strength is the connection,
the catalyst between mind and matter. If one should go
Person can reveal no sexual strength, they should go to him

Revelation organs are absent or this undeveloped, überaltert or be damaged maybe, then he can between his Spirituality and his body - between his spirituality and of the nature - no more immediate connection produce. He can, indeed, in his consciousness on the highest spiritual step reach, but he can do the magic strength of the mind his Bodies - or the body of other people, do not transfer. He can attain highly spiritual consciousness - even on him Deathbed is possible for that-, but magic abilities, Siddhis called, not. He can an enlightened, a saint become, but no insider, no magician. Where no heating material, no fire is also possible there. » In the lamp oil must be, if the bridegroom comes ... «, says the Bible.

However, this should reader who believe, her sexual abilities to have lost already, do not discourage. Since the person can never know, when he has become impotent finally. We if cases, in which know themselves old men, already for many years when had looked completely impotent, suddenly again an unexpected power felt. And this is not so rare, as one believes! On the other hand, one can put the question: If it is for everybody so exceedingly importantly to be able to regenerate his body to become hellstichtig, to be able to float above ground and to attain still other magic-occult abilities? Is it not enough, if one the highest states of consciousness can experience, if one in his mind with GOD of Angel46 sicht speak to face, with an infinite peace on of the earth live and at the end of the time on the cosmic ones Clock she can leave? The destinies of the people have passed away! And everybody must know itself, what GOD about him wishes. If somebody feels the way in itself, to him from GOD is prescribed, he will also attain all possibilities, to find this way. Not only the physical laws, but also the divine laws are relentless and uncrossable. It takes down everything on what we want erreichen!

Since that what we want to reach - in our deepest conviction - points for what we are quite ripe. Those, this sexual lives yet do not want to surrender, and also they sexually incapable people, must count on the fact, that they in To mind, indeed, completely high steps can reach, but they Change of the sexual forces in creative forces - this if is called the expectation that they can become an insider- if they must reserve themselves for a future life. Once if all people become the topmost divine step reach, and then they also become nothing else more want, when to be only the divine Independently, what just all that signifies. But that, what one not yet from experience got to know and has enjoyed to the full, will always pull back one.

The inexperienced in the person wants to have it so. Resist we not, but do not try we everything, what we yet have got to know to get to know so quickly as possible and behind us to let, if possibly even before » own spring «, » Oil from the lamp « dries up. And if we ask ourselves: If we want Slaves of the matter - the body - remain, or we want Man about the material world, about the nature, about ours own body

do attain and everlasting peace in GOD enjoy? If we want wide mortal remain, or we want to rise and "Living persons" become?!

The divine laws seem to us only so long relentless to be, until we them not in our own person, not in of our own skin have got to know. If a person him Courage has, these laws and possibilities in his own To try out person and in God's belief also afterwards to live, then he experiences the surprise, that these laws only in the image of the unknowing people "relentlessly" appear. The blind person is afraid, that he to these laws is delivered and loses something and misses, what to him - in his limits to deliberate beings - thus frightfully importantly appears. He thinks and does not know, that this "relentless one" GOD he himself is that in his unconscious he is this, what he calls "GOD", what, however, in reality his own, true, still unaware being is. Own experience if brings absolutely the big surprise, that our true one The beings which we, as long as we are unaware, "GOD" call, from us something takes never away, without us for it extensively to give bigger luck and bigger joy!

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URGE FOR UNITY

AND HIS DEGENERATION

GOD is everlasting were - the life-, and GOD fulfils this whole universe. GOD, everlasting were, the fief - where still them two poles into each other rest-, a unity, they is no duality knows. Neither GOD nor were, still the life is divisible. This absolute, divine, only and unique unity reveals itself in every living being as itself, around himself to be able to reveal, the material form, the cover this Of living being on itself and for itself has built. There is thus only just one, indivisible, the limitless, infinite Even: GOD! And the most internal being of every living being if this is only, indivisible, divine Itself. Apostle Paulus says: » Then there GOD ordered that from the darkness light becomes, it is he himself which shines in our heart... « (2. Chose. 4, 6.) » Then we are christened by a mind everything to a body and if everything are watered to a mind. «. - » And thus a limb suffers, all limbs with suffer. However, you are the body of Christ-Logos - and the limbs, each after his part. « (i. Chose. 12, 13. 26. 27.) with contemporary words: This Of GOD is the mind and

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the whole creation, the visible universe his body. We People are the cells of this huge body, this Highest are capable to reveal, how the cerebral cells in ours Body the highest in our microcosmic being reveal.

Every living being carries in his unconscious - where it a whole is - the unity Even in himself, and this unity reveals itself in him by the fact, that it the unaware urge all has, with whole, with all his living beings, again in to melt a unity and to become with them one. This Even, to the Vergeistigung of the matter the passing on Of life needs, uses this urge for Einswerdung and manifests and fulfils him in the living beings by two

to big desires of the selfpreservation and the preservation of the species.
both the revelation forms of the urge are after
unity.

In the revelation form selfpreservation desire pushes logos
to become the living beings, with other living beings one, around
Settle down in and the same material form - in one and to the same
To maintain body. And in the revelation
A form preservation of the species desire become the living beings arrange,
Lives in other, following living beings, thus in others
to transmit to material forms, in another body
and thus the continuity of the life in every way
maintained.

The effect of the selfpreservation desire is the cause, that
the bigger living beings smaller from urge for unity
devour. The nature uses this urge, around her creatures
to nourish at the same time. However, the living beings have
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this urge for unity also without hunger. Who already observes
has, like a cat, after they already several mice
had caught and had eaten be hungry thus by no means
could, with a passionate avarice after anew
mouse appeared ran and devoured them feverishly, around them
to vomit after the shortest time, to that must strike absolutely,
that behind the hunger, behind the gluttony a bigger strength,
since the urge for unity works. The living beings to having ones
Urge, without sexual union immediately with others
To become a living being one, with others an identity to
attain. And because the opening is the mouth to the inside,
if they want with the other living beings on the shortest way
one will eat, consequently take in the mouth, and devour.
The animals give way to this urge and eat
each other literally on. We people do it also, only
we cook or roast the other living beings first.
Tiger also gives way to this urge, if he to the antelope
postraces and they devours, and all animals, into each other hineinbeißen
and each other eat up, act from the same unaware one
Urge of the Einswerdens. Also we know people
this urge, especially in cases, with which sexual traffic
cannot be possible. The toddler takes everything, without
To have hunger, in the mouth, and we say adults
» I love you in such a way that I would like to eat up you best «,
if we love somebody very much. And if one loves, has
one him - not realizable - urge, the other to the heart
to press, to bite him, him would penetrate into himself. Unconscious
Urge for unity!

By the effect of the preservation of the species desire they reveal
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Living beings the urge for unity, while they the unity
Of the GOD in whom both poles rest into each other, with the help of
Gender organs copy.

It also happen cases in the nature, with which the urge
after unity reveals itself by both desires, as for example
with the female spider and the prayer grasshopper,
after a sexual union her husbands without
the other eat up.

How wise it is furnished, that the urge, the unity
To realize of GOD, by both desires the living beings

makes receive on the one hand the life - nourish the body,
to food, on the other hand, to new living beings to transmit the life,
to generate new living beings!

There in the divine-spiritual Urzustand two poles of the creation,
the positive and negative ones, the giving and taking ones,
By virtue of and the opposition, in perfect balance
into each other rest, there is at the spiritual level no separate one
male and female gender, only the complementing one
unity of the both. The mind is a whole! Christ says in that
Bible: » The children of this world free and let themselves to free ones;
which will be worthy, however to attain that world and they
Resurrection of the dead people who become neither free nor themselves
leave to free ones. Since they cannot die from now on; since they
are to angels immediately and GOD'S children, meanwhile they are children
the resurrection. « (Luk. 20, 34. 35. 36.)

In the creation of the material world becomes the negative pole
from the unity flung; thus they fall in the duality and
stand each other towards as a God and Lucifer, as a strength and
Opposition, as a man and woman. The unity between him

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however, both never stops, she reveals herself also, if they
both poles zuund are separated of each other, as a tension,
into each other moves. At the spiritual-divine level melt
and if the poles rest into each other, and the physical-sexual
union is the being reflected, copying ones
Picture of this divine unity. The fulfilment is in
material body, however, impossibly, because the matter isolated,
distinguishes and keeps away the poles of each other, in spite of the repeated
one,

of desperate urge and attempt after a fulfilment
the true unity. The genders try to
combine, then, however, they break up again, and this
recurs till the infinity again and
again. A true unity is at the material level
impossibly. However, the person can from all living beings only
and only the union the Pole in itself as purely
spiritual state of consciousness experience, although his body after
to the today's laws of the nature only one gender reveals,
if he is healthy. Since in the mind two poles never have themselves
apart, they rest into each other, and the person can do this
unity as a state of consciousness in himself carry, if he in
Becomes conscious by mind.

The separation of the genders exists only on that
material level, in the material, isolating, opposition
performing world, in the body. The body reveals only one
Half of the entirety of God and tries the unity not after
inside, like in spirit, but outwardly, with an outstanding one,
to another being belonging body again
to produce. Thus originates the creative, life-donating
Procreative act.

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The oldest playing cards of the world, from which all the others
Playing cards are descended - they were originally no "play"-
Maps, but a part of the holy writings of the Jews,
Cabbala, and put the alphabet and the different ones
Consciousness steps of the person-, these ancient tarot maps,
give in her fifteenth map witty and expressive ones

Representation of this truth. Satan, the reflection
Of GOD - Christ calls him: » man [the law] this
material Far « (Joh. 14, 30)-, by the mind
vividly become law of the matter is, two distinguishes
Genders of each other (on his right arm it stands
Label "Solve"), around them then with the left arm (on
"Coagula" is) again to combine; but not in theirs
Urzustand in spirit inwards, but in the body after
outside. He chains two genders, the male one and this
female one, with the internal law of the unity of GOD
to each other belong, outwardly each other. With it he does them
Genders like slaves in the infinity externally to each other,
without they, besides, in the original divine ones
unity can reach. Since the material outside world
if is the world of the isolation, the separation, is the world of the good
and bad persons, of the giving and taking. To produce the unity
is impossible in the outside world. We have to come too
to our consciousness from the finiteness, where our body
heard, in the eternity, where ours Itself belongs, hinübertreten
and that what is impossible in the outside world, in the inside world,
in the mind when search a state of consciousness reach and
experience. Since only in our inside, in itself,
GOD is, we can do spiritually the unity him harmoniously
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into each other to quiescent supplement halves find. The person
can combine both poles in his consciousness.
In the highest, spiritual state of consciousness we experience
the urge for the internal, divine unity and for that
Fulfilment as a very strange feeling. This feeling is
for average people therefore not strangely, because they it
everything knows and has in themselves or because them at least him
Wish to get it of others, in himself carry. They
have got used so at the fact, that they to it naturally
do not find and at all about the fact think, that this feeling even
is not natural, but extremely strange. And
in himself yet have not made deliberate, are over
to this reason incapable to understand what and how is it! It has
with the body not to do the slightest one. We call this
Feeling the love. To bend forward misunderstandings, call
we it the universal love.

Naturally every person understands by this word
according to his consciousness step something else. Of that in spite of,
if we want to analyze what is love, we could
us about express so: We feel one in our heart
pleasant, making happy warmth. She is with no thermometer
measurably and, nevertheless, we feel them as a "warmth". We
also emit this warmth without wanting it. These rays
are invisible, unmeasurable and unprovable, feel, however
we this radiation of the love from us, as well as from others
Living beings so clearly that it can deny everything no one. They
shines by itself and under the effect of this feeling have
we the wish, our being with whole all or with
to combine something what we "love". One knows this
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Expression: » I am so happy that I embrace the whole world
might! «: Urge for unity without physical ones
Reaction. This feeling has closed nothing with sexual wishes

act, has nothing to do with the body generally, because towards nevertheless, of the whole big world we have none sinnlichsexuellen Wishes, and it is there still; it is a purely spiritual one Feeling, a purely spiritual state. One might in all hineinschmelzen, in him rise, with him one become, how of her Raindrop with the ocean one becomes, if he hineinfällt. To of this purely spiritual love is only the person of high standing capable, that his higher nerve center and cerebral centers already has activated to endure consequently purely spiritual high frequencies it is able. The Low-standing with his undeveloped one Consciousness projects the divine love in the body and if does from it a sexual attraction. He can do spiritual ones Frequency yet do not endure, therefore, also with his mind do not understand. The spiritual step does not show this, what a person knows - then one can do a polishing one Mind also without high spiritual step have; she also hangs not of it from whether a person is beneficent, because charitably if one can also be with the mind, while one one The people who is of full love copies externally. The spiritual one Step a person appears in the wealth of love, they in himself has!

This is why also says Paulus: » If I with people and Angel's tongues talked, and would not have to the love, I would be one tinting ore or a sounding bell. And if I prophesy could and would know all secrets and all knowledge and would have all belief, thus that I moved mountains, and would have of the love not, so I would be nothing. And if I everything

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my Having to the arms would give and would allow to burn my body, and would not have to the love, it would be useful to me nothing. « (1. Chose. 13, i. 2. 3.)

With people on the deepest, still unaware step reveals itself the urge for unity Even also - but there you Consciousness still with the body is identical - in the big one Mistake, in the degeneration, that they the spiritual unity, the urge, to unite with the whole world, in the body experience and want to reveal. They want to give away her body to every, with everybody with which there is a possibility, in the body one become, and they do it also without choice. A very sad one Result of the fact is, that these people - basically search also the love, even if on quite wrong ones Way - waste themselves, her human dignity give up, lose and to themselves prostitute. The laws of the mind are to the laws of the matter, the body, opposite. If thus the laws of the mind at the spiritual level heavenly are, they are at the level of the matter, by the body revealed, satanically and also it has turned back: The laws of the matter, revealed by the mind, are also satanic. Paulus says: » Then the meat itches against the mind, and the mind against the meat; the same are widereinander, that you do not act what you want. « (Gal. 5, 17.)

It clear, that the prostitutes on the whole earth from the people a little bit high-standing in the consciousness despises become. As prostitutes become here not only the official ones Also very often prostituted called, because under it People are, only by indescribable misery so deeply have sunk. Here are called prostitutes,

without compulsion of the misery to itself more or less at random to one everybody throw down. Who with prostitutes - with women or To men - has spoken already once of person to person and her sad feeling of the neglect, worthlessness and of the desperate train round walking, her deep desperation and selfdisdain sees and asks, why they such a life continue, the desperate answer receives nearly always: » I search, nevertheless, a little love! « - these arms do not know, that they just with him what they do, just the love, them search, her own Christ, betrayed with "kiss", are economical, with feet step, thus kill, because they it not from an internal one two people connecting togetherness do.

Especially sadly those are with women, which the signposts Of man on the long way to God, to the divine consciousness should be. God says to the queue: » And I want Hostility place between you and the woman and between to your seed and her seed. The same should to you the head crush. «

A person of a very low developing step, without internal affection, without choice, without he towards his partner - or his partner - mental love would feel, a physical unity only as a sexual one Unloading experiences, falls sooner or later in terrible fear and emptiness. The unaware people do not know, what for a deep connection a sexual union between man and woman creates. Man and woman take from to the invisible being of the other a part in itself on. If we remember only, how a person with his present already a lifeless space, a room, a Zug¹⁵⁸ divide off or the stage of a theater irradiate and charge can do, so that one his present also, if he him Space for a long time has left, still feels. He has his radiation the walls, the pieces of furniture leave and with it, maybe an easy chair in which he sat, charged, so that for example, a mouth, but also sensitive people, his Radiation recognize and feel, after he the room long time ago has left. How much stronger is the mutual one Effect of people, with each other a sexual one Act experience! How often we can observe, how People by the fact, that they a sexual connection with to a dear partner not fitting to them continue, theirs own nature, her character, often in bad, but also in of good direction change bit by bit, transform and themselves Qualities of the partner acquire. Between two people, lead with each other a dear life, and also already then, if they have met each other only once sexually, work mutually huge invisible forces, because the sexual strength it is just creative, she is the person herself!-Und if one Person still so firmly is persuaded, that on him the forces and the radiation - as one often hears - to "dull ones" or "unimportant" being have no effect, he carries of it, nevertheless, an unexpectedly deep coinage in itself. The people however, want all this what happens in her unconscious, never recognize.

In Dante Alighieri's masterpiece, in "Divina Commedia", if this truth is appropriately shown: in a department of her

Hell sees Dante many grown together souls - always
a man and a woman - which fly hopelessly

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and escape in spite of extreme strain not of each other
can what they suffer inexpressible from. At the moment of her earth existence
if they were only. by physical love relationships
linkedly, but not by true love and deeper togetherness.
Animal end in itself and raw sensuousness
were the occasion of her meeting. Now, therefore, she binds theirs
own dirtied mental aura, and also the continuous one
unextinguishable recollection of her action, inseparably for them
Infinity together.

The soiling of the invisible being of the person
occurs not only through the fact, that the person with low ones,
to impure beings experiences sexual traffic. She becomes also
enter, if not absolutely bad, characterless or
impure people, but simply unknowing with many dear partners
successively without choice all over, today with
, tomorrow with another, sexual traffic have.-
One can do the nicest, purest colors on a palette
bring, nevertheless, one gets a hopeless dirt,
if one mixes them everything with each other. The colors nice once
have totally lost her character, and it is no more
to recognize possibly, they. - We can understand, why
the prostitutes all this typically hopeless, impure radiation
have, why they her individual human character
completely lost, so that they from wide already as
Prostitutes are recognized.

It is even more sadly, even if from decent, good ones
Families coming young girls from loud ignorance
and boredom dirty themselves with the fact, that they to themselves without
Choice with the first best one, them just got to know
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have, in sexual traffic let and the next day or after
one week already with an another, then with a third one
or fourth do the same.

How much patience, how much trouble and love and how much time
if it needs, to the bad impressions, the accumulated ones
to mental impurities and the frightening feeling of inferiority
from such a broken young soul removed and
a new self-esteem is rebuilt! And who not
Opportunity has had to observe personally these circumstances,
would not believe at all, that the partners and female partners
by which these desperate to itself on Grand more together
of sexual experiences stains and neglected felt,
resemble bad, pulling down impressions with after
To house have carried. Not the persons stain
each other, because nobody was an impure being of them,
but with each other at random and without love experienced
sexual traffic as such.

The today's civilized life has so degenerated, that the people
individually and personally have no more opportunity,
to perform something Heldisches, by which they the feeling of the valuable being,
of the great being could experience. The youngsters
sit down in a cinema and watch enthusiastically, how
the admirable cowboy or detective all the others with
to his supernatural abilities towered above and vanquished,

however, have in general no opportunity and possibility,
To accomplish heroic deeds personally and her own excellent ones
To show abilities. What remains to them? - Some
the sport. However, of the big mass of the youngsters nothing remains
other, than to assert itself by sexual conquests and
thereby to experience higher tensions. From

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Boredom, from the hopeless feeling the emptiness and
Of non-last skill they become in sexual experiences and
other addictions driven in. Then thus they look also mutual
on each other dirtying and pulling down.
to most want the deep mutual effect therefore
do not recognize, because they everything that, what to themselves not in her
consciousness,
but in her unconscious passes the ball, do not recognize
can. Because her consciousness does not note a little bit and not
seen, they do not want to believe that it she begins, nevertheless,
the fact that with them in spite of her ignorance has happened a little bit. And
just because it has happened in the unconscious, it looks 1000-fold
stronger, as if they it with the consciousness had process
can. In the unconscious the things remain undigested one
and, therefore, work often in the person like poison.
People feel, nevertheless, even if unconsciously, the toxic one
Effect of a sexual intercourse with an unworthy one
Partner and try to protect themselves with the fact, that they completely
leave unconsciously the whole affair to the body and
the consciousness during an unworthy sexual traffic
"possibly" move back. The person can in this manner
not even physically healthy and satisfying ones
Fulfillment experience because he is present just not completely! - And they
A result of it are mental and physical disturbances,
ostensible impotence can cause.
Mind, soul and body are an inseparable unity.
As long as the person lives, one cannot do them of each other
distinguish. The body is the end, the most distant revelation
of the mind in the creation scale, but still he belongs
in addition, still he has grown together with the mind,
consequently

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if he forms with the mind a unity. It is a big mistake, to
believe that the mind could experience something, without of her
Body in it takes part, without the body sees it - and
also reverse, everything what happens with the body works
back on the mind, the mind sees it, because it is the mind,
he builds the body, brings back to life and everything in the body and
by the body experiences. Without mind is the body
an unfeeling corpse. Consequently feels and experiences the person
also that what he experiences in his body, only in the mind, in
his Itself, in his consciousness. If the consciousness
is switched off - as for example during an anesthesia-,
if the person takes what happens with his body and
what experiences his body, not at all true. There is none
of each other to separate physical and spiritual experiences
and perception, there there only spiritual experiences! Also
when themselves these experiences project in the body. We
experience only what our consciousness - which purely mind is-
perceives.

Thus it is also with the sexual experiences: If one Person still so steadfast thinks, that he only from purely to physical wish a sexual unity creates and experiences, if his experience still is able to be only the physical nobody, because the "experience" in itself only in the mind, only in the consciousness it is possible. With a woman it can still happen, that only to her Body in a sexual union takes part- of course completely passively-, namely if she dazes or is anesthetized. However, this is inconceivable with a man. And with the woman one can do such a case not as a "participation" or look « as an experience ».

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If a person tries, with a physical union to keep away his mind, because his sexual act not from spiritual unity manifests itself and has blossomed, in such a way if a splitting, a tear, whether he originates in the being of the person it knows or not whether he recognizes it or not. Deliberate people feel this, and they keep from such physical ones Unloadings also far. However, unaware people position themselves before, that they a sexual union from purely physical ones To needs can have, without her mind carried away becomes. And this is a big mistake. Since whether the person gives satisfaction or has remained dissatisfied, if he to himself about his Action way in the confidential one annoys or even is ashamed, so has he already in it taken part. Since be dissatisfied » «, » Sichschämen ", " to Sichärgern « are also internal states of consciousness, but not physical reactions. This is the sexual energy itself in the body manifesting beings of the person - logos even. Thus it is also impossible, a sexual union without to want to experience the true Independently. One does not need further to explain, that the person only then from a real one physical joy, from physical fulfilment and from sexual one Dear luck can speak, if the physical unity because of true love, from true spiritual togetherness blossoms and he to himself with his whole being to him sexual feeling of happiness can leave, without additional To have to feel shame.

The primitive person is content, if the partner only belongs to the other gender and his easy taste physically corresponds. A "spiritual", internal unity is not important to him, because he himself not yet spiritually, awake and

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it is deliberate. But a person with entwickelterem consciousness, with differentiated individuality, real dear joy can and true satisfaction - physically as emotionally - only with to a partner experience who harmonizes with him above all in the mind and the love in every regard with requited love answers.

One feels fine only in shoes and clothes, after to own feet and own body are cut.

This is real only one physical affair and, nevertheless if she works on the whole mind. Around how much more importantly it is, that a person his dear partner finds, in the mind, in Soul and also in the body in every regard to him fits, in everybody Regard his supplement is which he can really love, which he can really dedicate itself which he can really trust! It happens as said very often that has young and also

adult people with the first best one get together;
this leads to the fact that the person from himself does an animal.
However, the person is no animal! - We do not forget this!-
These words do not become from sentimental or more religiously
Scheinmoralität out said, but from in more than three
To decades to accumulated experiences with many have young
and also adult person, in theirs mental and
physical need searched help and in always growing number
look. The humanity has also discovered in the west, that
sexual displacement heavy mental and physical ones
Disturbances can cause. Consequently the pendulum has after that
all mental ones want left side rejected, and many
Disturbances with the fact fix, that they the sexual ones
Wishes - whether available or not - without measure and choice
realize and they often only purely emotionally to conditioned inhibitions
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with excessive sexual experiences try to overcome.
However, the time is up near, in the pendulum again
the other side swings and the people from artificially
to grown animal beings again to a clean Menschentum
are led back. Many desperate people come
from the dead end, from complete life listlessness, even from
Suicide urge, by clean, elated Denkungsart and
Life-style in the normal life back. Lost people
believe and teach wrongfully, that the only rescue from him
to different mental miseries absolutely and only one
unrestrained sexual life-style and indiscriminate strength waste
is. However, the people search love - and also in that
They search sexuality for love, even if wrong-wise.
One never can do fear of life and existence problems with sexuality
and never solve.

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THE SUN ANIMATED,
HOWEVER, CAN ALSO KILL

If a yoga-practicing feels the wish in himself, a temperate one
To lead life to make progress faster on the way,
then he should examine himself first thoroughly,
whether he is quite ripe enough - or they - in addition. He should not go like
her

Fox trade which finds the grapes too sour, because he them not
can reach and, therefore, none wants to eat. He should go ready and
be able to digest higher food, because he of him
"Grapes" already so much has eaten that he knows them and
other does not need. One can give him advice, how he
without danger can live temperately. Since a temperate one
Life has to lead only a sense, if one from this
Life-style no damage, but only use pulls.

Here it is necessary to talk again about patience. Since it
if time, the higher nerve centers needs by completely
to move temperate life into activity. From a child
if one can also do no adult, if his time
yet has not come, and, if be, nevertheless, one
Toys would take away and would force it,

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to lead the life-style of an adult, it would become
however, not to the adult, but it would become emotionally ill.
Thus we must wait patiently, to the higher nerve centers

the signs give that they have begun to become active, and that the change of the sexual strength in higher ones For forms of energy it has become possible. Overnight if this does not go. Thus if we are so far, that we to us to to a temperate life feel ripe, and our life for it furnish and practice, also we may not be impatient and immediately higher results expect. One can be contented, if at first striking joy of living, cheerfulness, a luminous one suggestive shine in the eyes and increased worker appear.

Our long-standing experiences point, that the temperate Lives with the people who are ripe in addition, in thus high degree Vitality can generate and store, that with more right Application and deliberate steering system of this strength long-standing chronic illnesses are suddenly cured and heavy ones neurasthenische symptoms disappear. The posture becomes fresh and elastic, the mind is getting light and clearly, even heavy depressions disappear. The concentration ability increases in unexpected litre of beer, the person starts, to become suggestive, the body becomes with new vitality fulfils. We could often observe, that by the effect of temperate life white haired yoga-practicing the original one Color of hair again zurückerlangten, that shrinking of the gums and other signs of old age, with him People today too early enter, disappeared and some even again without glasses could read.

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If the person converts the sexual strength properly, then remain with the time - with early, other later-higher spiritual results not from. The person discovers suddenly the talents from which he anticipated up to now not in the slightest, the fact that they slumber in him. The talents were already available how they exist in every person, but still in a latent state. If we before the sexual one To forces raise a dam, then these gather Energy and at first causes them tensions and restlessness. If we remain steadfast, nevertheless, these look Energy new ways and we becomes able, they bit by bit in to convert higher forces. The higher escorted sexual strength irritates first of all the secretion glands, so that the body more freshly, it becomes stronger, then she irritates the higher nerve centers, which have the ability, up to now only potentially available ones to reveal creative forces as different talents. The nerve centers since which reveal these talents to would have been able, did not have till then the corresponding one Opposition and were in latent state. How often if we find in the history of the humanity cases, in those People, after an excessive lifestyle suddenly for any reason a temperate life started or had to start, in short time excellent ones Talents, especially, however, an extremely strong magic-suggestive By virtue of manifested, from available being nobody, least of all they themselves had, a notion. It should go here only the example of the Ignatius von Loyola, the founder Of Jesuit Order, are mentioned, because of an accident longer time in the castle of his father are displayed must go and more loudly

Boredom with confidential exercises experimented, because he constrainedly was to lead a temperate life. Besides, he did such unexpected discoveries, that he his conduct completely changed, with some friends the order of the Jesuits founded and in fifteen years of power about the whole world - to China! - attained. After his own assertion if he reached his famous magic-hypnotic willpower by temperate lifestyle and by confidential exercises. At this point it is necessary to note again, that from an average person only by the temperate Live a high-standing, about magic-suggestive forces disposing being can grow out, if he in that Experience, in the development and the maturity so far advanced is, that he the charm, that the kept back ones to sexual forces on the nerve center and cerebral centers exercise, with quiet nerves, in complete silence and without morbid Irritated being, endure and can hold out. The best help if especially suitable yoga exercises, about are in addition still thoroughly it is spoken.

If a person for a change of the sexual forces is still immature, that is if his higher valves not yet are opened and his consciousness still very much is limited and he is still forced for some reasons, to lead a temperate life - it is from physical ones, to innate irregularities, disturbances or such-, then he will fall ill. Mostly becomes first of all the sign gland overtaxed, the maybe heart disturbances then, but absolutely an intolerable flood of thought, states of anxiety and still causes other, heavier disturbances. Auf 170 whipped sexual strength finds no valve in such cases for itself. She also does not find the way to the higher centers, by she could reveal herself as a higher, spiritual strength, and causes a morbidly carried too far charm, for them Irritate a completely big danger in himself rescues, because he from the inside from is heated up incessantly. This danger can do one heavy nervous breakdown, maybe even still more dangerous state cause, which one today with him To words "Ichspaltung", "insanity" or » schizophrenia « calls. If somebody had opportunity, in one To study lunatic asylum sick people, to itself in this state considered, will strike him, that they nearly without exception while realizing her sexual forces some obstacles or disturbances had - no matter, whether from mental or to physical reasons - and that these sick people very often one astonishing spiritual level and high abilities owned. They often had in the highest spiritual worlds insight and if high spiritual truth completely saw, on the other hand, they were but still undeveloped, to this high spiritual level not grown and could do the high voltage of the high ones Spirituality do not endure, do not digest, do not appropriate. They could start this nothing, and endured the nerves this high tension, this torn state not, because they no unloading possibility had. Between fits of rage and dissatisfied sexual loading does not exist connection to be denied. " A person, to itself with Mental patients occupies and even a temperate life

leads - own experiences and observations has-,
sees through the state of these sick people easily.

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Unfortunately, only these statements are not enough, around them help to can, even if one still sees clearly so. The reason, why we within the scope of this book about these illnesses speak, is another. The employment of the sick people if brought since a strange experience: Most from to them had themselves since from a sexual lifestyle not intentionally held back, they would have on the contrary very much with pleasure a sensuous-cool, perverted and excessive life controlled, if they in it from physical or mental ones to reasons does not prevent: would have been. Now brought it some which were intelligent enough, the truth about them to understand sexual strength, however, thus far, her sexual obstacles to use in addition, quite consciously and intentionally one to lead temperate life, around the change this By virtue of for the sake of. In these cases stepped in her state completely the striking improvement one which led bit by bit to the fact, that they useful members capable of work of the human ones Society became. The deliberate abstinence must itself with these sick people with a rearrangement on morally mentality of high standing pair. They must go to GOD led back become! - This is not so light with such sick people and to reach simply, hence, one could only with few an improvement achieve. But the cases, in which such a strong one Improvement entered that one really speak of a healing could, prove the deep connection between schizophrenia and him accidentally, unintentionally to dammed up sexual forces. They also show the possibility of a recovery by God's belief of high standing or at least by one morally clean mentality, linked with a deliberate one

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Abstinence, and from a displacement - because it one deliberate process was - no speech can be. Against it have we never a healing by unrestrained and at random lived out sexuality seen, only setting!

Every person can help himself only, because one can in the consciousness another do not intervene and in it Order create. One can show at most the way in addition- if one knows this way himself! Unfortunately, however, appears over and over again, that most people, them this sick person want to help, still are far away of it, creative strength in each of her revelation forms in itself to have recognized even and to be able to steer them. One can do this just on no university and from no book learn, only from own experiences! One finds just seldom a professional one Soul researcher or soul adviser, with sexuellschöpferischen By virtue of in itself experiments and own Experiences would have collected. If a longer time the continuing temperate life merely as an experiment on him universities would be prescribed, would be less mistakes in the western psychiatry spreads! The experienced sports people have got on long time ago, the fact that one with temperate life store a lot of strength can. To the competition participants it is for the time from at least six weeks forbade to take alcohol to themselves,

to smoke and to gather with women. It would be very much instructively, in the medical, especially in the psychiatric field also to introduce such teetotal times, around personal ones To be able to collect experiences.

If it still seems to be so unbelievable, nevertheless, it is true: We were with a very famous big doctor bel73 freundet. After he five splendid sons with his excellent ones Woman had testified, he chose a temperate lifestyle, to him after own statement allowed itself a lot to concentrate more upon his patients, much more exact diagnoses to do and intuitively the best remedial method for his To find sick person, after he kept all his forces. And his clarifies, healthy and highly intelligent woman was with all Love to her man full by charity all right.

There is also such a thing and - THANK GOD - not only in Exceptional case!

The Bible says: » Then several are cut which are from mother's body born; and if several are cut, are cut by people; and if several are cut, itself have cut for the kingdom of heaven.

Who can catch it, that catches it! « (Matth. 19, 12.)

This all one had to be said to explain, why one The person who has taken the trouble, own experiences from himself not to collect from the theory, but from the practise, here or in the east will always say, that a temperate life not for each, but only for spiritually ripe people is suited and brings beneficial results. Such Person has recognized, how one the creative forces from below upwards steer and from above down direct and just as one likes can use. However, he also has the dangers recognized, which with the change of the sexual strength hang together. If not everyone is firmly decided and before nobody Hell is afraid, then can try he this process. But even, when he no husband, into the bargain not it is ripe, endangers. However, it is

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not the intention of this remark, those people, on the elated yoga way want to make progress to deter. Since we have the best weapon in our hand against all dangers: our own consciousness! If we to us clinch to our consciousness, that is if we always awake, always consciously now and are there, then can do to us nothing The bad pass!

Much more dangerously than one attempt with temperate life if are certain yoga exercises working on the spinal cord, at the moment from unknowing and unscrupulous people are propagated. Since against with abstinence linked ones Danger is the allereinfachste protection, immediately with that to stop temperate lifestyle, if they inconvenience, for example, morbid nervousness or Überreiztheit, should cause. We must be aware of that, the fact that the creative strength is no game and that this Things completely are to be taken seriously. People, the opportunity had, several times in male and female cloisters examination to take, know what can have it for sad results, if immature people are forced, the sexuality to renounce and "everything" to sacrifice. As long as one as a victim

looked, one is not ripe yet to bring it. GOD asks from the people no victims. Very much, very much a few are it, the spiritual maturity have already attained and the sexual strength in divine-creative strength can convert. Many are they To "appointed" and a few the "chosen"! But there was Chosen and will always give them, within and outside of the cloisters, on the whole woe, here how in East!- If we go on courageously on our way!

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THE MAGIC FLOWER

To speak of converting the sexual strength is real pointlessly because one speaks about that in vain. One should it act! If one does it, one does own experiences, and every word about that becomes superfluous. One can very little say if, however, this is done "a few", becomes from it everything!

Since what signifies change of the sexual strength in spiritual-creative strength? The sexual strength as the key not to use between mind and body in addition, from To create mind matter - to testify children-, but vice versa to win spiritual energy, from the body. not to spend sexual strength by the body, instead of this but the higher centers, by which the sexual strength to itself no more as a sexual strength, but as spiritual and creatively magic energy reveals to open. How one opens this? By control of the body with Hatha yoga exercises, by spiritual concentration and meditation, by the temperate Lives and work! With it everything is said, actually.

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And, nevertheless, we try, about that still some words to they say, around on the countless questions, our yoga-practicing in view of this subject put to answer training. We are aware, that one not on all questions satisfying ones Answers can give. Because the subject Very awkward things touched, it is not possible, about all relevant details to speak openly. Here only one helps the yoga-practicing: own experiences collect! Then one experiences such surprises, to us not only on all questions informative ones Answers give, but still unexpected and unexpected ones miraculous experiences bring. The experience becomes to us then still secrets reveal, the person - and the human one Bodies - indeed, always in themselves covertly carried, from however, to those we have not anticipated that they are possible, is called not only symbolically, but really exist. We try, the first steps on this way to describe and also how one can weiterschreiten. however, to other, higher steps are only indicated intentionally. Those which take seriously this way and practice, will see the continuation of the way even before himself and know what is further to be done, like a person, that his small one Lamp in the darkness before itself holds and see, where he at first should step. Those against it which know these things only from curiosity want, but to themselves not the trouble take to do something, not even need to know theoretically, how by which the creative forces of the person - every in itself carries - from her chains with relief and in use taken

can become. The fact that there were any time powerful magicians
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and also even today gives - we call them as we want-,
if the most incredulous person cannot deny. We try
thus to hand over the key to the door of the confidential chamber,
but the door with it must open every itself. What one
then in the treasury will find and how one the treasures
does use - for what still speak about that? This becomes everybody itself,
without other explanations, know.

If we want on the Jacob's ladder hinaufklettern, must go
we own above all something, without that no progress
it is possible, and this is patience! - The mind which Itself stands
for the time. The mind is timeless. Patience is the state of her
Zeitlosigkeit. Consequently we must go if we awake in the mind
and want to attain spiritual consciousness, us first of all on
Zeitlosigkeit put. And if the devil of the impatience to us
wants to pack, we must console ourselves immediately with the thought:
there is enough time in the eternity! How Chinese or
Indian artist, his timeless pieces of art never with that
Setting does: » Quickly, quickly, on appointment finish ... «
- since, otherwise, he never could do these breathtaking pieces of art
finish, the yoga-practicing must go concerning his
internal progress every time concept give up. Even if of her
Person with the quickened method of his Bewußtwerdens
up to the divine self-confidence the way maybe around
Millennium shortens, also this process of development needs
his time. There is enough time in the eternity and God
know exactly how much time we need, around our way to
to stride through to the purpose. We do not need ourselves in the time
to concern. Only the person lives in the time, in the finiteness,
our mind - who is the mind of God - knows

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Time and space not. If we do everything, around this way so far as
to shorten possibly, but we never remember, how much time we
in addition will need. This thought would paralyze us, we
if became by him the whip beating of the time on ours
Backs feel. The mind is timeless, and always, when we in
the time think, we crucify with it our own mind,
ours own. This is why we become so nervous, if we
must hurry to us if one hunts us impatiently. Since this
Even - Christ-Logos - is on two big beams of her
Time and the space crucified, and if we with ours
own Even - with our own Christ - do,
if we lose the strength and the courage of the mind, we in such a way
urgently need.

It is the biggest check for a yoga-practicing, his
not to note to own progress. How a child not
perceives, when from him an adult becomes, notes thus
a person not - or only seldom-, when his consciousness to itself
expands, lifts and he becomes more deliberate. How a person,
in the ground floor in an elevator rises, itself encloses there and in
the height goes, does not perceive, how high he already highly
is, because he was there always, with himself, in the small cabin, and
only then can estimate, how high he has come, if he
on top gets out and from above down looks, notes to her
Yoga-practicing not, when his consciousness extends and
how many rungs on the big Jacob's ladder he already behind

has let itself. Only if he looks now and then backward, sees he, from what ignorance, from what darkness, compared to his present state, he come out is.

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We may not be impatient, because every moment it is valuable, every moment brings us new, interesting ones Experience, if they to us also at the moment still so dull and boringly appears. Everything, every smallest experience brings we on our way higher. There are not relapses, at most False relapses. People, before us the long way walked and to the purpose have reached and want to help us, describe we the signs of the progress and the landmarks, we, one after the other, behind ourselves leave. They also describe how we leave them behind ourselves! How to us in the elevator with the fact is helped, that in every floor on the vorbeigleitenden wall the suitable number to us points, with the wievielten floor we are, we are able to come Help of the masters preceding to us ascertain, which step we have reached. We recognize the landmarks, can on to our way courageously and hopeful weiterwandern and can, at the mountaintop concerned and firmly on feet standing, the following help in the Hinaufklettern. A quickened development - whether with flowers or in human consciousness - rescues always certain dangers in to itself because it is not the easiest way of the nature, nevertheless. However, to these dangers one can make way, if one them knows and to itself against them from the outset arms. One can on to the most precipitous cliff faces to the mountaintop hinaufklettern, if one is properly equipped and especially knows, where one must pay attention. Many defeat the mountain with one experienced mountain guide; others, however, reach, To first conquerors immediately, the mountaintop without leaders. But if they come, are they

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both no matter on top! Therefore, we must the dangers of her quickened change of our sexual forces get to know and from the examples of the preceding learn, how one can make progress safely.

The very best and most sure weapon against all dangers is, that one his consciousness never gehenläßt. That is that this Be a consciousness always with itself identically, now and there, must go, do not fall out and not with external things identically may become. One must cling to own consciousness and never let go it be always awake thus be there always! This Consciousness is the magic flower, they the king's son on him Leads away to the mountaintop where his bride lives, and him from to all dangers of the darkness saves, to him by bad minds and gnomes threaten, but also by charming fairies, him on wandering paths want to lure. He keeps to the magic flower, supernatural light emits, before itself, and the light of her Flower holds the darkness, the bad minds, the gnomes and the dangerous fairies far, it chases away and lights up him Away, so that the king's son can never get lost. The light of our magic flower is our consciousness! We must everything our feelings, all our thoughts constantly examine and they with to the light of our consciousness analyze. The smallest one

We must note emotion of our soul, our mind
and immediately examine, where from she comes, what behind her, in the
unconscious

is. The mask, under to itself some urge,
some feelings which appear from the unconscious, which we
but do not want to recognize, we hide, must go relentlessly
pull down. There present itself dangers, as ours
Benefactors show off, with the garments
to elated ones

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Of belief or the devoutness dress up. If we do research, what
lies behind. How often lost sexual wishes are hidden,
Sensuousness and perversities under the mask of the charity,
the so-called charity, or even under that
Mask of the highest religious ecstasy and ostensible God's experiences.
We must know, that, the higher the consciousness
People rises, he even more simply, more modest, even more soberly,
awake and becomes quieter. If we pay attention, however: ours
Simplicity and modesty should no played role, none
Be a demonstration. Who simply and give wants to be, is
still long simply and do not give! Emotions and
Mind ebullitions show the wrong way! What is outdoors,
is not inside! How often disguises itself in artificially played ones
to "holy" faces and gestures a quite usual one
personal vanity. One wants himself already as impersonally become
"Saint" recognize and - this is especially important
! - higher than the remaining "usual" mortals place
leave. The higher a person stands in his consciousness, around in such a way
more of course, even simple-minded he becomes. Not because he this role
played, but because he is in such a way as he is! He already understands and
know, why Christ, as a young man him as " good ones
Master « responded, answered: » Why do you vouch to me? Well
if is only GOD! « - If the person something good thinks, says
or acts, GOD was in him, by him as the "good"
revealed. The person of high standing is never complacent and
arrogantly because he does not inflate his person. He has never been surprised
about his own "size" and "goodness"; he finds it
naturally that he is in such a way, and is never found
"largely" and "gentle". He is in his consciousness no more they
Person,

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Cover, but the core! And if a person incessantly
it is deliberate, his internal vision will open, and it
if become to him » two sides of the tree of the knowledge
Good and bad persons « melts away. For him concepts hear
how "well" and "nastily" on. He sees only trunk,
one is. He knows nothing more which well or would be angry. Those
Words name only the light. But the enlightened
sees through the light, for him disappear these differences.
There is nothing which "well" or would be angry, there is only
The revelations of GOD which are good everything; only if unaware ones
People they use from mistake, from ignorance, wrong
and wrong they realize, seem to be angry. Everything is
well, only in the use can become a little satanic. There is
no bad forces, only badly used forces! » Never
if the things are bad as those, only as you think about that «,
if says Epiktetos.

If we are incessantly on the hat, if we to us do not permit the smallest mind excitement, without theirs consciously to be, becomes a displacement or another injurious one Effect of the temperate life be impossible.

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PRACTISE

The change of the sexual strength is quite easy and it seems to be difficult for some maybe just, therefore. There falls involuntarily the anecdote of the alchemist Apprentice one, which the infallible prescription, how and from what one can do to gold, had received and after this Prescription gold wanted to do. The most important requirement was, that he might think by no means of a Nile horse, while he them Mixture bereitmachte and cooked. In the other morning, than his master him asked how the experiment has succeeded, if he answered deeply depresses: I have obeyed all instructions and everything surely done, and everything would have gone well, only, although I did not know up to now at all, what horse this Nile horse is, now rests when I might not remember, one whole stoves in my head. And thus became from mine Mixture no gold!

Provided, the state the Zeitlosigkeit - which patience-is the constant state of mind of the disciple, so ours is more first Advice on this way, that the disciple, from more internal

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Conviction a temperate life wants to lead, on nobody-but in no case - a vow may put away! Since if somebody believes that he is really quite ripe, that he not at all thinks more of sexual wishes and about the fact stands, that his Body him obeys, and he performs a vow, becomes to her Devils him immediately seize and in panic fright move. He will believe, that he now "everything" definitely has lost. From now on he becomes - he must go - incessantly in his vow think, he will be able to think of nothing else, whether he wants or not, as if all devils let go and himself on him would have fallen. These devils are nothing else than » this Animal in us «, how Paracelsus this strength of the body called has, or » the meat which works against the mind, that you not acts what you wants « how Paulus this strength called. And because they Thoughts over and over again upon the sexuality are directed, if the gender organs are irritated, becomes the candidate repeatedly sexual wishes have and sexual imagination pictures see. He suddenly becomes the holy Antonius in that Sahara understand, in the desert during forty years incessantly highly erotic scenes, naked women who lured him, and other saw more and against it had to fight. Of course » if the devils « have preconjured to him these pictures, today would become one say that his "unconscious" projected these pictures, but the result is the same - it is only one naming question. Finally, after forty years the holy Antonius had nevertheless, these devils then defeats. But in vain! Since see, they live everything even today, they have even increased and if everything rush now on the poor ascetic, that a vow has put away.

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Satan is the law come to life by the mind of the matter. He separates two genders of each other - Solve - around them then after

outside to float how slave in the infinity to each other-
Coagula - without they each other in the original divine unity
reach. (The fifteenth tarot map.)

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Thus the rose cruisers put the double role and ability of her
sexual strength: she leads either to the "mercy chair" - to
divine self-confidence and the blessedness - or to the " fire pool
« - to the decrease of the self-confidence, too more emotionally
Darkness, fear and destruction.

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To file vow it is not recommended!

However, it is recommended again, with the abstinence

to stop and a sexual life based on true love

to lead if intolerable tortures are fought out

must go. This is no disgrace and no sin. And also in such a way

if one can make progress, even if more slowly.

Who endures, however, around the higher degrees as fast as

to reach possibly, we recommend that, the vow and everybody

To forget completely possibility of such, and with it

also that about which he wanted to file a vow. He should that

Sexuality with all her Around and In it totally forget! Very much

simply, right? - Only if the devils did not exist!

Since, one likes also the deception of the nature completely sees through

have and the sexual affair with her everlasting ones

Repetition find very dull, the most sure prescription,

suddenly incoming intolerable sexual wishes and

to wake suitable physical reactions, it is

Employment of the mind of the sexuality, which we, actually

want to defeat. Thus one finds out, how the negative pole himself

from our unconscious manifests as the mind of the opposition

and on us works. It is no miracle, that the religion

him devil calls. And it is not so easy, with this devil

to become ready, because I am it! - I AM IT. - ACTION TVAM ASI!

Except the devil of the unconscious leaves us provisionally to her

Body even also not in rest. The body was up to now on one

sexual life opposed; the glands further require them

Unloading, and as long as the sexual strength the way to him

to higher revelation centers does not find, it stores herself in

to the sexual glands on. Later, when the sexual strength by

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suitable yoga exercises the way to the higher nerve centers

has found and to itself there already as a higher form

of the creative strength can manifest, the change goes

much lighter. Then one also has much more rest. The first one

Time is that is exactly why the heaviest one, because the sexual strength, there

she still finds no way out, the sexual organs in

to raised litre of beer irritates. Thus the person has one at the beginning

to overcome double difficulty: on the one hand leaves him his

On the other hand imagination, his mind in rest, does not heat to him them

held back sexual strength physically even stronger one than

before. But just this is necessary! Since this excessive one

Einheizung works bit by bit on the higher nerve centers

back, she irritates, and this charm wakes them from her latent one

slumbering state, how the king's son the sleeping one

Sleeping Beauty with his "kiss" - "kiss" is a sexual revelation

- from his sleep wakes.

If one to itself by the first difficulties fought out

has, if one to the mental and physical charm resisted and him has overcome, then goes the change a lot, much lighter - as a wage. It is very important, however, also, that we to the upwards crowding sexual strength the opportunity give to reveal itself by the higher nerve centers, to pour out by them. What helps us there best of all? Yoga exercises, concentration, meditation and work! Physical and spiritual work!

The yoga exercises begin with Pranayama, that is Breath control.

Then only we can do the importance of the breath regulation really grasp if we realize the fact, that every union of the genders the respiration, that is 189

the rhythmical union of the breath with the lung, copies. Every breath is an as life-making a donation act like the meeting of the genders. The respiration gives us to every breath once more life, against it gives the union of her Genders to a new being the life. This is why gives us the right respiration an as fulfilling pleasurable sensation like they union of the genders.

Pranayama-and the physical exercises - the Indians if they call Hatha yoga exercises-, serve for it, the body in to animate to general ones and to vergeistigen and him naturally to do healthy thereby and to receive healthy.

We have them in the book » sport and yoga «, which I with to my employee Selvarajan Yesudian has given change, thoroughly described. Here this book is, actually, a continuation. Hence, I give here only the yoga exercises, for the temperate living persons are especially recommendable. This Exercises steer the blood of the unterbody in the upper part of the body and in the head and thereby work on the gender organs reassuringly and on the higher centers waking. Afterwards if the descriptions of the special exercises follow for the change of the sexual strength in spiritual energy and of the practise which gives us the ability, the life energy as to control stimulating, magic fire and to use.

Candle position (Sarvangasana)

By this practise we bring the blood from the legs and to the unterbody in the head, in the cerebral centers, in the neck and the shoulders. Thereby we strengthen the Gehirn¹⁹⁰ organe, the spring of our memory and our concentration ability are. Also we strengthen the sign gland, in the neck has her seat and our mind and our heart leads and to us in the time switches on. With it becomes the heart relieves and the heart activity in the compensatory sense adjusts.

Execution: We press them the back recumbent in parallel with body to outstretched arms on the floor, with the palm down. We exhale quietly and deeply and if the stretched legs lift slowly carefully so far, to they stand vertically upwards. If this is reached, we lift also the trunk, in the nephritic area with both hands it is supported, as far as upwards, until he and the feet in one Line stand vertical. We breathe with the belly and pause in this posture, until we feel that we exert ourselves. Then we slowly go back, with the trunk beginning

and with stretched legs, and still remain short time on to the ground recumbent in quiet, steady respiration, by which the blood circulation in his normal road returns. With that Practise nothing may be made sudden and hurried, it if the heart was thereby possibly damaged.

Shoulder state (Wiparita Karani)

This practise comes in the effect of the candle position immediately, nevertheless, is lighter in the execution.

Execution: On the back recumbent, hands in parallel with Body, we lift breathing out slowly the legs. The hips with the hands supporting, the legs become at an angle after behind übergeschlagen. The practise thereby differs

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from the candle position. Also do not become with her the trunk, but the hips with the hands supported. With quieter Abdominal breathing we remain in this position, as long as this without strain is possible. Then we sweep slowly and controlled in the back position back and calm us with gentle and at the same time concentrated respiration.

Headstand (Sirschasana)

In the effect this practise of the candle position is similar, however, the highest cerebral centers, become with Average people still in latent, slumbering one State find, stronger seized. These centers become by the practise activates (also by complementary concentration exercises). Thereby we reach in the consciousness in ourselves recumbent creative strength and our memory is strengthened and higher spiritual abilities are woken in us.

Execution: In the starting position one kneels on him Ground and sits on the heels. The hands become one Bowl folded, the backs of the hand down. Then becomes to her Head stoopedly and possibly at his upper middle in the bowl laid. The elbows are on the ground, not to far outwardly. Now the trunk is lifted and the legs become durchgestreckt. After the balance found is, we both stretch legs vertically upwards. This can one occur after the other or together. We remain in this position, steadily and quietly breathing, thus long, as this is possible without big strain.

The empty headstand does every now and then at first Difficulties. In this case we begin the practise in that

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Corners of a room or before a divan, and they vertically to upraised legs can find if necessary some support. In the initial position returning, we bend the legs and transfer us again in the kneeling position, on the heels seated. In this manner we experience for some minutes one Feeling of the rest. By no means we may from the headstand fall down or other sudden movements do.

Transmutability (Odschas).

This practise is most important and most effective for the change the sexual strength. I sit in Padmasana (lotus seat), breathe with perfect yogi respiration, and with more activated Imagination strength I fancy, that I myself - mine Consciousness, my spiritual I - with every inhalation in this Coccyx hinuntersteige and from there with slow Ausatmung in the spine slowly climbs up, that is that I completely

self-confidently slowly goes up up to the parting, where to itself to her
Sahasrara Tschakra considers. The description of this practise is
very simply, still we can do with it every charm from him
Gender glands in the higher centers steer and them
sexual strength there as a creative strength store-
provided, we make this practise right. She is they
allerwichtigste change practise, because they helps us,
to take up sexual strength in the higher centers, around them
through these centers in her converted form as creative
to reveal magic strength and to use.
At first we have with the help of the sexual strength the opposition strength
of the organs, in which the creative strength up to now
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slumbered to increase so strongly, that latter from theirs
latent state can stamp out and become active. She reveals
itself no more as sexual, but as a spiritual-magic strength.
Then it depends on learning the next practise:
spiritual strength which I myself am, in my body everywhere
hinzulenken that is to go in everywhere with mine I
and me in the whole body hineinzustrahlen. Since it is
not enough, the sexual strength, they my own materialized one
Even is to convert and at the same time in the higher centers
to go up, but our highest purpose is, with the help of
of the same higher nerve centers the life energy than magic one
To emit by virtue of and to use. It is not
enough to produce the stone of the ways. One must know, how
for what one can use him. In vain we have one
Magic wand in our possession; if we do not use him,
thus we are no magicians.
This practise is actually very easy. She is nothing else
when one of the creative-magic strength accompanied and
thereby magic-living, life-making a donation become consciousness steering
system.

By which she is magic-alive and a donation
become? - By the fact, that I myself, consciously, this strength
have become. I is the life, and where I am there consciously,
there is also the LIFE. Where I go in consciously, everything becomes
vividly and life-donating. If somebody about this two
Sentences thinks and she understands properly, he knows everything
Secrets of the life and the death.
The execution of the practise happens as follows: One
inhales with perfect yogi respiration completely deeply, one moves
the air quite consciously up to the apexes of the lung one. Then steers
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one with the Ausatmung - slowly and with opposition
a little bit must be held back - the consciousness first in
both Fußspitzen, that is I myself go with mine I
there. One will feel exactly, how a stream in the feet
an at first warm originates and there, later, if we
are more skilled, an igneous heat, a hot prickle originates.
We practice in this way at the beginning about 5 to 10 minutes,
later we can make it also longer, because can damage
this practise by no means. For the clock we do not need to
look. If we do the practise, we become precise
feel, when our concentration becomes weaker bit by bit,
and then we can stop with it. Without perfect ones
Concentration, that is if we ourselves not completely

besides, are, this practise uses by no means something. The best one is to explain them on the back recumbent, so that they Blood circulation everywhere steadily in the body can circle. With the time one will feel, how the feet with the higher ones Frequency of the concentrated consciousness was charged and as tingling warmth rises in the body bit by bit higher. We can do Demgemäß then also our consciousness and with it the radiotherapy höherbringen and the legs with higher Life energy charge. Then we can with the hands both start, first the right hand, then the left, then To irradiate at the same time hands, until we also here the warmth and perceive the prickle. Then can do one the whole one Trunk, the body inside irradiate, so that one in whole body an increased life energy like one tingling warmth, even like heat feels. One becomes in whole body awake! The body receives this radiotherapy how an open one
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Bowl and starts living much more intensely! The whole body, from the Fußspitzen up to the parting, up to the finger points, catches in to live, to be awake everywhere, thus intensely, thus vividly, the fact that one has the feeling, he is with light, with quite intensive ones Beams of light fulfils.

This is no empty feeling. It corresponds to the fact, that we with this practise an ethereal one weaved from light Bodies develop. Some mystics call this invisible one Light body "diamond body". The Bible describes him in the Gospels. Christ appeared on the mountain Tabor to his three disciples in his "transfiguration body": » And after Peter and Jakobus and took of Jesus to himself from six days Johannes and led them aside on a high mountain; and became transfigure before them and his face shone like the sun, and his clothes turned white like a light. « (Matth. 17, 1-8.) - » And his clothes were getting light and very much knows like snow, the fact that she no dyer on earth can make so white. « (Markus 9, 2-3.)

How we a piece of "dead" iron by electricity or by another magnet magnetically - vividly - can do, thus we can do with this practise the body of the person magnetically, bring back to life. How magnetism a magic one By virtue of is, the body of the person becomes also able, to human-magic abilities and forces reveal to and to emit. Thus we attain the rule about them to magic-creative energy. However, this succeeds only with the converted sexual strength.

How the sexual strength to a new living being, one To child, the life can give, this life-donating can
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By virtue of in us create a quite new living being, the vitality of a new living being in our own body hineinlenken. Thus becomes from old mortal "Adam" the new one, risen and immortal "Christ-Mensch". From that By virtue of the higher, increased consciousness there originates an increased one Vitality, high frequency no bacteria, no viruses endure. Therefore one understands the immunity of her God-men against every illness. Even if one still nobody

God-man has become, one already can, according to the own
Step, first in the small, bit by bit higher and higher, always
more spiritually, the increased forces of the concentrated consciousness
use.

If there is somewhere a disturbance in the body, we can
this radiotherapy quite intensely in this place hineinlenken.
And we will get to know surprised, like pains - often completely
suddenly - by the hingelenkte life energy disappear,
Catarrhs are cured and other health disturbances in
Order come. The frequency of the consciousness is incomparable
higher than the so-called short waves, the X-ray examination
or radium rays. The effect is natural also
incomparably greater.

We can do miracle effects not only in our own body
also produce, but this high frequency
in other living beings hineinlenken, if we in the consciousness steering system
are practiced. With it we create in the body
of these living beings order. With this point it struggles
Feather in the hand. If one remembers, how much nonsense with
to these things from unknowing and low-standing, futile ones
People it is done, then one sees, that it better

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is to be quiet about that. These were big magicians, how to
Example Mesmer, you Potet, marquis Puységur and others,
about these things have openly spoken. The success of it was
and is always that unknowing people begin, with these
To play to forces. Mostly from vanity they want people,
this do not wish at all, aggressively "magnetize". They
transfer with it on other, suffering people her own
impure radiation, from this then only really ill
or still kränker become as before. Thus we keep to it,
the fact that we create ourselves a raised life energy and them
properly learn steer and to use. If we do ours
Body vividly and - awake!

A person, for true wish for God these exercises
does, will do such new internal experiences,
to him so concealed doors will open, that he earlier or
later, because of true love - and not from vanity, around itself
to let admire - also to others will want to help and
can. On this step he needs no more from others
To learn people, like and for what one own, higher ones
Radiations can use and need. Ignatius from
Loyola or father bar or Valentin Greatrakes also have
qualified from nobody, how they maniacs and other seriously ill ones
People could heal. This is why we talk about it
not further.

If we practice with iron will and we become him
Key for the change of the sexual strength in creative-divine
Forces in the hand agree.

However, it is recommended again, during the yoga exercises
to remember by no means that we practice, because we
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our sexual glands want to calm, around a temperate one
To be able to lead live. Since the devil does not sleep, and
if we steer our thoughts on the gender organs,
thus they are irritated by the consciousness steering system and are woken up.
If we think with the Yogaüben of health, of rest, in

Especially, however, we try balance, in ourselves the feeling to wake of the entirety, to experience and to realize. If we try in ourselves the feeling of the perfect independence to experience. If we wake in ourselves the security, that we need a supplement, no help from in no regard outside here need, no love expect from others, but give that we have everything - everything - in ourselves and even are. I am a WHOLE!

This feeling gives us steadfast self-assurance, Fearlessness and courage! It becomes from it a being state, we carry without interruption in ourselves. We are always contented, because we have everything in ourselves. This state helps us in most against every sexual wish. Since more sexually Wish originates from a feeling of the lack, from the search after complementary half which we lack, without which we to us lonely and feel leaving! If we, however, everything in us have found if we are a whole what we need still? We still lack what?

The good general effect of the Hatha yoga exercises can do we still support with physical work. Physical ones Work it helps us just as the Hatha yoga exercises Thoughts and superfluous Blutzufuß of the sexual ones To change the subject to organs. The sexual strength is the vitality, the person for his body can keep. A good one Aid

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in addition is physical work to explain beside the yoga exercises. The work occupies not only distributes the body and by the muscles the blood in him steadily, but takes also the mind in claim and thereby does not admit, that the thoughts in an undesirable direction wind. Monks and nuns are beyond her spiritual employment in the household, in the orchard and vegetable garden or in him to different workshops of the cloister active. We also can other physical work do or pursue sport. Only if it can happen with these purely physical employments, that the mind over and over again in more undesirable Direction slips, while one hacks potatoes, rows, Tennis plays or what always one does. One is tried always to remember again that one works, around the sexual ones To steer forces in other roads, around every Blutzufuß in them to prevent to sexual organs. With it everything becomes again Thoughts, the whole consciousness and consequently the whole one Blutzufuß just in these organs guided. Strangely enough if one does, however, already with these first wrestling matches them very much useful experience, that not of the bodies the sexual ones Wishes causes, not the body to one no rest leaves, but the mind! One could answer to the fact, that of her sexual wish the mind from the subconscious influences. Yes! but only so long, as the sexual strength the way to to the higher nerve centers has not found. Since if one in own experience so far has come, that the sexual one By virtue of are revealed converted as a creative strength can, then she is level no more in the subconscious

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edges out and works also no more from the subconscious as a poison. Also one still can if one wants, the sexual one

By virtue of in the gender organs go back and them as sexual strength realize, with the help of the mind. The mind it is able to turn the steering wheel where this Are aware to him orders. And already at the beginning of ours Of fight with the creative forces we can get to know, what big task the mind on our way to God has. Oh, this blessed queue, they our life energy with her "winding" not only down, but also upwards, can lead to GOD - if our consciousness man about them is!

We know very well, that to ourselves at the puberty age of the bodies with an elementary strength announces. The life tension is high, and the sexual strength very strongly. This is why also can of her young person at the puberty age, if he his sexual strength controls and they in spiritual-creative strength converts, in quickest on the spiritual way progress does and God attain! The young person has the heating material richest in calories, to be able to heat up the higher centers! We however, see with sexually strong animals, that the sexuality one much smaller role in her life plays than with the people, they her sexual reactions with the help of the mind often still allow to increase and swell. What unexpectedly big role the mental setting in view of them to sexual glands plays, the experiences, which one point in can do to extremely danderous situations.

After the siege of Budapest in 1945 became many men and women of this dreadful bloodbath

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by indescribable fear of death impotent. Where from they knew Gender organs, that the person in his consciousness, in to his mind fear of death carried? Where from the genital organ knows of every person and also every animal, that in mortal danger no progeny may be generated?

Scientists know the revealing high wisdom the nature with disasters very well. Fear of death in the consciousness if one caused in Budapest with a lot of women

Non-appearance of the period and with men the loss of the potency.

Against it we know the case of a man,

an opposing female soldier by force wanted to conquer

and, because this showed in addition no desire, with the revolver

tried to demand to it. The man, in this time

about the fact was disturbed very much, that he his power apparently completely had lost - he was of no physical ones

Revelation of his masculinity more capable-, became, from louder

Fear of death before the revolver, in spite of his aversion towards

the foreign, aggressive woman suddenly capable, of that

To fulfil wish. In this case the fear of death has exactly

the opposite, thus power causes.

We could enumerate other examples which prove, how

the mentality of a person to itself on the sexual organs,

consequently also at the sexual wishes kneads. How, however, them

Nature also with opposition can react - the basic principle

the homeopathy!-, proves another case. A man, already

for many years impotent, planned, this state at least

to use to become "holy, because he anyhow » temperately

« had to live. Strangely enough his body reacted in

to the moment, when he this Ent202

schluß touched, with a power unexpected up to now! The obstacle lay also in this case not in the body, but in that Mentality, in the Denkgungsart.

Immediately at the beginning of the temperate life we discover thus quite consciously the inconceivably effective power of the mind and the thought! And with it we have the first one big discovery done and on own body experiences.

the first, allerschwerste step was done!

One is able to come the forces from the sexual organs of physical work change the subject, but effectively this is only , when we in parallel with it the arch-enemy - the Urschlange: the mind, the thoughts - change the subject, allow to fall silent, as long as we have not become man about the sexual strength.

This goes best of all, if we the mind with something other occupy. » Two things can at the same time in one and to the same Not be a place «, we must go from the mind all sexual thoughts with other thoughts edge out.

One said that one start no temperate life should go, as long as the sexual wishes of the person not by itself how a ripe cover drop. Now here it dives Question on: If, however, a fight is still necessary, why should one take up him then, nevertheless?

First: There is not a "should", a "must". We give this The advice only for people which wants to practice yoga, around possibly to make progress fast, because they the indelible one Wish for GOD in himself carry. But we may not forget: A person, in his internal being already in such a way it is wide that he from internal conviction give up the sexuality and the sexual strength only as a fuel material to

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The rose cruisers called the person, the Allbewußtsein attained, thus both poles in himself has made deliberate, "Hermaphrodit" - compound from Hermes and Aphrodite - and put him with two heads . He controls the sexual strength, the dragon, » man this World «, he stands on him, while the dragon controls the earth. allbewußte person uses the fire of the dragon, around his higher ones To heat up nerve center and cerebral centers and to receive in activity.

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Headstand (see chapter Practise) candle position (see cape. Practise)
Shoulder state (see chapter Practise)

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Anheizung of his higher nerve center and cerebral centers use wants (we might possibly with the Anheizung of the radiolamps by electric stream compare!), still has » an animal in itself «, as Paracelsus expresses it. Also has this person a body and in this the glands, in a regular sexual satisfaction were accustomed. And there the glands cannot understand, why her owner suddenly temperately wants to live, they further require the unloading from theirs, from the stored sexual strength caused Tension. However, the nature is very elastic! And in such a way, as they Glands to a regular unloading have got used, also one can do to them this bit by bit with the help of from Consciousness controlled of mind and with the help of them break from suitable yoga exercises. It needs of course Time, with some shorter, with other longer, until the person - whether man or woman - his glands change and his

For the sake of also in the body can put through. Besides, he will learn, how he escape from the Sklaventum of the body and Ruler in own house can be. There they already help him mentioned to spiritual and physical yoga exercises, with each other narrowly are connected, and - creative activity! Since one can open the higher centers only, if one to them the possibility gives which radiate creative strength to let.

The exercises, to the person for the change his Forces help, are primarily of spiritual nature. The physical ones Exercises help, the creative strength in the higher ones Centers hinaufzuleiten, spiritual, however, the creative one To use by virtue of. One must learn, how one them

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Thought and the mind controls and steers where one wants. One must learn to think about about which one wants to think, and not about what the thoughts bring from somewhere to our mind and us about that make to think. How much is talked about it and how a few, even keenly yoga-practicing, take the trouble, from themselves to try and to move in the action. Most expect from the physical yoga exercises, that they better, without own internal strain, can concentrate. It is precise vice versa: We can do the physical yoga exercises only then properly and effectively explain, if we us, besides with all attention concentrate inwards. Concentration of the thoughts one thereby can solely learn that one just concentrates! There are no magic ones Magic cure, by which comfortable people to itself without own, internal trouble could concentrate! By physical ones One can cause yoga exercises, that the cerebral centers more blood care get and thereby more hard, more vividly will serve, obey us better and. But the cerebral centers can obey only, if a little bit there is which orders to the cerebral centers and she uses properly. And this "something" are only we again ourselves! Who and what but? Thus we order to our cerebral centers, we send a lot By virtue of in our head and we think this and in such a way, as we want to and not like the thoughts it want. And in addition can we take the converted sexual strength, which we not have been economical, but on us have kept. Of course can one the concentration ability also without temperate ones Life-style increase and reach high spiritual steps. But this

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Result enters incomparably faster, and the effect is strikingly stronger, if one the life fire completely for itself keeps. The sexual strength is a revelation form of mine own Even - I am it, even if unconsciously. We become thus understand, that, if I the sexual strength - me even - not by the body is economical, but them in me and for me keeps, I thereby strengthen myself, thus means Willpower and my magic, suggestive radiation. I if even more I myself can be.

We must our internal setting compared with the body strengthen. If the glands are irritated and they on the projection screen of the consciousness sexual imagination pictures and

sexual wishes project, then one cannot go,
but asks itself: » Who is stronger: I or the sexual one
Wish of my body? - Naturally: I! « and one
deals immediately very intensely with something other,
that ties up our attention. We wear qualified, that
not be concurrent to the one and same place two things
can, and we must all sexual ones from the mind
Thoughts with other thoughts expel. And - there
if the surprise comes! - the body obeys, and they
to sexual wishes are quiet! Whether one goes for a walk then and
the flight of the birds observes whether one fish goes along and to itself
of all attention concentrates upon it, when a fish
bites whether one stays at home and practises yoga or
interesting book reads, whether one piano or other music instruments
plays whether one does garden work or his dog
trains or quite simply his everyday work does...
this is completely individual. Every person inter208
essiert something else, every person has another destiny.
This must and can feel only everybody itself in itself for what he
Talent, desire and possibility has and what interests him so strongly,
the fact that he forgets, besides, sexual wishes. It is einerlei,
with which we our attention of the sexual wishes
change the subject, central issue is that we deflect them!
And how does the body on this step react? As long as we in
of a creative activity completely rise, reacts to her
Body not at all. He enjoys it with higher frequency
to be charged by which he becomes gesünder and in him
enlightened state I takes part. It can happen,
that the body to itself after ending of a hanging up together one
Work and some days of the next rest
first in the sleep with erotic dreams, then, however, also in
Awake state announces. Obviously one is not up yet
the step, on which one the body, that is the life stream,
always consciously can steer. Thus one practices furthermore the special ones
Yoga exercises and resumes, with full strength and
To work concentration.
If a person his forces use in creative work
can do and still with the body intolerable ones
Difficulties should have, we advise him, his body
to quieten down with a normal sexual life.
However, body wishes the sexual satisfaction a lot
more seldom than people think, her glands not in rest
leave, but they with sharply spicy food and exciting ones
To drinks, with erotic reading, films and other
To stimulants whip up. With it the glands are only demanded too much,
prematurely weakly and for aging condemns. With
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to the animals we can see, how seldom the nature to sexual ones
Traffic wishes.
It takes down everything on what we wish. The wish is
the topmost strength and brings us exactly where we
long to reach - where to reach we with ours
wish whole beings!
In this connection we recommend something in the special one:
if we do not recite to GOD, that he to us the sexual urge to
helps to defeat! If we do not forget that GOD lives in us,
behind our human consciousness in the big unconscious

and he himself - GOD - to us on the way of the development wants to further. HE helps anyhow - mostly if HE forces to us even - even more, than the unaware person it anticipates, because GOD himself wants in us and by us consciously become.

So that, however, that we recite for the fact, that GOD to us ours takes from sexual wishes (as it, unfortunately, many act, seen of the fact that is such a thing childish) we concentrate again upon the sexuality, direct the mind from new on them to sexual organs - and the devil is wrong again! If we beg not to GOD, that to defeat our sexual wishes he to us help, but we help ourselves! Who the topmost one divine degree wants to reach and itself so strongly and deeply after GOD longs that he is interested in nothing else, if his strong wish, on which he initiates itself without Tortures of the sexual thoughts and wishes change the subject and with quiet nerves of the change of his forces dedicate can without begging for help. If somebody should go, however, to itself already on a higher step considers, now and then his

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sexual urge give, this is neither a disgrace nor a sin! He is still a person of meat and blood, and nobody has forbade to him to enjoy life sexually. And that is exactly why he might at the beginning of his way no vow act, so that he does not have to be ashamed after, if he to himself once, nevertheless, allows to give to his sexual wishes. Shame, not because he to itself sexually lived out, but his Vow has broken. What has happened, has happened, and if he once solemnly, because of true love, with one internal devotion and a healthy physical wish with of his lovers a physical unity has experienced, he may himself by no means as weak, liked and sinful People look. For what also? GOD has to us no barrier establishes and does not prescribe to us, that we a temperate one Lives must lead. If we prescribe to ourselves also nothing, if but we ask ourselves what we want to have. And if of her Wish for freedom is bigger than the power of the body, then we act for free will what we do!

We practice further. One day then we reach, that they Glands calms down by constant distraction of thought have and to us leave alone. We can on the way of her spiritual development weiterwandern! For men this is Sharp one new check. Since the man feels, even if unconsciously, that the sexual strength for own person a lot bigger meaning has than the witness of a new generation. One deeply feels in the most internal being, that the sexual strength this Being of the person is. From it explains itself, why they Men - already in the childhood - her gender organ, them with the sexual strength identify, with more embarrassing

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Care protect and against every only possible danger protect. They have the quite right feeling, that something irrevocable, The dreadful happens, if they the organ of her masculinity and so that would lose her power. The man feels instinctively, that he himself by the loss of his sexual strength in that material revelation it would be destroyed. To make clear this check, we tell one

typical occurrence: We had a very valuable one, spiritually friend of high standing, a monk, the monk therefore became, around his whole life consciously and sincerely of the search to be able to dedicate after GOD. He was a strong man and fully temperament. Nights through he could not sleep, because the body left him no rest. He did everything what would have to him can help, but the time of the devil was apparent still not tramped. However, one day he came obviously desperately to us: » Think «, he vouched, » suddenly I can very much sleep, I can concentrate undisturbed upon my work, my body reacts no more, he leaves me perfect in rest. For God; believe, that I suddenly have become impotent? « I had to laugh loudly: » Hear «, I said to him, » you practice since long time with to big effort to calm her glands, with it you can devote themselves unhindered to your spiritual progress. And now, because your efforts, the sexual strength in higher ones To lead centers, are crowned successfully, you are startled, that you has succeeded, what you with all Longing searched and wanted? Calm down, you are not become impotent, on the contrary. They have come close, to become the spring of all power. «

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Thus the person - even such is determined, strong Character like our friend, the monk! These are the " childhood illnesses « which the person must get through, before he Experiences has collected, if he not already as a " more anointed « - a "chosen" - was born. And it is none Disgrace to get childhood illnesses. » Narrow, precipitously and rough is the path which leads in the kingdom of heaven «, said Christ, and he knew, why he said this. He also fought for the kingdom of heaven and forty days fasted in the desert, and just then when he became from Jesus von Nazareth Christ, if the devil has strongest tried him. The "devil" spares of course also we not, but we must the big example before Eyes have and know that the victory is possible! It comes of course also if we the step reaches have that our glands leave alone us, before, that they to Example awake with southerly wind again and us erotic thoughts project. Then we practice the yoga exercises and occupy us further with physical and spiritual work, to us again and again - and also more and more efficiently - help and calm. Even if to itself the doors to the higher ones Centers before the sexual strength have opened, it still flows out for a while over and over again to her lowest revelation exit, where she manifests herself as a physical sexülle strength. The earlier once broadly and made at home way lures and pulls the life stream still at himself. The next step gives us already much more joy. We fight no more only for it, the gender organs to calm and the thoughts to bring under our rule, but we begin, from the gender organs weg213 to guided sexual forces converted, as spiritual forces, to use. The first big step was done - up to now to close doors to the higher revelation centers were opened. How we can do these spiritual forces now apply?

There the big wisdom occurs involuntarily, in
to a Walt Disney's film an eagle owl to the magician to the expression
brings when this one child wants to explain, which feathers one
Bird uses to rise to the earth, and with
to which feathers he moves further his wings on top. The eagle owl
listens for a while and then says angry and with big disdain:
» What you explain there how one should learn to fly. One
just learns to fly, while one flies! « As points, how properly!
One also learns to convert the sexual strength, while one them
just converts. - Doubt we well: What it signifies,
to convert to sexual forces into spiritual forces? If there is in him
People an apparatus, in which we the oscillations,
Frequency of the forces converts and in other revelation forms
can change? Yes! There are even several. This
if are the Tschakras which not only emit but also as
Transformers function. One knows this, however, only with him
Mind. If I the nerve centers, the seat of her
Tschakras are, in use takes, I experience the different ones
Oscillations not as an "oscillation" or "frequency",
but immediately as deliberate being states. I take as
Example the ears, that is the ear nerves, them all oscillations
of the tones take up and inform my consciousness.
Although I have learned with my mind and know, that
the tones oscillations are and the different tones
different frequencies have, it becomes mine

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Consciousness do not perceive as different oscillations,
but I become they as different tones whole
simply hear! And I will not be able to perceive, with
how to many oscillations one tone more or less as
the other vibrates, but I become they as deeper and higher ones
Tones hear!

Thus it is with the creative strength. In her lower one
I will not be able to perceive oscillations, how they
vibrate, but I become they in my body as sexual ones
Urge feel and perceive. In her higher oscillations
- in my soul - I become they as love, as a mental urge
feel for unity. Still higher than urge after more creative
Revelation, as talents, as an intuition and creative ideas.
In her topmost frequency I become they as pure
spiritual being state - when I AM - be!

Just as the ears and the ear nerves me enable,
to hear the tones, so that I the tones, but not the ears
and perceives ear nerves, I take the creative one
By virtue of with the different revelation organs and with him
Tschakras as a sexual urge, as feelings and as immediate ones
Being states true. I feel from the activation of the higher ones
Nerve center and cerebral centers only so much, that I suddenly intuitively
become that I have creative ideas and too more creatively
Work desire gets, that to itself with me unexpected talents
reveal, that my willpower and concentration ability
strikingly are increased that I become self-confident and in
of the effect which I exercise on my people notes,
the fact that I have become a center suggestive and consequently.
I may not expect, that the Tschakras and their seat,
the higher nerves and Ge215
hirnzentren, to itself by some feelings or by others

Signs announce if they step in action. I take that
Ears, the ear nerves and also other senses also
how the higher nerve center and cerebral centers and the Tschakras
only true if these are not completely in order and
maybe hurt. As long as they work healthy, I note
not that they exist.

I become the oscillation or frequency differences
just as little we can number off, like my ears - with it with
to our example remain - the oscillation differences of her
Tones do not number off, but to my consciousness as deeper ones
or higher tones transmit which I simply hear then. I
become the frequency differences of the different forms of her
creative strength only as different states of consciousness
feel immediately, experience or, in the highest form be!
And if I these revelation forms as lower or
higher one calls, I act for same reason, from
I call a tone deeper or higher tone, because I
this thus - more deeply or higher - hears! If one explains, what one
Tone is, then we can do so thoroughly as possible the oscillations
and frequencies of the tones describe, nevertheless
if we do not become to a being which has no ears in the most distant one
can make clear how one hears a tone, or
what means generally that one hears something! Still less
if I was able to explain, that a tone "more deeply" or "higher"
what can be, and least of all, for example, the difference
between the tone of a flute, a violin or one
Organ is! If this being would try to hear once
- and to him this would succeed-, then it becomes from own experience

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presently, immediately and without other explanations to
need, hear!

Still another example: To a person, never
Chestnuts has eaten, one cannot explain, how the taste
of a chestnut is, even if one the frequency
and frequencies of this taste academically
completely describe, even about that books write
could. This person becomes from the taste of the chestnuts in such a way
long have no notion, until he not even a chestnut
has cost. Everything what we have in the head is only outdoors and
if is no deliberate being state. I am not it!
Taste of the chestnut becomes only a deliberate being state,
if one costs them with the tongue, she experiences and so identically
with the chestnut becomes. The tongue and all the other senses
if her perception can to me as a state of consciousness
transmit, the head, the mind never can do this! One
if it sees as difficultly is about the change of the creative ones
to give forces to explanations! With the mind explains
one absolutely in vain. One can do the being of the things only
by immediate experience get to know. I can by him
If nothing understood experience because he is just incapable to be something!
If, somebody has properly understood these things and experience
want, he must them from his mind in his being as
Being state transfer and by own immediate ones
Experience experience to be they. Then he will get to know, even
to become the taste of the chestnut if he tastes them
and in himself experiences her taste.
About the change of the sexual strength one also can

only in so far as explanations give when one shows how one does it. Then one will experience all these things immediately and ver217 stand! As long as one does not take care, one will never understand can do, what the blessedness, what the fulfilment, what the absolute one Contentment and self-assurance is, which one as deliberate being state experiences if one has become able, the creative strength from theirs sexual in her higher form to convert and one can say that I am it. How can a mineral solution know and understand what proceeds, if she crystallizes? The molecules line up themselves automatically in a crystal form one, in a crystal grid, only this mineral solution can only produce because it is it! Thus every of us will be able to be only this what he is, and one cannot explain this beforehand, because every one individual revelation form of GOD, thus passed away from to the other is. How the mineral solution has begun, something to act, and nothing else could act, than they themselves, to itself to become characterizing own Independently - to be - and you Being crystallizes to reveal, we also must something act, and will not be also able to do something else, than to become we ourselves and to ourselves crystallizes to reveal! Thereby we become the secret of the creative strength immediately experience and by his understand! Only those, already understand because they are it already, advice can give. To be everybody must go from own experience and by own experiences become able.

How do we catch in? With spiritual, creative work. And with which? - Questions we this not. We become anyhow nothing other can do than only that what we are. And for what we Desire have, these are we! Thus, we will do something for what we Talent and desire have and pursue according to the time, to us 218

beyond the professional, existential activity at the possession stands. Since so many people, so many destinies, in such a way many ways!

To men or women who work in an occupation and theirs steady employment have, beside to them hardly time remains to do something to make progress on the spiritual path, if we recommend, in a quiet time of the day meditation to üben*. If to live somebody temperately begun he has, will note that the meditation incomparably better goes as former. It was not already explained, that lived out ones sexual strength itself stores, the life tension itself increases and this increased tension on the spine like a strong charm, as a strong Anheizung works. Thereby become the higher nerve centers and cerebral centers automatically heated up, irritated and activates like the pears in one Radiodevice. This state reveals itself in the consciousness People by the fact that he becomes awake. He catches in to live! Only now he notes that he has barely lived up to now. His life if was vegetating, it was a farce. He breathed, ate and drank, worked even, and, nevertheless, he had always the feeling, that he in Life did not take part - did not participate-, everything was to him like one Dream, mostly like a bad dream. He was not there - he now was not there... He was not awake!

» A dream, a dream is our life on earth here
How shades on the waves float and we dwindle.

And if our sluggish steps measure after space and time;
And are (and wissens not) in middle of the eternity. « (Herder)
* See: Yesudian-Haich, Raja yoga (yoga in two worlds).

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Now the person starts becoming living, consciously to become to escape from space and time. He feels the fire of the life in itself, he starts becoming he himself. Now understands he suddenly what Christ understood by it, when he some People called "dead people" and some as "living persons". These states is to be described in reality also impossibly to describe how the taste of the chestnut. One can speak only in similes. The words: » Awake being ", " become more deliberate than up to now ", " become living « and similar ones, if are only words, for these strange states not existing expressions substitute. Best of all one can maybe so say: If we is convincing up to now still so firmly were, awake, be be deliberate and to be living, nevertheless, we awake only by the effect of the higher frequency of the creative ones By virtue of and see, that we not awake, not consciously and were not living, but only vegetated and a similar to dream one Lives led. How a sleeping is convincing in the dream is that he is "awake in his visions and "lives", and it only becomes conscious by him that he has only dreamed, if he in to his day consciousness "awakes", becomes only consciously, that one up to now a dream life - a shadow life- has led, if one by the effect of the "dragon's fire" bit by bit awakes. - How delightfully Andersen describes this State in his fairy tale » of the shades « and Gustav Meyrink in his great book » the green face «!

If one experiences this "awake being", one does not understand, how one could believe up to now, be awake and to have been living. A lot of higher life fire has awoken in the person, but this fire does not work in the body, one feels no heat

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(as some expect it), but in the consciousness, in the mind, in one feels himself a fire, a light! Many people, long for this "awakening", try it in himself to experience and do in the meditation the big mistake, that they want to experience any mystic state physically. Mistake! All these states are excluding states of consciousness. That is that I myself the light of the consciousness am and the body with it only in this respect has to act, as well as he starts to come to life much more intensely. He becomes with newer Vitality charged, he becomes younger and gesünder. He becomes schmiegsamer and well-behaved servant own. One lives in a raised, elated life state. This State is no hysterical, paroxismaler state. The opposite it is right. One is in raised, make clear, highlight spiritual state of consciousness, in which one much more quietly is as, otherwise. In a paroxismalen state one lets himself go, one loses the control of the nerves, about himself even. In the spiritually raised state one is incomparable more quietly, more controlled, more objectively, than earlier in the everyday state. Just because one is just » now there «, one is even more » with to itself « when one held this earlier generally for possible. In him spiritually enlightened alert state one is the rest,

Self-control itself, one is his own man be
own. This is a true mind present, which one also
except the time of the meditation incessantly as a day consciousness
in himself can carry. In this state one has nobody
The conscience because one has become the conscience himself.
Meditating ones expect every now and then "phenomena" or » visions
« , or they doze in the half sleep there and believe
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maybe, in the meditation becomes higher Even like one
foreign being penetrate into her consciousness and to them one
other get, another consciousness. They are defeated
to a big mistake and point with the fact, that they of that
true meditation - the ICH-SELBST-Werdens - no notion
have. The really spiritual states are very easy: one
now quite simply is there! And completely awake, as awake as
the clear light of the sun! One experiences this bright light in
completely make clear, glowed through, deliberate being state,
as: I AM! One not even thinks these two words,
but one is it to think without words!

One can reach this state also in the work.

Work ties up the attention of the person, helps him
to be there "now" and to be "awake". To the young man,
Christ asked what he should do, around the bliss to
attain, Christ answered only with one single word:

"Watch". With it he has said everything! - And one also becomes with
the work awake and alert and still alert, if one
they with perfect concentration, completely consciously-
but without remembering that one is aware - explains.

What work should this be? Someone! Since not
it is important what we work, but how we work.

Any work, for what we also every sport or acrobatics
count, activities which force us, with the mind man
to become the matter, over the body. Who once sport with
of full concentration has pursued and step by step always
higher achievements accomplished, that knows eager and
to overjoyed states of the Herrwerdens over the body and
about the natural forces. A circus acrobat experiences with supernatural ones
Leistung222

to spiritual feeling of happiness high during his production
and joy. It is known, that some acrobats, which to her
own and the life of her employees during her production
risk, ascetically as monks live. A lot of bigger ones
Joys and feelings of happiness experience them in her presentations
as in a short-durable sexual experience. They risk
even her life for these high joys! (What one
Person act because of a sexual experience very seldom
would turn white.) - Who is friends with circus people, that many
under it are which could say as Beethoven: » It
if gives no higher luck, than a victory over the body - or
to reach about wild animals - and this victory of the mind-
To show Ichs - the person! «

The people who dispose beside her occupational work still of time
or anyhow have to exercise a spiritual activity,
can do this work for himself as a consciousness leader - as a Jacob's ladder
- are of use For what one has desire, what to us from full heart
really interested, this we should choose for ourselves. Whether one
signs, paints, models, carpets or Gobelins weaves,

makes music or does handicraft, garden work does or poems and Books writes, is without meaning. Only one is never supposed to come too to himself

to mediocre achievements are content, but absolutely strive for the highest degree. Nothing helps so easily to make progress and the sexual strength in creative ones To convert by virtue of and to emit as a spiritual strength like creative work. If we create something be also what it may. Then we need to look no more after it, how we "want to "deflect" our thoughts. They are to them Work tied up, without small personal self-awareness. One is so strongly the Gegen223

were connected, that the thoughts, always the past with the future connecting, in this constant present cannot penetrate. One switches off himself involuntarily Time and space. We steer the sexual strength automatically and involuntarily in the higher centers, where they as creative-magic Forces work. If one exercises any art, should one not look after whether one approved, famous artist becomes or not. This ambition comes from to the small one "I", from the person who is futile, at the same time to herself even a confirmation, one mistrusts and from the outside Recognition expects. We may not work therefore, one To become a "approved one". The work is the most important, because we develop with her. The work around the work, around Development furthers for the sake of the person. The Allerwichtigste is, that we the work - which always it is - with full concentration, with full soul and full interest explain and that we are not slightly contented with her, even when we explain only an easy housework. The true one Artist works for the work, he is happy, during he is active; for him the work is even the highest wage, because he is with her in a raised, enlightened state.

For a person who does his work with full soul is it completely indifferently whether he owns a big talent or whether he starts on a lower step, because everything is only relatively. From the degree on which one is now one should go try to come higher! This is the Allerwichtigste!

To come! - The biggest artist of the world also must go once on the lowest step of the person and Künstlertums start, even if maybe before a lot of incarnations.

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lieren we no time and try we our work so completely to explain, how it with extreme strain and Concentration is possible, we will get to know, that talents can develop unexpectedly! If we are not with more inferior or mediocre work contently. If we try them to explain even more thoroughly even more completely, that we them to allerfeinsten nuances can bring out. If we try to get to know our material completely and under ours To force yoke - into Sanskrit yoga. We will note, the fact that our concentration ability has no borders. If one has worked up to now already with extreme concentration, if one unbosoms himself the next day, that one even more intensely can concentrate, and one finds out new ones during the work The possibilities which were not to be noted the day before yet. We discover the being of the work and new, still deeper ones

The beauties which we could not see up to now at all, because we
us again around a step have high-developed and around one
Step could stronger concentrate. It disclose to us
a new world and other worlds, from what we earlier, so little
how other people, no notion had. Besides, we lived
in the middle in it, but our eyes were still closed, still
blind. Now, during the work, we bore into the most internal ones
Worlds up to the being core of the things, and at the same time also
up to our own being core! - Also outside ours
Work other worlds open for us. We begin,
Writings of big people and prophet, which we up to now not
properly have understood, for us nebulous-like and mysteriously
were to understand suddenly with big clearness. Inexpressible ones
Joy fulfils us, we find new brothers,

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new friends, from the past centuries and millennium
for time and space speak to us, to us, because we
they understand because we have become one with them!
And we continue our activity, above all to ourselves.
We enjoy the purely spiritual joys and feelings of happiness,
not with short-durable physical joys comparably
are. The indescribable delight of the creative creating
if our whole being, during the work and also in that fulfils
Time of the rest. The creative strength goes on working in us.
We can expect it barely, again to our activity to
come, because we have the feeling, only during the work
to live really. Something has opened in us. The joy of her
Freedom and boundlessness is by always
to rising creative forces to the efflorescence come.
We have the strange feeling, as if not we work
would become, but something works in us, all that knows and to us
leads and shows, in which way we perfect harmony,
reach even perfection in our work and
can reveal. This a little bit and I, we both are perfect
one. And we understand the Zen Buddhists under, what
"Zen" understand and what the mystic wedding - the Unio
mystica of the rose cruisers and the big mystics - signifies,
because we have experienced them in ourselves during the work and experience.
I and the creative principle - logos-, we are one!
I - and I-, we are one!

A fever seizes us, we forget the whole world, we
are no more person, somewhere in the outside world one
Name has, because we are a drop in the limitless one

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Ocean become. We have share in God's creation and
if new worlds create if this our world is still so small,
but we feel, we know that we carry the ability in ourselves,
in the little one to look as perfect, how God in the tallness
works completely. The door in the direction of the internal world opens
to ourselves even further, we see always new worlds, new ones
Magnificences. I recognize new truth, I agree
new ideas. Where from? From me where an inexhaustible spring is
- from GOD. What is the difference? If there is one generally
Difference? This is everything only words. The ideas, in me
become deliberate, are light like the glistening light of GOD, and
with this light I see everything, all truth of the earth and
of the sky, where I only the reflector of my consciousness

steers. This light fulfils me with inexpressible luck and
indescribable joy. The body takes in these joys
also share: in my heart, in my breast, in my head,
on top in the parting, in every fiber of my nerves I feel the new
The lives which me animates, to me vitality, courage, self-assurance
- the LIFE itself gives-, so that I no fear more
- before nothing, before nothing at all more - can have. Not even before
to the death! Divine, steadfast rest rules in me,
I AM MYSELF this rest and self-assurance. Neither needs
still I expect a reason to be "happy", because I
the luck am! What could make me still happy?
I am it which emits luck. Do I be aware - or unconsciously?
What are for words? What do they signify? This
States stand about such concepts. I AM! - this is not
enough? Yes! I am in the reality! I live! I am this
LIVES for what mine needs
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Are aware still according to mind to perceive and to
do register? If I have become the chestnut, what
write about that a thesis, like her taste - mine
Taste - is if I am they themselves! If I still need this
to think or to say if I live, how I never lived
does have?! If it is not enough, that I the joy, the luck,
HIS itself AM...

I need to brood over it no more, not even to
think. Words like the "unconscious" or the "deliberate" are
only words, but they are not that what they are. The words are
outdoors, in the outside world, beyond itself, somewhere
in my head. In my internal world I AM! And also this
if I think not, but only now I do it to write down it,
around it for the people, to itself with this question
torment to make clear anyhow, to touch in words.
I am in the enthusiasm of the BEING, I myself, without it to
think without brooding over it. Nothing is, me from
to mine HIS herauslocken could. Time... Space... Concepts of her
Outside world. For me exists only the absolute existence - this
HIS itself. . because I AM IT!

One can describe the state of the being just as little
and make clear as one cannot explain, how one
To hear tone, to smell how a smell, how a taste to
cost, like a color, a form is to be seen. Those,
these things have already experienced and have got to know, smile understanding,
because they know about which one speaks. The remaining ones
can do only one: even get to know! Thus it is with that
Change of the sexual strength in spiritual-divine forces.
Who find out it, can smile understanding, and this
Smile is

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the well-known smile of the Buddha who knows everything, them
the highest truth knows, that the highest truth about GOD-
about everlasting were - knows... Who it do not get to know yet and
has experienced, can also not understand, what in the change
of the sexual strength so makes happy, that to themselves the trouble
Of expenditure repays. How one can, for example, to a being,
without gender organs is created, explain, what with one
sexual experience so makes happy, that people,
sexual organs have, because of a sexual traffic with

a certain person to the greatest heroic deeds, but
are also able of the biggest madness and ready? One
cannot do people, the change of the sexual strength
in itself have got to know and about that mockingly and
consider smile, only advise to fell no judgment or about that
to do decayed jokes. They should try first,
To experience change. They should think, why everything
big person, to us up to now the divine truth
the way of the freeing of the person from the Sklaventum of her
Matter point in the omnipotence of the mind and explain
wanted, without exception are walked at the head of us this way.
These titanischen minds taught us, that becoming conscious in
to the higher centers in which one does not think about something,
but in which one becomes this something, this is something,
the highest, divine state is. And helps to this state
us as a driving force did not use in sexual experiences,
but inwards guided and in creative-divine
Energy converted sexual strength. The queue, in
her own tail bites! - Who has ears which hears...

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And the body? - Rain to itself in the body never again
sexual wishes? - How do the glands react?
If we do not forget: The body has sexual wishes
only if I am in this body inside. Not of her
Body has sexual wishes, but my urge for that
divine unity projects itself in the body as more sexual
Wish. A corpse has no sexual wishes. If I
the divine unity - the Unio mystica - in my consciousness
has reached, that is if I with my mind, with mine
Beings one, thus a whole have become, so projects
I in the body no sexual wishes more. The most internal one,
true beings - the mind - has no gender. My body
becomes quiet, like a restrained animal which obeys me absolutely
and still much more intensely lives and is much more potent than her
Body of the people who are still arrested of the sexuality and
the life-making a donation strength spend. With every sexual union
if the living beings die a little. They give theirs
the purpose, to one likes own life energy over and over again from,
to other beings to give new life, are reached or
not. If we have become a whole, the whole one remains
Life energy also in the service of our own body, because we
the vergeistigte sexual energy, the creative strength also
by the body use and emit. Every smallest one
Fiber of our nerves becomes from this topmost, divine-magic
Stream charged. Thus one can understand, why
most of the big people, to us on the long way
to the purpose are walked at the head, a very healthy body
had and an extremely old age reached. We
if only two examples which are allbekannt mention: He blesses
Antonius in

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Sahara starts 90 years working on the earth, and harvests
in the desert so much wheat that he live from now on on it
can. At the age of 104 years he visits the holy Paulus, to
of this time it is 112 years old. Antonius must go more than two days
on foot go, until he reached to the place, where to himself Paulus
detained. These are historical facts, which Athanasius,

bishop at that time of Alexandrien, allowed to score! We
if still many authentic examples could enumerate, how long,
how healthy and capable of work big people, completely
ascetically lived, up to extreme border of the human one
Of age on the earth have remained. But not this is important,
the fact that one lives long, but that one lives healthy. We need
to concern only in this respect us around our body, when he healthy,
in absolute balance, in a heavenly rest
will receive. How the sun her rays steadily in him
Space pours out, we must the strength which is mine I which I
am, with the help of the consciousness steering system by all nerve centers
emit. Since if we do not forget, that our gender glands
not only for the preservation of the species are determined, but
also the already mentioned important role for our own
Bodies play! They carry the life tension in ours
Body, and from her is dependent his youth. Balance,
Harmony, security and rest in my soul like in mine
Body - and I am man in my house! And the biggest one
Enemy of the person, the fear, can do me just as little
seize as darkness can seize the light!
The luck and the internal cheerfulness, which one by this
Life-style reaches, gives also a thousand times bigger luck
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and bigger joy, how the mind a thousand times bigger strength and
Power has as the meat, as the body. The mind is that
Cause, the body the effect. The body is only one
Widerspiegelung of the mind, and the sexual joy, even them
greatest lust are even a reflection of the joy,
Fulfilment and the blessedness, which one by from more sexual
By virtue of converted creative strength - logos - experiences and
when state of consciousness keeps - because I AM IT. This luck
if one is not economical to be based from new one and again and
to realize again and to lose, until the body worn out,
is exhausted and becomes impotent. One keeps the internal divine one
Joy, one carries them incessantly in himself, one is himself
this joy. And she still becomes from day to day by itself
greater, how the golden apple of the love in the fairy tale always
bigger becomes, the more one eats of it. The creative strength,
we increase with spiritual concentration, becomes bigger and bigger,
until we the boundlessness of the divine consciously
reach. And the body takes share in this increase of her
to creative forces. From the higher frequency to itself
of expanding consciousness he becomes always gesünder, he becomes
more and more the schmiegsame servant of the mind. It hangs
from the people, as they use her creative forces,
how they realize them as they economize with them.
Now we understand, why people, them the highest step
the Sybillen, the God-men have reached, the prophets,
her creative forces no more as a sexual strength were economical.
They were not brainless people, which something, what
Joy and pleasure gives, would have thrown away. They have him
consequently they needed other pole in themselves consciously experienced, none
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To search supplement outwardly. They have been complementary themselves,
they have become a WHOLE from the half. They are themselves,
consciously, the creative strength - logos-, her own divine one
Even become.

This is the change of the sexual strength in spiritual ones, divine-creative strength. This is the resurrection from him Deaths in the everlasting LIFE! And the secret of the sexual ones By virtue of consists in it, that they as a connection between more material and spiritual world helps first the human mind to it, to become in a material body hineingeboren, after but when driving force forces the person and helps him, with itself even - with the sexual strength as a heating material - his higher ones To heat up nerve center and cerebral centers and be thereby Consciousness still in the body up to the divine Allbewußtsein to raise. This is why we must the possibility still during of the earthly life, while we still live in the body, use, around the final goal of every living being - GOD - to reach.

If we take a simile: A piece of firewood longs with his whole being after the fire. It is cold, stiff and lifelessly and longs to be glowed through. It longs to live itself afterwards, to be raised. It longs with all By virtue of after the divine fire! Then one day it becomes lit, it catches in to burn, and thus becomes the wood with to the fire one which glows through it, animated and raised. But just, because the fire glows through it and makes living, if the wood burns, it becomes cinder and dies. The wood knows not that there is of this death a redemption and one Resurrection is possible. If it the time of the Bren²³³ nens used and meanwhile his consciousness from him Wooden being into the fire would transfer, around in this consciously to become to become with him one and the fire independently, then if his consciousness with the death of his wooden being must not go die. Then it could be uninterested to him, whether from the wood, once it was, cinder becomes, or also, whether the fire, which it now itself has become, other wooden pieces burns or does not burn. It would have as a fire also the possibility, in his invisible, unmanifested, spiritual form weiterzuexistieren, if the fire burns nothing. With the fire if the consciousness of the former wood also became in his to newborn, risen true beings weiterexistieren, as a FIRE!

Our way is the same! If we recognize people, that we must not die with the material body, if we the time and opportunity use and our consciousness from to our human being in the mind, in the burning fire-transfer into the life-, while we live, while we by the fire of the mind burn - then ours dies Consciousness with the death of the body not. We are in the fire - in spirit - in the life - anew born and rose. How Paulus says: » Why do you have fear of the death? We if everything changes us, but we fall asleep not everything! « We must use the time and opportunity, as long as we live in the body, as long as to us the mind brings back to life and burns and our body still his full power owns. Mind gives us the life. If we, hence, in ours Consciousness still during the burning - during the life-with our fire, with our mind identically

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become, then we will awake in the life, on one new level become conscious, that is the life become,

this can never die, because it is just THE LIFE. Then we are even the fire the mind - the life logo - become, everything creates and animates with his fire and receives. We were this also always, only is our consciousness from the spiritual one, heavenly state in the "wood" - in the body-hineingefallen, become identical with the body. If one is, however Person in his true being not consciously, so dies with to his body also his consciousness, and this signifies for him the death. If he against it during his earthly life, during his incarnation - as long as he by the fire of the mind burns - in his true being, in his higher one Even, in his mind becomes conscious, dies be Consciousness with the death of the body not, but remains consciously and lives on, like a drop of water in the ocean, in to an Allbewußtseinszustand, in GOD! This is a resurrection-after Christian naming-, and this is nirvana, after oriental naming. And this state of consciousness- Identification of the consciousness with the life, with BE to everlasting ones to reach with GOD - all big ones have us Prophets, all Sybillen and all God-men, on that Earth stayed, as a topmost, but to the person the accessible Purpose learned. This is a redemption of the laws of the matter, Of body, the redemption of the death and from the crucifixion of our mind on two big beams time and space. This is becoming conscious, the awakening in the life, in GOD, released by the powerlessness of the unaware one Of mind in the body. This resurrection in new consciousness if Christ teaches us,

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if the eastern yoga philosophy and religious philosophy teaches us, teach we the medieval alchemists, the rose cruisers, if all religions of the past and the present teach and every big insider. This is the core of every religion, since there is only a truth and a secret of ours Of being. All enlightened have the one and same truth seen and learned, if they also the core of her apprenticeships, ever after race and climatic conditions of her lands, in the most different veil have wrapped and have hidden. By the dissimilitude of the religions also became to us different ways learned - how arrangement and nature of her to single people it caused-, but the shortest way to God, since with the sexual strength as "heating means" the higher ones To fan nerve center and cerebral centers and thereby them to take from magic forces in possession, only from one youthful, potent body can be developed, taught us in Europe already in the sixteenth and seventeenth one Century the so-called alchemists, the rose cruisers. The crusades were the real cause, that the knowledge of the oriental insiders around the " stone of the ways « to to them came. They spoke of an Athenor, in that the fire incessantly and steadily must burn, around the stone to finish of the ways - the big work. From theirs One sees writings and from her brilliant drawings whole clearly, that they the stone of the ways from the person produced. The Athenor is the body of the person, Dragon is the creative strength working in the body and this Fire of the dragon is by temperate life upwards

directed and as a heating material used sexual strength.

Stone of the ways

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if is the divine Allbewußtsein and his magic-spiritual Power about the whole nature. And that is the elixir of life » how Water fluent fires "and" the igneous water «, that is the high frequency of the divine self-confidence, one as quite consciously in the body hineinlenken and rays can, how one in a piece of iron electricity and Magnetism hineinlenken and it with it charge, thus magnetically can do. The Christians call this stream » this Blood of Christ «, the rose cruisers "elixir of life". This is of her Life stream of the logo, the life, divine! The big insiders, prophets, Sybillen, high priest and high priests of the big people of the past and the God-men, every now and then on the earth appear, were and are no brainless people. They if the sexual joys, a lot of people had as only ones At purpose in life and when life purpose look, not for nothing thrown away, if they no tausendfachen equivalent for it would have exchanged. They have only the "wood" with to the fire exchanges. As knowing they gave let them to physical very much briefly lasting transient joys there for the spring of all joys and all luck, for everlasting and imperishable, blessedness, freedom and omnipotence giving ones Beings of all power. We prefer what? Every now and then bubbling out Geysir or in the shoot of the earth bubbling ones Volcano, that the spring and cause of all Geysire and all to volcanic outbreaks is?!

The mystic wedding, also in the Bible in the high song and in the Apocalypse is described, is the union of the human consciousness with true, with

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to the divine mind, by the help of the vergeistigten sexual ones By virtue of.

In the classically become fairy tale of the Sleeping Beauty find we the same truth. The sleeping Sleeping Beauty - this sleeping consciousness - becomes by the strength of the love - by the fire of the sexual strength - with the kiss of the king's son, the igneous touch of the mind, the true being, to to everlasting lives wakes.

Also the Siegfried's legend signifies the same. Siegfried defeats then he bathes the dragon with the sword of the consciousness, itself in the blood of the dragon, to him the everlasting life and magic-supernatural forces gives. Now he crosses him The fire ring which surrounds the sleeping Brunhilde, and with one He wakes kiss - like the king's son in the Sleeping Beauty - them to to everlasting lives and imperishable union. Two poles are found, around again in absolute balance into each other to rest.

Still many symbolic stories and legends could we state the same secret of waking, to us of human consciousness in the everlasting, divine Allbewußtsein by the fire of the not spent sexual strength tell, but this would lead too far. Fact is, that of her Person this possibility in himself carries, he also may of that be totally unaware. In the unconscious of the person lives

GOD and, as already mentioned, two poles rest in GOD into each other. The person thinks and lives in the gender only as long as he identifies his consciousness with his body. If he but with his consciousness awakes in GOD, then hears in him the setting as a gender being and the image

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from the genders on, and he finds in himself, in revealed, consequently realized unconscious (in to this state just no more unconscious is), the other Pole - his own supplement which was there up to now also always, but in a latent, unaware state - and becomes with him one. Now, there in him, in the first person spoken: in me - everything it became deliberate, so that I have no more unconscious, is also the other pole in me realized, and me recognizes that also this is I myself. In to the other gender the belonging partner with whom I felt an internal unity and this also tried to experience in the body and to realized, if I searched this in myself latent - how the sleeping Sleeping Beauty - quiescent supplement of mine absolute, true, in which both always into each other rested, rest and rest become till all eternity because they belong together, because both parts I myself am! If we the divine unity perfect Allbewußtseins have reached, we are in him absolute androgynen state consciously.

The rose cruisers called a person, that this state had reached, Hermaphrodit. The word is from two Greek name Hermes and Aphrodite compound and signifies, that this person in his consciousness both Pole has realized. In the representation pointed the rose cruisers the "Hermaphroditen" with two heads, because he his enlightened state by the control of the sexual ones By virtue of which he used as a heating material has attained, and they put him on a dragon, the ruler of this world, our earth. Since the sexual strength rules on the earth.

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The different holy writings of the humanity if everything speak about this androgynen or hermaphroditic ones Urzustand. In the Bible he becomes in the history Adams shown, first an androgynen living being, a masculine woman was. Only when Adam fell in a deep sleep - that is when he his divine state of consciousness had lost and one unaware living being became-, separated from him after outside the negative pole, the female principle. There GOD moved about the both a dress, a skin, a fur, how the Bible says, that is her mind dressed in a material one The bodies which reveals only one gender and with it agreed they also sexual consciousness. They imagined, that they are a man and woman, and forgot, that to herself MIND and a WHOLE is.

Androgynen Urzustand we can after the today's ones Order of the nature physically do not reach, do not realize, only in the spiritual state, in the Urbewußtsein this is possible. We can do this divine Urzustand, in that both poles into each other rest, in our consciousness as a state of consciousness reach and experience.

It is necessary to stress, that the body of a person also still consistently to a gender listened, if

he has already reached the topmost step. If we by
Yoga exercises other, latent half of our being
do consciously and realize our supplement in us,
also the person remains a man or in his body
Woman! Thus by no means a masculine woman, physical
Hermaphrodit. This would be in the body according to the today's order
the nature anormaler, morbid state. The rose cruisers
have the expression "Hermaphrodit" only concerning this
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Consciousness uses! - All states, which we during
of our development experience, are excluding states of consciousness.
And if we also the other gender in us consciously
have done, also remains purely spiritual
State. The body has to do with it only in this respect something, when he
no more sexual wishes has. The wish lies
in the body - how has not already said a corpse none
to sexual wishes-, but in the state of consciousness
People, as long as he identifies with the body.
Mind falls with the fathering in the body, builds the body
for himself on his image on and brings back to life him. There
the matter isolates and does not let pass the light of the mind,
if the mind loses his spiritual consciousness, becomes a body being
and pretends to be a body. The result is,
that he his search for the lost unity in the body
projects and thereby in the body sexual urge originates. Since
the glands are animated and also work by the effect
Of mind, the life. If the mind in the body his spiritual one
Consciousness regains and he becomes conscious of that, that he
Mind is, then he becomes in his consciousness a whole, and
then the sexual urge also stops in the body. This is this
Secret, why awoken in the mind, in the true being
People - the saints, prophets, Sybillen and
God-men - no more sexual wishes have, although
also her body only one gender reveals, and why they
without morbid displacement, without restlessness, without difficulties
a temperate life lead. Around every misunderstanding
to avoid, we note, that these enlightened people
by the fact, that they a "whole" become
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are, did not become impotent, like the unknowing person
still so with pleasure state. The people reached to the purpose
have become conscious in the spring of all power, they use
her forces by her own will, and the door to
every revelation - also to sexual revelations!-
is open to them! They are not impotent, but well-balanced,
harmonious, completely quiet and controlled
People. Every person carries this in his unconscious
Truth and these laws.

We search the absolute! We can do no compromises
accept. - And why? - Because we this "absolute", this
"Whole" already in us carries, because we ourselves it already since
Primeval times were and are! Ours "I" is purely a mind, and this
if no division, separation and splitting knows in two genders!
If we in ours protect Ourselves realized
are, every sexuality drops from us, how from
a ripe fruit the bowl, just as the child without
Pain, without victim, with tin soldiers stops to play, if

it has become adult. And the body obeys us, because they sexual strength the glands no more irritates. She becomes as creative ones By virtue of by others, through higher centers uses. Every person can experience these facts, if he on to this shortest way, that was described here to make progress tries!

We may never have the fear, GOD would take somewhat of us away without giving us a lot of higher equivalent. HE lives in us as our most internal being, as ours true, he wants are realized even in our earthly human being!
As long as we are unaware living beings, lives GOD

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in our extensively big, limitless unconscious.
And if we have completely become conscious in ourselves, lives GOD in us as ours own, divine I.

» Who has ears which hears what the mind says: WHO OVERCOMES, TO HIM I WANT TO EAT GIVE FROM THE FRUITS OF THE LIFE TREE WHICH IS IN THE PARADISE OF GOD. IS FAITHFUL TO TO THE DEATH, SO I WANT TO GIVE YOU THE CROWN OF THE LIFE! «
(Offb. Joh. 2, 7 and 10.)

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SUMMARY

If we try to summarize the said up to now, with it we get a uniform picture.

There presents itself only one creative energy - logos-, from her lowest revelation form, the sexual strength, up to topmost, spiritual-divine strength, up to the Allbewußtsein by the whole creation scale on all steps of the big ones Jacob's ladder, in the macrocosm, in the universe, like in the microcosm, in the person, reveals.

The person owns the ability, in his being creative strength in all her forms, on all steps of her To reveal consciously creation, because the creative strength- Logos - his is own, true and he in his body the capable of radiation ones corresponding to the different forms of energy Organs has.

The earthly life ordinarily pushes the person also in addition, his consciousness higher and higher, on more and more spiritual ones

To lift steps to become more and more deliberate, until he the divine one Allbewußtsein attains. This is the purpose of his life,

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his embodiment. Nevertheless, this normal expiry lasts very much long, is laborious and fully pains and sufferings. The person if a secret carries, however, in itself, in his body. If he has understood about that, he becomes the long way Bewußtwerdens very strongly shorten and accelerate can, so that to reach he in one single life up to the purpose it is able. The secret consists in it, that he, around to reach the highest purpose, his already in the body to built-in, but still in a latent state quiescent higher Nervenund Cerebral centers by a living fire much faster can light a fire and activate. The living fire is his own sexual strength. This strength is the connection between Mind and matter, by them becomes living from the matter Body, because they to the mind in the matter hineinhilft. Also however, the sexual strength presents itself the possibility, to the mind

still in the body from his physical, gradated consciousness
again back to GOD, in the divine Allbewußtsein to
raise. The sexual strength carries the possibility of the quickened ones in
itself

Development of the human consciousness to
Resurrection, to the immortality up to the divine Allbewußsein.
The sexual strength itself converts itself in the person in
creative-spiritual strength, and this change experiences to her
Person in itself as itself continuously rising, purely spiritual states of
consciousness.

He becomes always awake, more and more vividly
more and more consciously. He becomes completely alert!
At the same time higher, spiritual-magic develop in him
Abilities.

The secret of the sexual strength is, that they not only
the ability owns to testify new generations, but
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that they a second, for the person still a lot of more important ones
Function has: the consciousness of the person on the big ones
Consciousness Jacob's ladder step by step higher, up to GOD to
lead. The sexual strength, this thereby changes
creative principle - logos - even is, in her original one
Urzustand. This change of the creative ones
Energy, from her lowest form, the sexual strength, up to
her topmost form, up to spiritual-divine life energy,
can the person with the help of the sexual strength consciously
accelerate, because only the sexual strength can to the person
in addition help, the opposition strength still in a latent one
State quiescent higher nerve center and cerebral centers so high
to increase, that they the highest frequency of the divine one
Of self-confidence can carry without damage.

The lowest form of the creative strength - called them
sexual strength - the person experiences in himself as an unaware one,
physical sexuellen unloading urge; on the topmost ones
Step as a purely spiritual state, as divine-universal
Love and as a divine Allbewußtsein - when I AM.

From the lowest step, on which the person one more
Animal plus mind is, up to the highest, divine-spiritual step,
up to the Allbewußtsein the person walks on seven steps
the consciousness Jacob's ladder. These are:

The first step: The person is still an unaware being,
the destiny blind hangs around. His sexual life is one
animal, indiscriminate unloading urge.

The second step: The First, dawning becoming conscious, the first
Awakening. In the sexual life search after physically
suitable partner, already with choice linked.

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The third step: Become conscious in the emotional life. Seek
an according to feeling fitting work and in the sexual life
after emotionally and according to feeling, but also physically
suitable partner. Urge and longing for a family unity.

The fourth step: Become conscious at the mental level, thirst for knowledge,
To study urge, search for a spiritual employment
and after a spiritual occupation. In the sexual life

Search for one in every regard suitable, intelligent one,
the understanding partner who is married because of love.

The fifth step: Awakening of the magic, suggestive forces,

accordingly creative activity and überlegene, suggestive ones
Effect on the people. Self-control and
Control of the destiny. Search for the embodiment of her
in the unconscious staying supplement, after spiritual-emotionally
and physically suitable dear partner. Perfect free being
from all middle-class regulations created by the people
and laws, against it a morally of high standing one
Philosophy of life and a life-style morally of high standing
from internal urge, according to the internal, divine conscience laws.
The sixth step: Universal love, prophetic, priestly ones
Appeal, purely spiritual revelations as a whole. A spiritual one
unity - mystic wedding - with own higher one
EVEN, with the whole living world.

The seventh step: Allbewußtsein, unio mystica - the consciousness
of the person unites with his true being - this
Lamb and new Jerusalem have become one. Become conscious
in the being, in GOD: » I and the father, we are one. «
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In a human life the person can do all these steps-
from lowest up to highest - do not stride through.
Since the nerves of the person could do the gigantic tension difference
between the lowest and highest states of consciousness
do not endure, although they unexpected elasticity
own. To cross the lower steps, around
to increase step by step the opposition of the nerves, in addition
if the person needs a lot of time; in addition he often must go reinkarnieren.
But from the middle on which he has already awoken and
consciously wants to make progress, up to the highest step, he is
to develop ably, in one single human life.
He can do this step with the help of in his body to available ones
sexual strength in quickened tempo, in much shorter time
reach, as if he develops with the nature. As soon as he
the sexual strength no more is economical, but they as the living
Heating material for itself keeps, around his still in latent state
to heat up quiescent nerve center and cerebral centers step by step
and to activate, he attains the rule about the spiritual-magic
Forces and reaches the purpose of his life,
Allbewußtsein in GOD.

To this purpose they help him on the shortened way
Millennium old and consciously explained corresponding one
Yoga exercises and the not spent, but as the internal
Heating material used sexual strength.

» Cords of the death had enveloped me, and fear of her
Hell had dripped me; I came to misery and need.

In the fear I called man, and man heard me
and

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comforted me. Man is with me, this is why I am afraid
not. Man is my power and is my welfare.
Is contented now again, my soul, because man acts to you
Good.

Since you have torn my soul from the death, my eye
from the tears, my foot of the planing.
Our soul has escaped, how a bird from the cord
Of bird catcher, the cord is tore, and we are free.
I will stroll before man in the land of the living persons! »
(Psalm 116-124.)

"OM"